

# Welcome TO THE CLUB AT THE CLAREMONT

**ALL REGISTERED  
HOTEL GUESTS ARE  
PROVIDED  
EXCLUSIVE ACCESS  
TO OUR CLUB**



41 Tunnel Road  
Berkeley, CA 94705  
(510) 549-8517

## CLUB RESERVATIONS

Please call Club Reception at  
**(510) 549-8517** or text **(510) 283-9833**  
to make reservations before  
your arrival.

**In-House Extension Directory**  
Club Guest Reception - x177

## CLUB HOURS OF OPERATION

**Monday through Friday**  
**6:00am - 8:00pm**

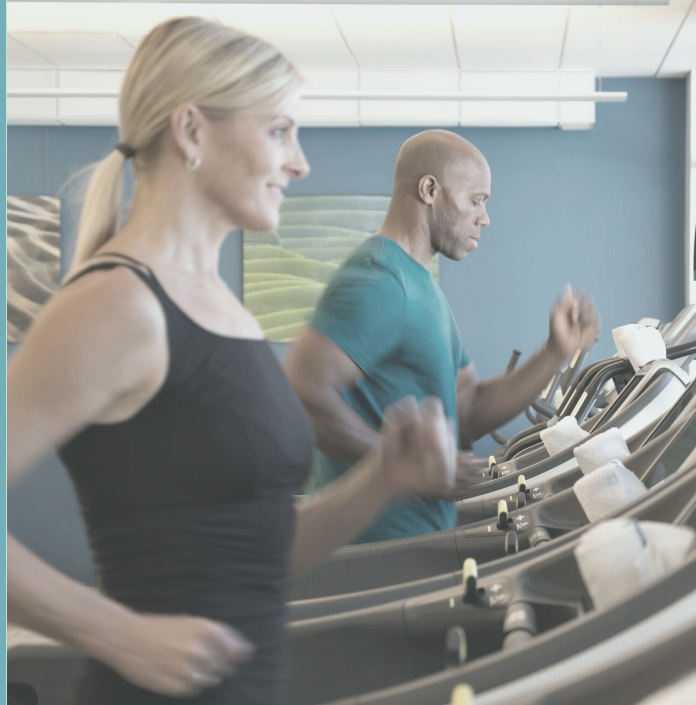
**Saturday & Sunday**  
**8:00am - 6:00pm**

Pools close 15 minutes before  
closing time



# CLUB & POOL GUIDELINES

- Group Exercise Classes and Tennis Court use require advanced reservations. The Fitness Center is available to guests 16 years and older.
- Masks are mandatory indoors regardless of the vaccination status.
- Dogs and other pets, with the exception of service animals, are not permitted on the Club Facilities. Smoking is not permitted in the Club area.
- Outside food, bottles, glass objects, drinking glasses, and sharp objects are not permitted in the Club. When a lifeguard is on duty, for your safety, all users are to follow lifeguards or Club personnel instructions. Children who are not water-safe must be accompanied by a parent or guardian at all times while in any of the pool areas.
- Children who are not toilet trained must wear Swimming Diapers and are only permitted to swim in the Children's Activity Pool.
- The circle area of Big Pool is shallow and also suitable for children, but please be advised that steps leading out of the circle drop steeply into 4ft of water.
- All swimmers must wear appropriate swimming attire. Cut-offs, dungarees, Bermuda shorts, and thong bikinis are not permitted.
- Radios, televisions and the like may be listened to only with headphones.
- Bicycles, skateboards, pool toys, and coolers are not permitted.
- Failure to comply with Club policies may result in forfeiture of your activity reservations.



## CLUB AMENITIES

- Daily group exercise classes (schedule varies)
- Lap or recreational swim
- Outdoor hot tub
- Outdoor gym
- Tennis court reservations (racquets and tennis balls available upon request)
- Sunbathing deck

## PERSONAL FITNESS TRAINING

Employing top-rated fitness instructors, trainers, and athletes – all certified in their specific fields – The Club at The Claremont provides expert instruction in a wide variety of activities including Yoga, Pilates, H.I.I.T. Training, Z-Health, Strength & rehabilitative Training, and Pre/Post Natal exercise programs.

***Advanced reservations are required and are subject to availability.***

Pricing is as follows:

- **Somatic Training**
  - Single Session - 50-minutes/\$145
  - Duet Session - 50-minutes/\$200 (\$100 per client)
- **Sports Performance Coaching**
  - Single Session - 50-minutes/\$160

# TENNIS COURTS AND BALL MACHINES

The ball machines are available to be reserved on Courts 1 through 4 for 30 minutes or 60 minutes (fees may apply).

Ball machines are available for use beginning at 8am daily.

For hotel guests wishing to use the tennis courts, racquets are available upon request. New tennis balls may be purchased at the Club Front Desk.

Proper tennis attire including shirt, shorts, and shoes are required at all times. Regulation tennis shoes (non-marking) are strongly recommended.

## PRIVATE TENNIS LESSONS

Tennis lessons are offered in 30-minute increments.

Advanced reservations are required and are subject to availability.

**Private Lesson \$90-\$180**

For Tennis Lesson Inquiries please contact the Club Front Desk at extension 177.

## RETAIL

There are a variety of essential items available in the retail area of the Club Lobby, including:

- Swim goggles
- Sunscreen
- Swim diapers
- Swim caps
- Claremont Club & Spa apparel
- Snack Bars and healthy supplements including Hammer Nutrition and Nutrition 53 products.

*\*Subject to change*





# CLAREMONT CLUB & SPA

A FAIRMONT HOTEL

↑  
TO TILDEN  
PARK

STONEWALL ROAD

TANGLEWOOD ROAD

\*Pathway from  
● Carriage Entrance  
to The Club

Group Fitness & F.I.T. Studio

Lap Pool

Main Pool

Pool Arbor

Bayview  
Café

T5  
T6

Outdoor  
Pavilion

Kids' Club

Tennis Courts  
T1-T10

T7  
T8  
T9  
T10

CLAREMONT AVENUE  
TO 24 WEST

Spin Studio

Club  
Entrance

Spa Wing  
Entrance  
(Spa Level)

T1  
T2  
T3  
T4

Parking

Carriage Entrance  
(Garden Level)

Concierge

East Bay Provisions  
(Carriage Entrance)

Domingo  
Entrance

DOMINGO AVENUE  
ASHBY

Parking

Hotel Front Lawn

Parking

Parking

Parking

Bell Stand

Limewood Bar & Restaurant

Fairmont Spa (Spa Level)

Spa Boutique (Spa Level)

Parking

Main Hotel  
Parking Entrance

TO 24 EAST

TUNNEL ROAD

For a link to our Group  
Fitness Class Schedule,  
please click or tap **HERE**