





Escape into a cocoon of deluxe indulgence at Ruhab with an array of therapies, personalized to offer utmost relaxation. Ruhab - The Spa at Fairmont Jaipur offers a restorative sense of wellbeing and inner balance in an imperial inspired décor. Our bespoke range of therapeutic treatments and rituals are carefully curated to offer a one-of-a-kind holistic experience and luxurious escape, leaving you rejuvenated inside out.



HORO SIGNATURE SPA

Pamper yourself with personalized therapies exclusively designed according to your Zodiac Sign and healing remedies exhibited in ancient Vedas. The Horo Spa treatments offer customized therapies for the twelve Zodiac Signs based on the four elements of earth, air, fire, and water that, according to Ayurveda, define a person's dosha to help achieve full-body balance and well-being. Indulge in our rejuvenating foot massage, an essential component of these therapeutic experiences, and discover true relaxation from head to toe.

Duration - 90 Mins

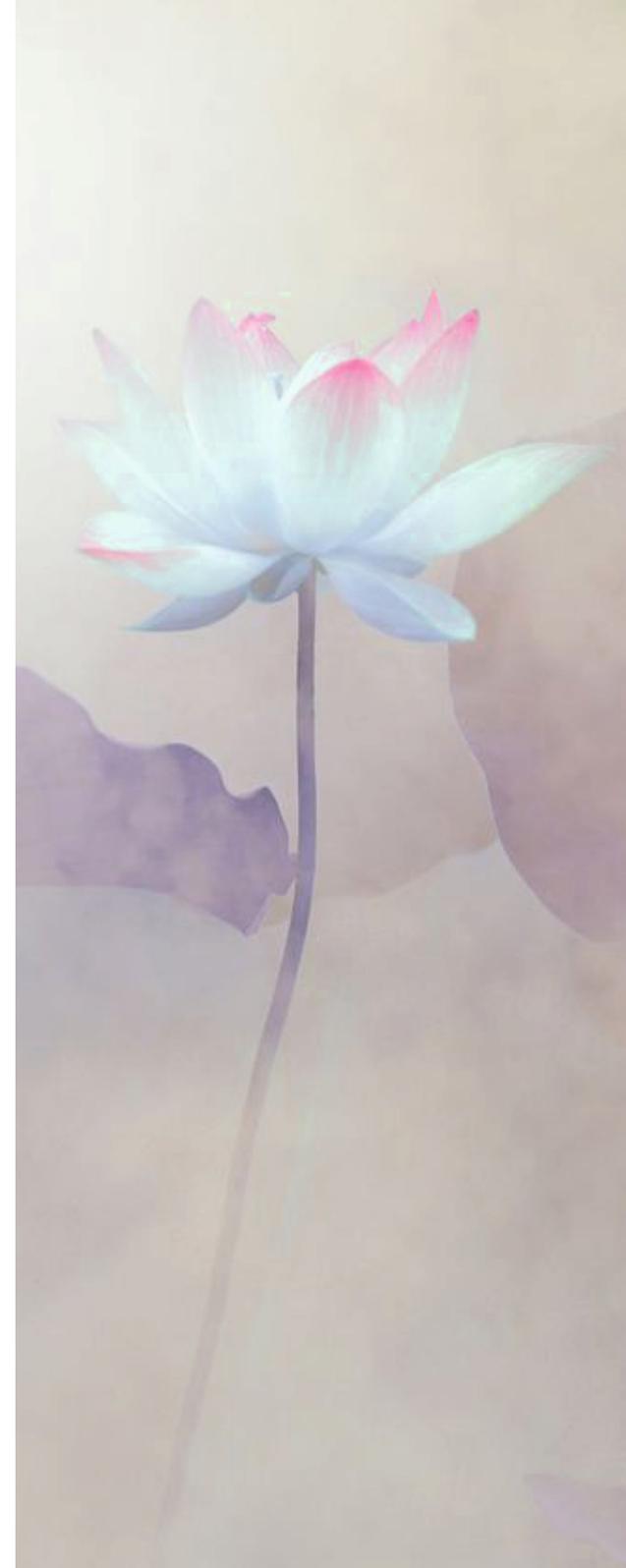
Price - 10,000

Air – Aquarius, Gemini, Libra (Third Eye, Heart Chakra) The Air element is all about actions, ideas and motion. This full-body treatment combines different techniques, including relaxing face massages that aim to relieve physical stress and tension.

Water – Pisces, Cancer, Scorpio (Sacral and Crown Chakra) Intuitive, emotional and Ultra-sensitive. Using Asian techniques, this treatment mainly focuses on the back, neck and shoulder, relieving aches and pains.

Fire- Aries, Leo, Sagittarius (Solar plexus, Base Chakra) Passionate, dynamic and temperamental. This balancing treatment focuses on calming down the nervous system through Aromatherapy techniques for deep relaxation.

Earth – Taurus, Virgo, Capricorn (Throat, Base, Crown Chakra) Practical, grounded and stable. An invigorating full body massage with stretching techniques that promotes blood flow and leaves the body fully energised.



WELL BEING TREATMENTS

AROMATHERAPY

60/90 Mins

INR 5,000/7,000

This holistic treatment uses the power of essential oils to balance your body and mind, restoring a feeling of well-being. Pressure point on the face stimulates the olfactory senses and long deep strokes on the body induces a deep state of physical relaxation whilst uplifting the calmness of your mind.

CLASSIC SWEDISH THERAPY

60/90 Mins

INR 5,500/7,500

A traditional massage that incorporates classical strokes with varied pressures suitable to your choice. Strong movements releases knots and effectively eases the tired muscles leaving the body in a state of total relaxation.

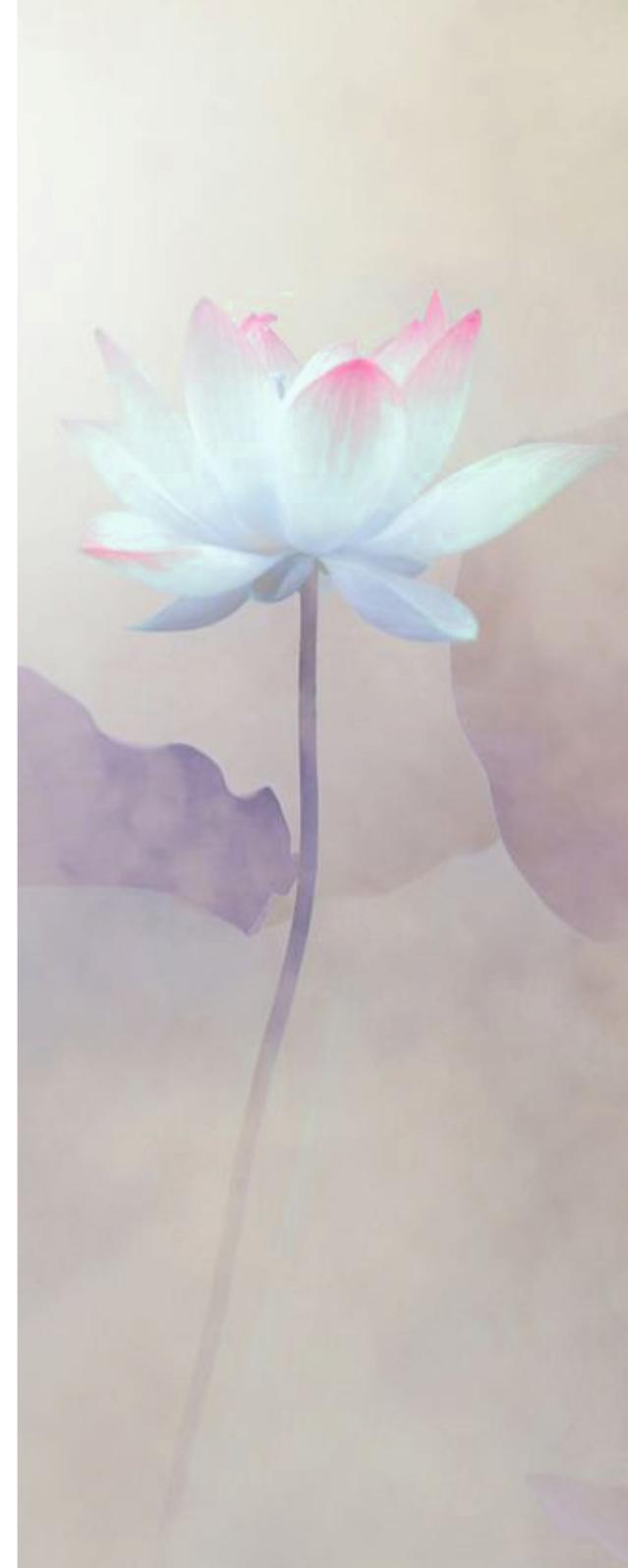
INTENSE MUSCLE RELEASE

60/90 Mins

INR 6,000/8,000

Deeply restorative treatment specifically designed for stressed and arching muscles. Cross muscle fiber massage techniques, stretch and strengthen muscles.

**Prices are in Indian Rupees and are exclusive of 18% GST*



AYURVEDIC TREATMENTS

ABHYANGA

60/90 Mins

INR 6,000/8,000

The traditional Indian Massage uses a combination of soothing and symmetrical long strokes to regulate the circulations and nervous systems of the body with the help of the essential oil which are pre-mixed with herbs for specific conditions.

PADHABHYANGA

60 Mins

INR 5,000

This Ayurvedic reflexology is an ancient massage for the soles which focuses on the marma points of the feet and lower legs.

PINDA SWEDA

90 Mins

INR 8,000

A massage using warm poultice filled with healing herbs and spices using ancient oriental and ayurvedic techniques. Warm herbal oil applied along with the poultice to massage leaving the body in a deep sense of well-being.

RUHAB ROYAL INDULGENCE

120 Mins

INR 15,000

Indulge yourself into royalty like never before with our luxurious Ruhab signature experience. This nourishing three step rituals : an energizing full body exfoliation, aromatic nourishing oil body massage revitalizing facial induce a deep sense of well-being.

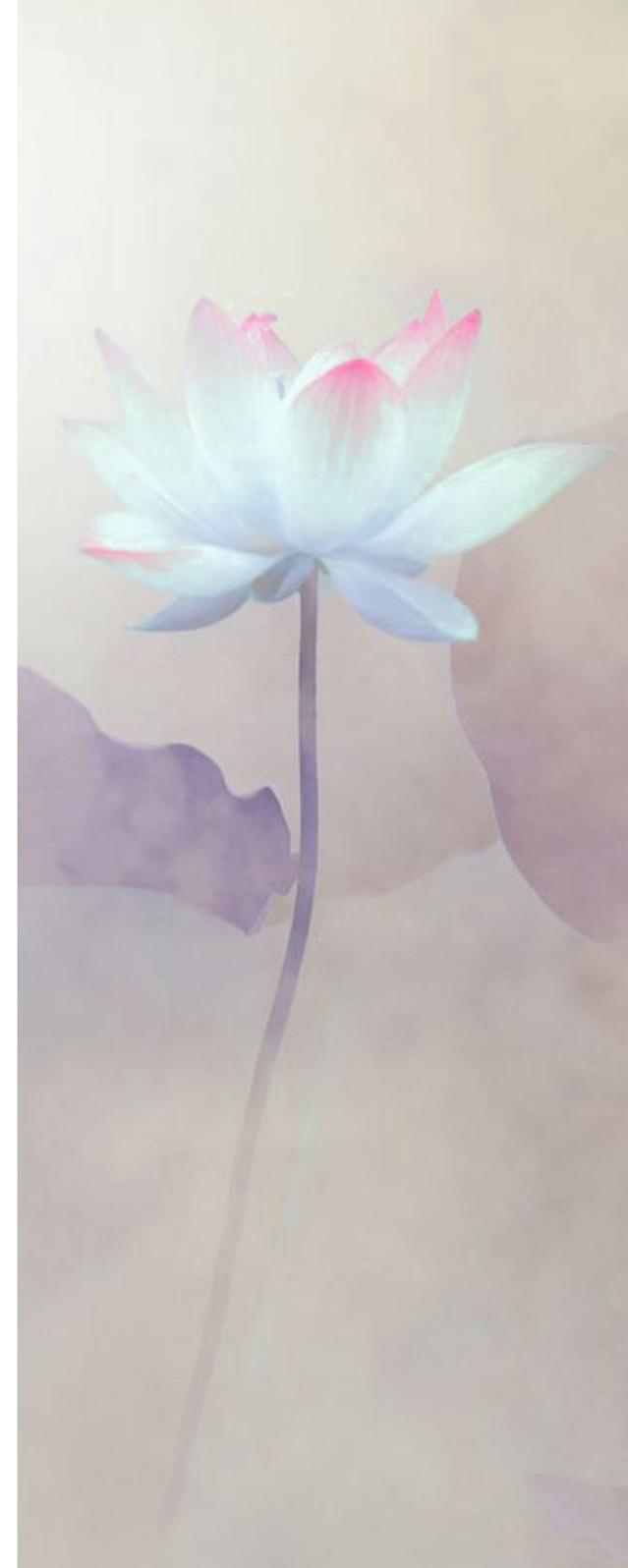
ROYAL FAIRMONT ESSENCE

90 Mins

INR 13,000 (Two person)

Immerse yourself in a regal couple spa experience like no other with our opulent offering. This pampering two-step ritual includes an invigorating full-body exfoliation followed by a soothing aromatic oil body massage.

**Prices are in Indian Rupees and are exclusive of 18% GST*



STRESS RELIEVING THERAPY

60/90 Mins

INR 5,000/7,000

A treatment for weary travelers that is tailored to either revive or relax you. Spinal pressures work on the nervous system to reset the body clock, encouraging the healthy course of circulation, digestion and elimination.

HOT STONE THERAPY

90 Mins

INR 7,500

This therapy relieve the deep-seated tension in muscles. The powerful combination of healing properties of hot stones, together with advanced massage techniques helps to restore a sense of balance and well-being.

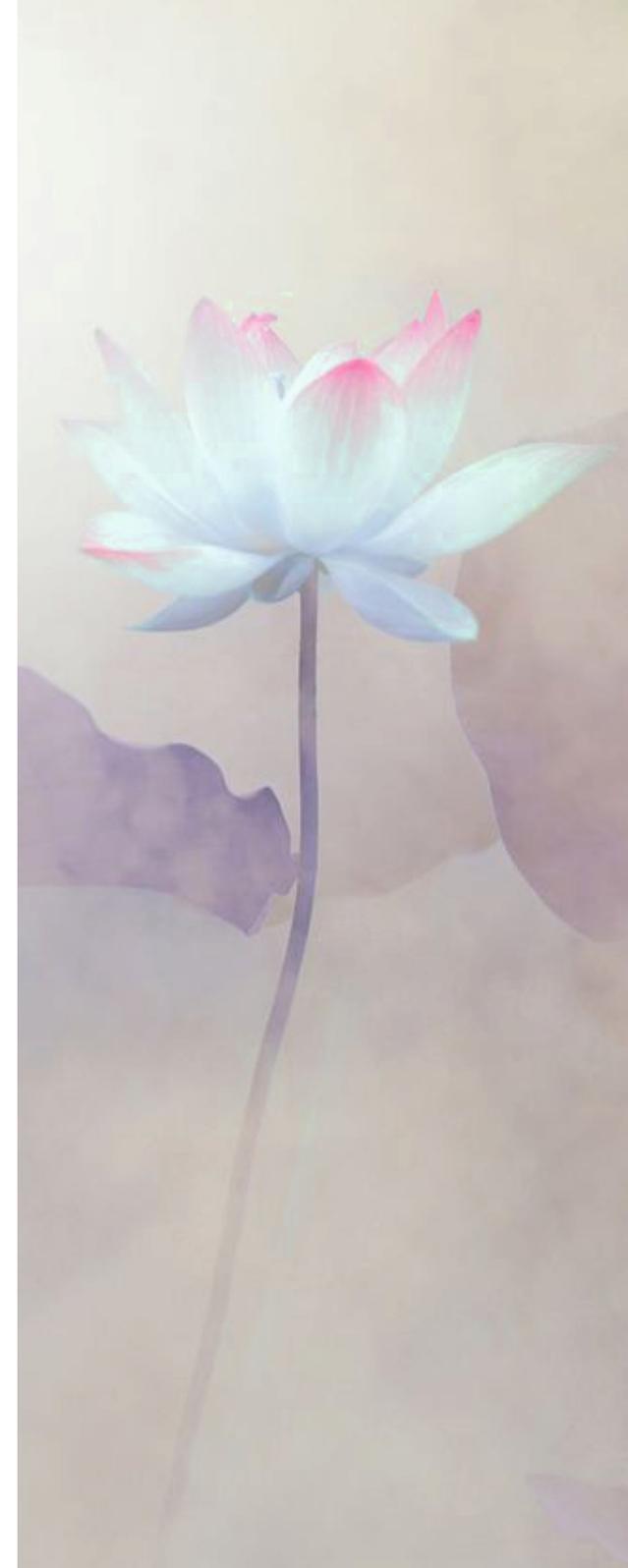
CHAMPI

30min

INR 3,500

For the Centuries, this popular Indian head massage helps in discharging muscular tension from head, neck and shoulders leaving you with a complete sense of relaxation and wellbeing.

**Prices are in Indian Rupees and are exclusive of 18% GST*



FACIALS

REVITALISING MEN'S FACIAL

60 Mins

INR 5,000

This deep cleansing facial decongests the skin, helping eliminate clogged pores and rapidly accelerating skin repair and neutralizing impurities

NOURISHING ROSE AND SANDALWOOD FACIAL

60 Mins

INR 5,000

Indulge your senses with this rejuvenating facial helping nourish and hydrate the skin. Restore facial skin's oil balance with the natural properties of sandalwood. The rose facial combines a unique massage & masque to stimulate skin renewal.

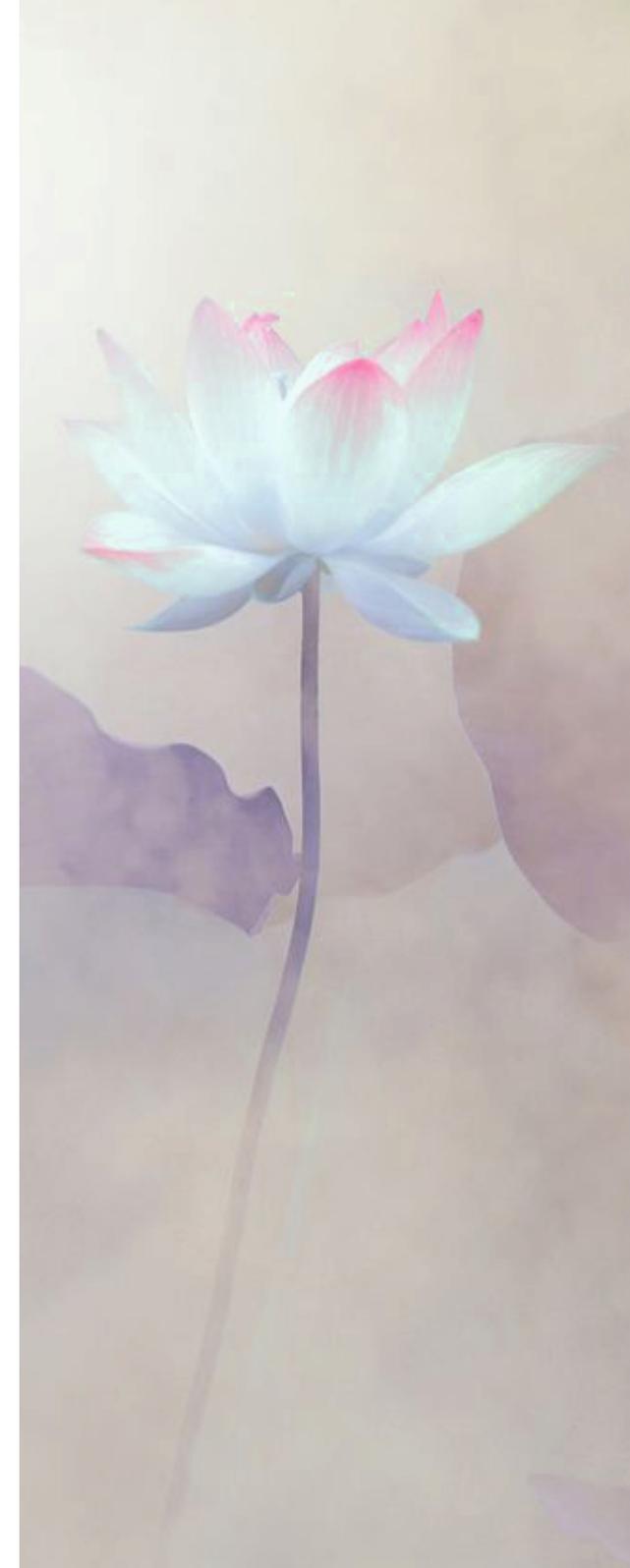
SIGNATURE CRYSTAL RADIANCE

75 Mins

INR 6,000

This transformative anti aging facialre awakens the skin's natural healing to restore elasticity and boosts radiance.

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BODY TREATMENTS

BODY SCRUB 30 Mins INR 3,500

With natural ingredients for exfoliation, this treatment results in hydrating your skin, leaving your body on a smooth and soft texture.

ENERGISING BODY SCRUB 30 Mins INR 3,500

Uplift and Invigorate the mind and body with this mineral rich Himalayan salts that helps to improve blood circulation and muscle tension.

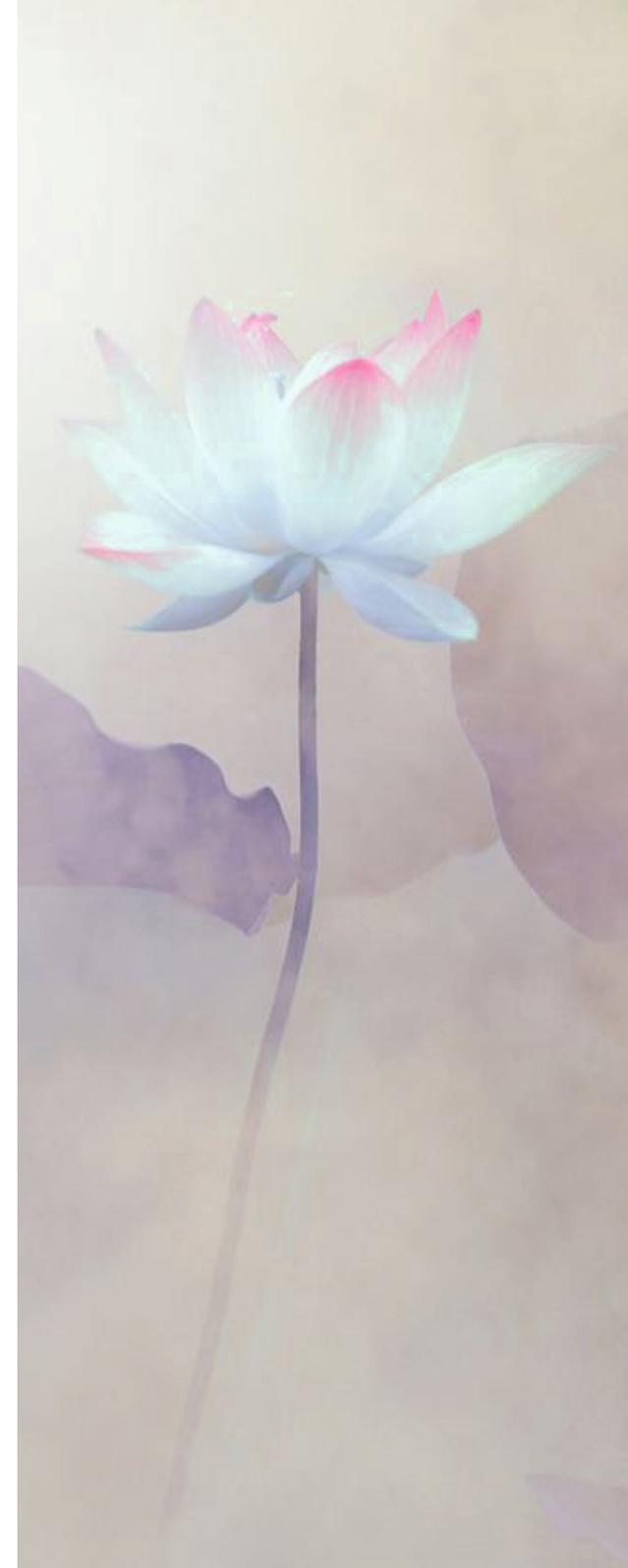
DETOX BODY WRAP 75 Mins INR 5,000

A Himalayan Salt scrub with goodness of juniper berry and lemongrass followed by a mask leaving your skin, body clean and detoxify.

STIMULATING CINNAMON AND VANILA BODY POLISH 30 Mins INR 3,500

This invigorating medium to firm pressure exfoliation buffs away dead skin cells leaving the skin refresh. The treatment end with a personalised body cream

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JUNIOR ESCAPE

ANGELIC KIDS MASSAGE 45 Mins INR 3,000

A relaxing treat for young Spa-goers using gentle pressure and long strokes with the goodness light essential oil.

CHOCO-COCO FACIAL 30 Mins INR 3,000

A gentle nourishing and smoothening facial with the goodness of coconut and chocolate, perfect for young Spa visitors looking for a special indulgence.

ADD ONS 30 Mins INR 3,500

Foot Massage

Back Massage

Scalp, Neck & Shoulder Massage

FITNESS ACTIVITIES

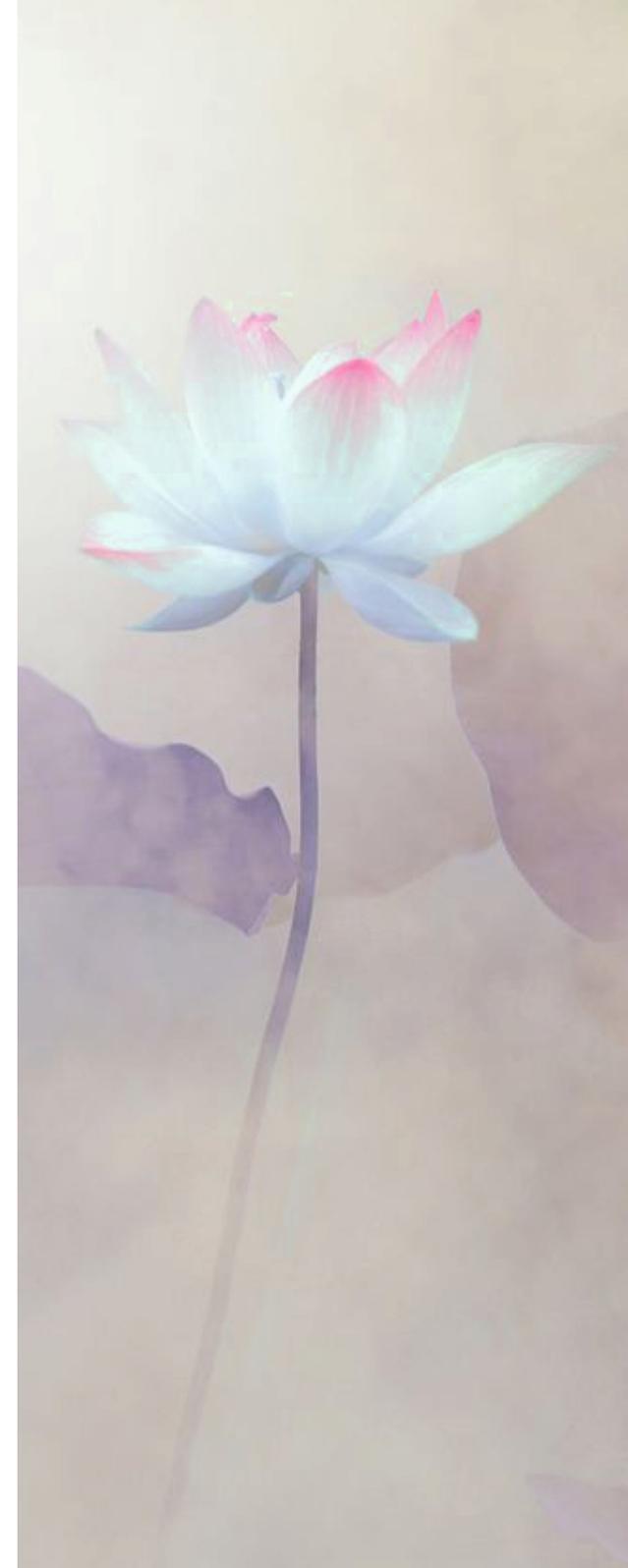
Get moving and embrace a healthier lifestyle with our exciting fitness activities.

Yoga session 45 Mins INR 1000

Private Swim Class 45 Mins INR 1500

Personal Training Session 60 Mins INR 1700

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RUHAB FACILITIES

Our wet area encompasses of Jacuzzi, hot and chilled shower, a traditional sauna and a rejuvenating steam separately for men and women.

RESERVATIONS

Advance booking for Spa treatments are highly recommended. We encourage you to arrive 30 minutes prior to your scheduled time to benefit from our Spa facilities. Starting your therapy late will reduce the time reserved for you in order to avoid inconvenience to next guest appointment.

CANCELLATION

If you wish to cancel kindly inform Ruhab 3 hours prior to your scheduled appointment in order to avoid 50% of the retention charges.

TIMINGS

Ruhab: 07:00 – 00:00 Hrs

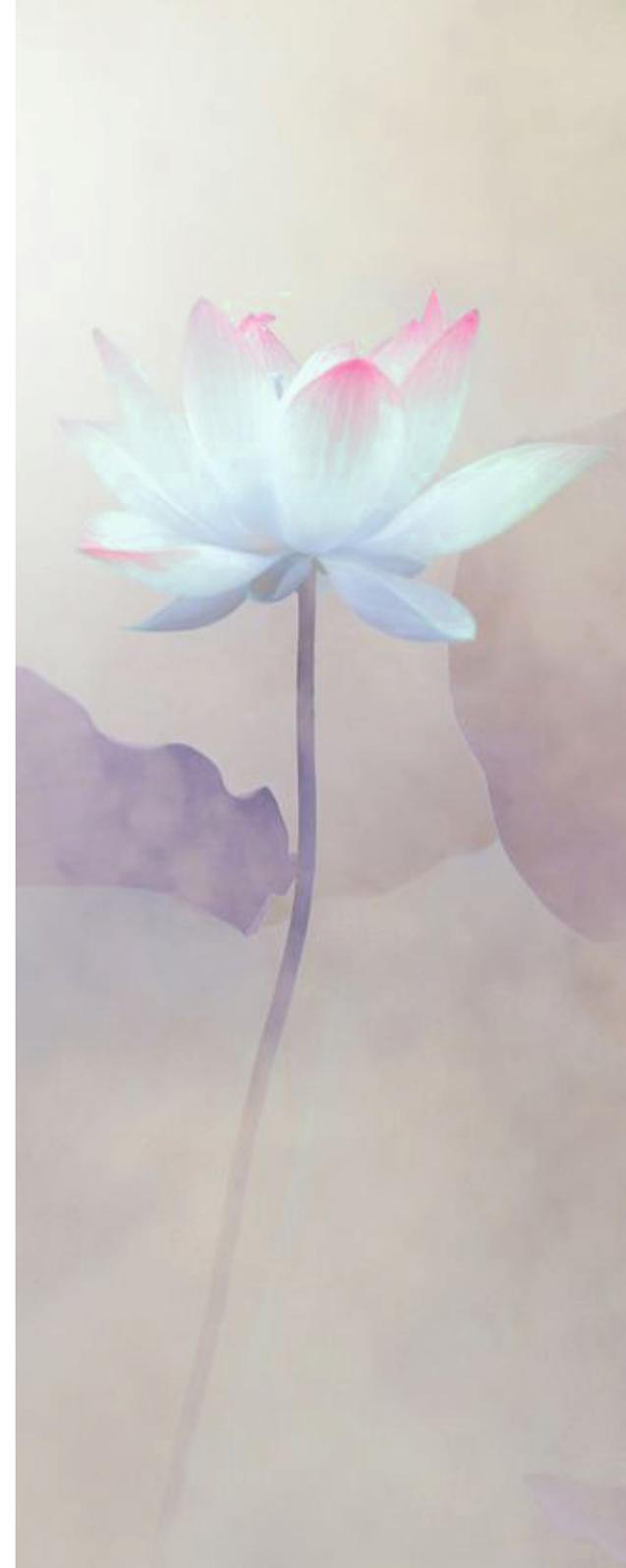
Gymnasium: 24 Hrs

Pool: 08:00 - 20:00 Hrs

Wet Area: 07:00 - 21:00 Hrs

Every day from 0900 Hours to 2300 Hours (Last appointment till 2200 Hours)

For booking of any Spa treatment, please dial "0" from your room or connect with us on WhatsApp at + 91 80039 99963



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