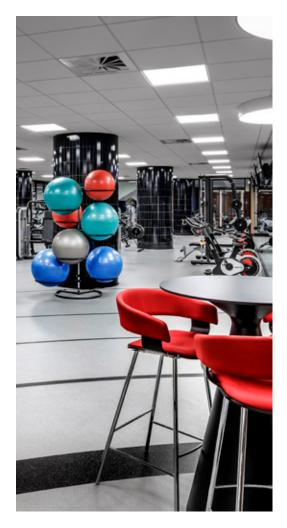
# WELLNESS CENTER

## FAIRMONT THE QUEEN ELIZABETH

Information and membership: qeh.centredemieuxetre@fairmont.com | 514 954 2298



## WELLNESS CENTER

#### **OPEN 6A.M. TO 10 P.M.**

At **Fairmont**, we understand the importance of exercise in your daily life. Our Welness Center is built to ensure a comfortable space with the best fitness equipment.

### "WELLNESS" MEMBERSHIP

- **Fitness facilities including:** cardio and strength training equipement, spin bikes, free weights section, *Fitness On Deman* studio (virtual classes)
- Pool (12.5 m), jacuzzi and dry sauna
- Personal locker (double locker also available for an extra fee)
- Towels, bathrobe and personal products
- On-site cleaning service for your training apparel
- 20% off at Moment Spa
- Exclusive advantages at Marché Artisans :
  - Selection of healthy dishes available at the Welness Center and at *Marché Artisans* (charge billed to your personal account)
  - Annual \$50 credit applicable to your personal account
- **High-speed Internet** and *PressReader* (digital newspaper and magazine service)