

#### HEALTH MATTERS

Please inform us of any health matters at the time of booking so we can suggest the best treatments. Conditions such as pregnancy, high blood pressure and allergies will determine which treatments are most appropriate. The consumption of alcohol before, during or directly after treatments is not recommended. You will be asked to fill out a brief medical history upon your arrival so our spa professionals can better customise your treatments.

#### SPA ATTIRE

You will receive a robe, slippers and a locker for your personal belongings.

For your comfort, undergarments can be worn during treatments, but rest assured that our therapists are highly trained in correct draping procedures for your complete privacy.

Please do not bring jewellery or other valuables to the spa.

#### SPA COORDINATORS

Our team of spa coordinators are available to assist you in customising your own spa experience, from selecting your treatments to answering any of your questions.

#### SPA GRATUITIES

For your convenience, a 10% gratuity will be added to your bill.

#### Fairmont St Andrews, Scotland

St Andrews, Fife  
Scotland KY16 8PN  
TEL 01334 837000  
FAX 01334 471115

*Fairmont*  
ST ANDREWS, SCOTLAND

the spa | EXPERIENCE

PRICE LIST

## Enhancing your spa experience

#### SPA ENVIRONMENT

We are an adult sanctuary. Guests must be 18 years of age or older. We ask that you do not bring mobile phones or other electronic devices to the spa in order to keep the spa quiet and to protect your privacy. The spa will be happy to assist you with messages during your visit.

#### RESERVATIONS AND MAKING APPOINTMENTS

Please call 01334 837045 or extension 7045 within the resort. To ensure that you get the experiences you want, we suggest you make appointments as far in advance as possible and before your arrival at the resort.

#### CANCELLATION

If you must cancel or reschedule, we ask that you do this at least 24 hours in advance. If we cannot re-sell your appointment with 24 hours notice, it will be charged to your credit card. Cancellation of packages requires 48 hours notice.

#### HOURS OF OPERATION

Appointments can be made from 9:00 a.m. to 8:00 p.m. These hours of operation are subject to occasional change.

#### SPA ARRIVAL AND ETIQUETTE

We recommend that you arrive at least 30 minutes before your appointment time so you are not rushed and so you can relax for a few minutes and familiarize yourself with the facilities and surroundings. Please note that your arrival time will determine the length of your treatment. As courtesy to all, should you arrive late, your treatment will finish at the originally scheduled time.

## Featured product lines

A vital part of the spa experience are the oils, creams, lotions and scrubs that are used during the treatments. We are pleased to feature the following premium products, giving you the opportunity to create a home care programme, to continue the beneficial results of your treatment here.

### KERSTIN FLORIAN INTERNATIONAL

As the main product line used in our spa treatments, Kerstin Florian International is at the forefront of the rapidly expanding market for holistic and environmentally responsible treatments that soften the effects on our skin of stress, age and the elements. We chose these products because of their dedication to spa traditions and authentic approaches — and because they feel great and make us look good. Kerstin Florian International products are founded in advanced phytotherapy, aromatherapy, thermal mineral, herbal and marine technology, and are free from heavy preservatives and perfumes. All products are designed to be introduced professionally, and then continued with a simple to-follow home care program.

### HIGHLAND SOAP COMPANY

The Highland Soap Company is a family-run business in heart of the Scottish Highlands; they combine traditional and contemporary handcrafted manufacturing processes, placing an emphasis on sourcing local and seasonal ingredients from the Highlands. Their luxury soaps, bath and body products are handmade using pure, natural ingredients, with many of their herbs, oils and butters being locally, ethically and organically produced. We are proud to feature their handcrafted Organic Highland Lavender and Wild Nettle products in a number of our experiences and in our spa boutique.

### JANE IREDALE MAKEUP

Jane Iredale Mineral Makeup combines the most up-to-date colours with skin-care benefits that conventional makeups can only envy. Known as “The Skin Care Makeup,” the Jane Iredale line is so safe and beneficial that it is recommended by plastic surgeons and dermatologists throughout the world. Jane Iredale Makeup will not block pores, has virtually no allergy risk, is sensitivity-tested, has broadspectrum UVB and UVA protection, is anti-inflammatory, helps calm and soothe irritated skin, provides complete coverage for skin conditions (such as acne, rosacea and redness following treatments like chemical peels and laser resurfacing) and is environmentally aware.

## THE SPA AT FAIRMONT ST ANDREWS, SCOTLAND

## Price list

### BODY EXPERIENCES

Crest of the Cliff	120 minutes	£190
Standing Stones	90 minutes	£145
Whisper of the Wind	90 minutes	£145
Romance of the Rose	90 minutes	£145
Celtic Harmony	90 minutes	£125
North Sea Salt & Seaweed Exfoliation	60 minutes	£95
Naturally Tan	60 minutes	£85
Gentle Body Polish	60 minutes	£75

### FACIAL EXPERIENCES

Kingdom of Fife Luxury Facial	90 minutes	£145
Golf Rescue Facial	90 minutes	£145
Radiant Anti-Ageing Facial	60 minutes	£95
Sensitive Skin Facial	60 minutes	£85
Customised Deep-Cleansing Facial	60 minutes	£75

### ENHANCEMENT TREATMENTS

*May be added to any facial experience*

Eye and Lip Rescue	30 minutes	£35
Glycolic Treatment	30 minutes	£25
Intensive Repair Ampoule		£25
Caviar Cell Vitale Ampoule		£25
Vitamin C Ampoule		£15
Couperose Ampoule		£15

### MANICURE & PEDICURE EXPERIENCES

St Andrews Signature Manicure	60 minutes	£55
St Andrews Classic Manicure	45 minutes	£45
St Andrews Signature Pedicure	60 minutes	£65
St Andrews Classic Pedicure	45 minutes	£55

### MASSAGE EXPERIENCES

Scottish Stone Massage	90 minutes	£145
	60 minutes	£95
Stress Relief Massage	90 minutes	£125
	60 minutes	£85
Sports Massage	90 minutes	£125
	60 minutes	£85
Generosity Massage	90 minutes	£125
	60 minutes	£85
Travel Recovery Massage	60 minutes	£85
Maternity Massage	60 minutes	£85
Relaxation Massage	90 minutes	£115
	60 minutes	£75
Reflexology Massage	90 minutes	£115
	60 minutes	£75

### JUST FOR MEN

#### BODY EXPERIENCES

Sam Torrance's Signature Experience —		
Ultimate Golfer's Treatment	90 minutes	£145
The Back 9	60 minutes	£95

#### FACIAL EXPERIENCES

Customised Barber Face Treatment	60 minutes	£75
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#### HAND/FOOT TREATMENTS

Executive Hand Grooming	60 minutes	£55
Classic Hand Grooming	45 minutes	£45
Power Pedicure	60 minutes	£65
Classic Foot Grooming	45 minutes	£55

#### COUPLES EXPERIENCES

*prices per couple*

Highland Fling Couples Massage	90 minutes	£290
	60 minutes	£190
Romance of the Rose	90 minutes	£290

### WAXING

Lip, Chin or Eyebrow Shape	15 minutes	£12
Eyebrow Shape and Tint	30 minutes	£24
Eyebrow Shape and Eyelash Tint	30 minutes	£24
Underarm Wax	15 minutes	£12
Bikini Wax	15 minutes	£12
Half Leg Wax	30 minutes	£24
Full Leg	45 minutes	£36

### MAKEUP APPLICATION

Mineral Makeup Lesson	45 minutes	£55
Glowing Bridal Makeup Application	120 minutes	£130

(two 60 minute sessions)

### FITNESS EXPERIENCES

Inquire about our fitness services and classes to create a programme suited to your lifestyle and needs.

### SPA ACCESS

Daily Access Fee	£30
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### A PRIVATE RETREAT

*Create your own personal spa in a special private lounge, within the spa, connected to three treatment rooms. This spa-in-spa space can be booked for a spa party of two to five, no matter what the occasion. Tell us the event—whether it's a “ben” party, romantic retreat (or maybe a proposal), or girls get-away—and let us design the perfect spa programme.*

*Rates are subject to change.*

*Occasionally not all services may be available.*

*For spa reservations, please call 01334 837045, or extension 7045 within the resort.*

*For hotel or spa vacation packages, please visit [www.fairmont.com](http://www.fairmont.com), or call 00 800 0441 1414.*