



FACE	30 min	60 min	add on
power		\$225	\$80
true	\$95	\$145	
cool beam	\$125	\$200	\$55
illuminate		\$200	\$55
lift		\$200	\$55
ultrasonic		\$200	\$55
brighten		\$195	\$50
smart peel		\$195	\$50
z peel		\$195	\$50
men's		\$155	
back		\$155	
skincare revolution	packages starting at \$700		

BODY massage	30 min	60 min	90 min
flow		\$145	\$195
fusion	\$95	\$130	\$180
couple's fusion		\$260	\$360
deep tissue	\$110	\$145	\$195
couple's deep tissue		\$290	\$390
sports massage		\$145	\$195
prenatal massage		\$130	
om body therapy "tui na"	\$95	\$135	
shiatsu		\$145	
acupuncture massage		\$150	
craniosacral therapy		\$145	
reflexology	\$110		

acupuncture + energetic therapies

	30 min	60 min	90 min
acupuncture	\$100	\$150	\$200
cupping	\$100	\$150	
reiki		\$135	
vibrational therapy	\$100	\$150	
exhale essentials	\$100	\$150	
acu-organ detox		\$150	

specialty body therapies + scrubs	30 min	60 min
power body detox		\$190
glow body scrub		\$150
pure hammam therapy*	\$110	

NAILS

pure manicure	\$30
pure pedicure	\$55
gel manicure* add on only	\$20
gel pedicure* add on only	\$20
paraffin add on only	\$15
french add on only	\$10
express manicure (polish change)	\$15
express pedicure (polish change)	\$15
gel removal	\$15

*available at exhale Battery Wharf only

BROWS, LASHES + WAXING eyes

brow waxing	\$40	brow tweezing	\$40
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lash extensions (exhale Back Bay only)

full set 150 min	\$350	partial set 120 min	\$250
touch ups 60 min	\$75		

body

lip	\$20	arm	\$50
chin	\$20	chest	\$60
cheek	\$30	back	\$70
leg (lower)	\$50	bikini (basic)	\$35
leg (upper)	\$55	bikini (full)	\$55
leg (full)	\$80	bikini (brazilian)	\$80
underarm	\$30		

-All spa therapies can be purchased in a pre-paid series of six at a 25% discount.
-Members receive 20% off all spa therapies.



CLASSES

single	\$25
package of five	\$120 (\$24/class)
package of ten	\$230 (\$23/class)
package of twenty	\$430 (\$22/class)

MEMBERSHIPS

Monthly class membership available. Call for details and pricing.

PRIVATE TRAINING + STRETCHING	60 min
core fusion + yoga	*\$115
thai stretching	\$115

*Price is for non-member single sessions. Discounts available for members and package purchases.



transformational packages + journeys

day of restoration \$310

Includes a 60-minute True Facial, 60-minute Fusion Massage, Pure Manicure, and Pure Pedicure

nutrition + wellness

initial consultation \$190

follow up session 30 min | 60 min \$80 | \$150

series of six available at a 25% discount

fertility program (the berkley method)

initial consultation 90 min \$250

follow up session 30 min \$135

6 week core evolution \$925 | members \$475

Includes one initial nutrition consultation, five 30-minute follow up nutrition sessions, six weeks of unlimited mind body classes, and discounts on spa therapies and wellbeing boutique purchases.

skincare revolution starting at \$700

Includes one initial skin evaluation, a series of 4-12 facials based on your skin care needs, and 25% off all product purchases made during your program.

acupuncture for weight loss starting at \$340

Includes one 60-minute session, three 30-minute follow up sessions, and the option for additional add ons.

bridal boot camp 6-week starting at \$680

12-week starting at \$975

Includes unlimited mind body classes, weekly check-ins with Mind Body Manager, series of facials, a 60-minute Fusion Massage, a private group Mind Body class, and discounts on Rent the Runway, and BluePrintCleanse.



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revive. restore. exhale.