SPA MENU
AT FAIRMONT CHENGDU
Willow Stream Spa at Fairmont Chengdu is a hidden retreat within a thriving city rich in Sichuan history. Chengdu known as a destination itself for culture and food is complimented by societies laid back approach to hustle and bustle; residents take time to nurture themselves making this the perfect place to find your energy. At Fairmont we want you to be at your best, so we have created an offer that does just that.

Offering an array of lifestyle choices and encompassing total well-being, Willows Stream Spa at Fairmont Chengdu combines a luxurious facility focusing on fitness & movement, and spa & aesthetics. Our treatment menu includes a selection of authentic Chinese traditions combined with advanced technology facials using oxygen machines for instant results. Willow Stream Spa also offers an exclusive concept for men with dedicated treatment rooms using Gentleman’s Tonic Male Grooming. Treatments will delight and surprise you as we lead you down a sensory journey ringing overall balance and a sense of calm to your spa experience.

This urban retreat provides 8 tranquil spa rooms, which include 3 treatment rooms, 3 Gentleman’s Tonic rooms, 2 VIP treatment suites, together with experience showers, aroma steam rooms and saunas. The area is completed with a traditional Chinese foot massage lounge, a nail lounge and a fitness centre featuring daylight swimming pool. Our nurturing environment and detailed approach to service is the perfect social hub for family and friends.
About Willow Stream Spa

Willow Stream Spas are acclaimed around the world for our focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well; recharging our energy allows us to flow, rather than fight, through life. That is why energy renewal is our mission.

Each of our spas is designed to reflect the beauty and ambience of its location and of the hotel in which it is located, so no two are alike. But all of our spas have this in common: they deliver an outstanding experience. Simply being here—away from the chaos of everyday life—relaxes our guests and starts them on their energy journey.

Our spa experiences combine authentic and effective treatments with a place for you to spend time alone or with your friends. Social spaces by the pool, relaxation lounges, hydrotherapy rooms, yoga and fitness areas—all are designed to stir our passion for living with abundant energy.
Our Name: Willow Stream

We believe these two words reflect our philosophy and our connection to nature’s elements.

Willow: The willow represents our deep-rooted authenticity, strong centre and flexible spirit.

Stream: The stream represents our energizing journey through life-bending and changing in a peaceful, purposeful manner as it finds its way around obstacles.

Our Logo: Our logo is composed of ancient symbols for the world’s essential elements: earth, air, fire and water. The willow-wood-is the fifth element. Balancing these elements puts us in sync with nature’s equilibrium.
Willow Stream Spa Product Philosophy

Willow Stream Spa places emphasis on many aspects when choosing spa products for each of our Spas around the world. With luxury in mind, each brand selected demands quality and result-driven treatments, which are personalised to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, which reflects our social responsibility. Our relationships with the product houses are important to ensure that we have premium spa products and training available for every encounter with our guests.

**Intraceuticals**
Developed in Australia, Intraceuticals treatments and professional grade skincare combine powerful anti-aging ingredients, vitamins and antioxidants with multiweight hyaluronic acid to dramatically transform the look and feel of your skin. Intraceuticals is used by top celebrities and high-end skin care professionals all over the world to offer the highest grade oxygen infusion facials with outstanding results immediately.

**Gentleman’s Tonic**
Developed in United Kingdom, the Gentlemen’s Tonic philosophy is understated, self-confident and provides the opportunity for men to experience the highest level of dedicated care and attention. At its core is a carefully selected combination of peptide and amino acids, bio-available nutrients, intelligent proteins and hyaluronic acids. The Gentlemen’s Tonic professional range is one of the comparatively few that has been entirely formulated with men’s skin and needs in mind.
Willow Stream Wellness Facilities

We know that exercise is a vital component to daily life, especially for travellers on the go, and appreciate the desire for high-quality, well-equipped fitness facilities. Technogym® provide spacious customized wellness areas and supply fitness facilities to meet all your needs. Catering to your own fitness level, ability, or age, our dedicated wellness professionals are here to assist you in achieving your personal health and fitness goals, supporting you every step of the way.

Fairmont Chengdu is the perfect environment to restore your energy with access available to hotel guests as well as local guests, offering the following facilities and services:

- Personal training
- Group and private classes
- Indoor swimming pool
- Wet areas, complete with sauna and steam room
- Relaxation areas
- Shower and locker area

The Fitness Centre is open daily from 6:00 AM until 10:00 PM and is located on 4th floor. We offer various private and group classes including:

- Personal Training
- Yoga
- Tai Chi
- Qi Gong
Hydrotherapy Wellness Experiences

Steam Room Wellness (Female Locker Facilities)
This humid, aromatic heat experience is highly beneficial for those that suffer from asthma and bronchitis, as it opens the breathing passages and alleviates congestion. We recommend that a session last 10-15 minutes and that you keep your body well hydrated afterwards. Humid heat is especially beneficial before a massage or after your daily workout to detoxify the body, release muscle tension and increase circulation.

Sauna Wellness (Men’s Locker Facilities)
Dry heat soothes and warms the muscles, relieving tension from your body and minimising joint pain. This is especially beneficial for those who suffer from conditions such as arthritis, painful migraines, and headaches, or as a way of warming the body after an intense workout or treating the common cold. Dry heat is recommended for 10-15 minutes daily and it is important to ensure that you body is kept well hydrated afterwards.

Ice Fountain
The ice fountains offer a rapid cooling option which is recommended after all heat experiences. Benefits of the ice fountain also include enhancing the wellness of the skin, tissue and muscles, as well as stimulating blood circulation and strengthening the immune system.

Experience Showers
Experience showers have a unique variety of multi temperature water sequences, combined with soothing warm and cold jets to relax the body.

Indoor Swimming Pool
Bathed in natural light, the sky lighted indoor pool is a private sanctuary for rest and relaxation.
Willow Stream Signature Expressions

Willow Stream Signature Expressions bring together the key elements of face and body as one. We place a careful emphasis on our guests feeling locally connected while encouraging relaxation to restore their personal energies, resulting in feeling revived.

**Digital Detox — 120 minutes**

Escape to an urban destination and take time out for a digital detox to rest and reboot your batteries. Your treatment begins with deep breathing exercises to help balance and calm from the hustle of the city. Next dry brushing is used to exfoliate the body and increase lymph circulation promoting a healthy immune system following with a manual Detox lymphatic massage. Complete your digital detox with the Intense Hydration facial, an oxygen facial to help rejuvenate the skin.

**Hibiscus Skin Brightening — 120 minutes**

A blend of floral extracts including Hibiscus and Lotus flowers will begin giving your skin a gentle Body Polish. Next a high mineral white mud base will give your skin a natural exfoliation resulting in softer, lighter and firmer skin. A nourishing and rejuvenating body butter will leave a smoother and silky texture. The aroma blend of ylang ylang, geranium and lemon will give you a sense of freshness throughout your day.
Advanced Facials

Intraceuticals Oxygen Facials
Intraceuticals facials offer a result orientated treatment using an oxygen machine and the proprietary 3-Step Hyaluronic Layering Process which promises to hydrate, lift and tighten, improving the appearance of the skin. Developed in Australia, the treatment effectively delivers vitamins, antioxidants and peptides to the deeper layers of the skin with instant visible result. The treatment is non-invasive, utilizing hyaluronic acid which plumps and hydrates the skin to remove fine lines and improve sagging skin.

Reveal Skin Analysis — 15 minutes
A true facial assessment using the state of the art Reveal Analysis Machine. Using the Reveal complexion analysis system, your expert spa therapist will provide a personalised skin analysis detailing your unique skin profile. Areas of focus include wrinkles, UV spots, brown spots and skin texture not visible to the naked eye. Once your skin is compared to that of your age group, a personalized report will outline the recommended treatment programme to work on concerned areas.

Booster Anti-Aging Treatment — 90 minutes
Based on the unique skin care needs of customer to choose the Collagen, Vitamin C+3, Vitamin A or Antioxidant Booster Treatment combines with the Atoxelene Treatment to instantly improve hydration of skin, reduce the appearance of fine lines, wrinkles and premature aging marks. Tightening and firming, enhance skin radiance and uneven skin tone are instant without any downtime.

* Suitable for all Skin Type

Intense Hydration Facial - Rejuvenate — 60 minutes
This skin quenching treatment provides the ultimate in intense hydration. Perfect for all skin types, the Rejuvenate Serum contains vitamins and antioxidants that dramatically lift, tone and deeply hydrate the skin enhancing facial volume and improving the contour of the face. Results are instant and continue to improve the days following the facial providing a refreshing glow for the skin that reduces the fine lines and wrinkles.

Luminosity Facial - Brightening — 60 minutes
The Luminosity treatment combines botanical brighteners and highly concentrated Vitamin C to balance and brighten dull and uneven skin tones. Pigmentation caused by sun damage or premature aging is minimized, revealing a brighter, more even skin tone with an instant radiant glow that is seen deep into the skin improving the appearance of fine lines and wrinkles.

Skin Clarity Facial - Deep Cleanse — 60 minutes
In just one treatment, your skin will look and feel clarified and calm. Acne affected skin is comforted and visibly refined while oil free nourishes ensure moisture balance is maintained to help defend against future breakouts, breakouts and irritated skin. The Clarity serum naturally improves your skin’s hydration levels while Vitamins and antioxidants protect and defend.
Facial Enhancements

Can be added to any facial! According to your different skin care needs, our experience therapists can help you choose the best option to enhance the rejuvenate results.

**Atoxelene Infusion - Plumping — 30 minutes**
This targeted treatment is the perfect, non-surgical alternative to more invasive procedures, the Atoxelene Treatment natural amino acids instantly firm, lift and plump your skin for a dramatically reduced appearance of fine lines and wrinkles.

* Suitable for all Skin Type, ideal solution for fine lines and wrinkles, expression lines, prematurely aging skin.

**Oxygen Aroma Inhalation — 30 minutes**
Oxygen inhalation perfect for improving insomnia, boosting immune system, anti-aging, overall health, reducing emotional stress, relieving fatigue, headache and migraines.

**Facial Booster Enhancements — 60 minutes**
Vitamin C + 3: Three forms of Vitamin C work together to protect and promote healthy glowing skin.
Collagen: State of the art collagen building peptides for extra firming and tightening
Vitamin A: A new form of Retinol that refines and defines skin.
Antioxidants: Natural super fruits protect and balance the skin.
Oxygen Treatment Series

While the results are immediately visible after just one application, skin continues to improve with repeated application. A course of six treatments is recommended to build a good foundation, after which results will last longer with maintenance treatments recommended every four weeks to prolong results.

Rejuvenate/Brightening/Clarity Series of 6 / with Atoxelene

Six Rejuvenate Treatments - A complete treatment course kit with a homecare set (Cleanser, Hydration Gel, Moisturizer Cream and 6 serums to be used during your facials).
Body Treatments

Incorporating the five elements of Willow Stream Spa choose from a selection of experiences to mix and match for a more personalized experience.

**Earth**: Chinese Foot Reflexology or Foot Relieve Herbal Soak—30 minutes
**Water**: Gentle Hibiscus Polish or Deep Cleanse Bamboo Exfoliation—30 minutes
**Air**: Atoxelene Infusion-Plumping or Oxygen Aroma Inhalation—30 minutes
**Wood**: Nourishing Hair Treatment or Head/Neck/Shoulder Massage—30 minutes
**Fire**: Energy Balance Massage or Tui Na Massage—60 minutes

Body Massages

**Willow Stream Chengdu Signature Massage—90 minutes**
Native to Asia and seen in abundance throughout the city of Chengdu Bamboo is known for its medicinal benefits. Begin with a warm heated Bamboo and virgin coconut oil used to massage the body in long strokes for a deeply relaxing muscular release. A nourishing hair mask is applied to the hair along with a soothing scalp massage. The ancient Chinese used bamboo to clear negative energy and to "brighten up" energy flow.

**Oriental Deep Tissue Stone Massage—90 minutes**
Deep muscle work is combined with stretching, rocking and circulation-enhancing strokes to move lactic acid out of the system along with the warmth of the stones for a better recovery of muscle tension. A healing and stimulating blend of lemongrass, geranium and lavender assist in symptoms of jet lag, muscle relaxation; helping to relieve the feeling of tension and soreness in the body. This massage is medium pressure to deep.

**Tui Na Massage—60/90 minutes**
Tui Na massage therapy is an external form of dry massage focusing on maintaining an overall balance of physical and mental health. This antique Chinese therapy makes use of rhythmic compression techniques along different energy channels of the body to establish harmonious flow of Qi throughout the body. It works deeply with the positive energy of the body.

**Balinese-style Relaxation Massage—60/90 minutes**
A light to medium pressure massage using Balinese style techniques combines a blend of essential oils to stimulate the flow of blood, oxygen and balance throughout the body. Bring a sense of wellbeing, calm and deep relaxation.

**Traditional Chinese Foot Reflexology—60 minutes**
Based on the ancient art of working with pressure points on the feet to target different parts of the body. Chinese reflexology is believed to stimulate detoxification, improve circulation and support the immune system. Assist to restore the body’s equilibrium of yin and yang, encourages healing and strengthens the body. It is a powerful treatment that is much more than just a foot massage.
VIP Suite Bookings – Spa by Design

Customize your couple experiences by choosing a selection of treatments from the menu to suit your needs of the day. Whether it is a gathering with friends or you want to impress that certain someone we can cater to all your needs. The VIP suite is an exclusive private environment which includes, experience showers, private Jacuzzi and 2 massage beds with enough space to relax for hours.

You can also upgrade your experience with the following upgrades:

- Flowers and candlelight
- Balloons and special arrangements for celebrations
- A selection of exclusive food items available in our Spa Cuisine Menu
- Alcoholic or non-alcoholic beverages
- Customized Jacuzzi bath experience
Additional Time:

To upgrade any of our present treatments with additional time and services, the below mini treatments will suit your skin care needs, ensuring complete relaxation and rejuvenation.

Choose from a variety of 30 minute mini treatments including:

- Jet Lag Head and Scalp Massage
- Recovery Head, Neck, and Shoulder Massage
- Chinese Foot Reflexology Massage
- Express Body Scrub
- Express Body Wrap
- Express Facial

Chinese Foot Lounge

The perfect space to re-connect with family, friends, colleagues or for your next business meeting come experience Chinese traditions at their best in a comfortable relaxing environment.

Willow Stream Spa offers to customize your foot care treatment to meet your own specific needs beginning with a Chinese Herbal Foot Soak prior to the treatment of your choice.

**Soft Feet Recovery — 60 minutes**
Including Foot Soak, Foot Scrub, Hot Towel Compress and Hydrating Massage

**Tension Relief Foot Massage — 30 / 60 / 90 minutes**
Just what you need after a long and busy day to relax and rejuvenate your tired feet while releasing body tension.

**Traditional Chinese Foot Reflexology — 30 / 60 / 90 minutes**
Based on the ancient art this treatment works with pressure points on the feet to target different parts of the body.

*Obtain a complimentary fruit platter when booking a group of 6 people or choose from a selection of food and beverage options available by request. Allow our Spa Experience Coordinators to guide you to customize the best occasion for you.
Spa Essentials Day Packages

Our experienced coordinators would be happy to recommend or customized a spa package suited to your specific needs. These can include anything from the menu above and a healthy snack or lunch. Below are also some readymade packages to take all your worries away.

**Urban Retreat — 2.5 hours**
If you are looking for a little time to yourself to recharge your energy this treatment will suit all your needs.

- Dry Brushing Exfoliation or Hibiscus Gentle Body Polish
- Detox Lymphatic Body Massage
- Oxygenating Facial

**Fairmont Fit — 3 hours**
This invigorating treatment will promote circulation and muscle tonicity while promoting a healthier life style inside and out.

*Recommended for a series of 6 consecutive days for better results

- Fruit powder Body Polish therapy
- Firming Body Massage
- 1 Personal Training consultation including nutritional recommendation
- 1 Day complimentary access to our Fitness Centre
- An energy Juice

**Be at Your best — 5 hours**
At Willow Stream Spa we help you be at your best, the below package offers 5 hours of beauty to get you back to looking and feeling your best.

- Booster Anti-Aging Facial
- Lash extension & Brow shaping
- Perfect Hands Manicure & Feet First Pedicure
- Brow and Lip wax (optional)
- Bento Box lunch
Nail Lounge

Relax in our dedicated nail lounge where we offer a selection of beauty services and personal enhancements to showcase your best look.

Perfect Hands - Manicure — 45 minutes
Feet First - Pedicure — 60 minutes
OPI Gel Polish - Manicure — 60 minutes
OPI Gel Polish - Pedicure — 60 minutes
OPI Gel Polish Removal — 15 minutes
Additional Nail Art — 15 minutes increments
Lash Perfect - Extension (Available also in Series) — 90 minutes
Hi Brow Expert - Extension & filling (Available also in Series) — 60 minutes
Hi Brow Classic - Shaping & contouring (Available also in Series) — 30 minutes
Eyebrow & Lip wax - Hair removal — 30 minutes

Wedding Services

Allow Willow Stream to take the stress out of pre-wedding needs. Allow us to put together a package personalized to your wedding needs whether it be, flawless skin through our oxygenating facials, luscious lash extensions or your perfect nails. Ask on of our experienced spa coordinators to recommend the best package for you and your bridal party.
Spa Etiquette

Spa environment
Willow Stream Spa is a place to restore your energy and relax. For your peace and privacy, phones and other electronic devices are not permitted. If you would to receive messages during your time with us, please let one of our colleagues know and we would be happy to assist.

Spa arrival and etiquette
We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. Please come and spend the day with us. To make any changes to your booking, please contact the Spa: T +86 28 8064 8555

Personal matters
Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can better customize your experience to your needs.

Spa attire
You will receive a robe and slippers to wear between treatments and a locker for your personal belongings. We ask that you please leave jewellery and valuables in your hotel room.

Gift cards
Gift cards are available for purchase. Please contact our Spa Experience Coordinators for further information.

Making spa appointments
T +86 28 8064 8555
Email: spa.chengdu@fairmont.com
Consult our Spa Experience Coordinators to select treatments that fulfil your personal requirements. The Spa is located on the 4th Level of the Fairmont Chengdu Hotel. Advanced reservations are recommended to ensure availability.

Spa cancellation policy
If you wish reschedule or cancel any spa appointments or packages, please notify the Spa 24 hours in advance. Missed appointments without proper notices are subject to a 100% charge for reserved services.