



“For many years, I took care of my body. Then one day I realized that I had to take care of my soul.” Doctor Nadia Payot

▪ Facial Treatments

Excellence Rituals

Personalized cares that ensure dazzling skin, includes micro-abrasion, concentrated active ingredients, Dr. Payot’s 42 movements massage and signature targeted masque for the radiant and youthful look of well-protected skin.

Experiences : includes an exfoliation of yours hands & beauty Elixir for your hair.

- Perfect Experience *Instant Glow with the gold mask, divine!*
- Pure White Experience *Whitening care: Helps spots fade away.*
- Hydra Experience *Hydrate the skin and leave it relax.*

Beauty Solutions :

- Absolute Lift *Firms and reshape the oval of the face*
- Line Corrector *Smooths fine lines and wrinkles*
- Energizing *Leaves the skin revitalized and radiant.*
- Purity *Detoxes and eliminates imperfections.*
- Smooth *Purifies and smoothes the skin.*

Express & Premium

Looking for a relaxation, for a glow or just for a care to clarify your skin :

Premium or Express facial cares is what you need for skin that is always splendid.

- Premium *Complete facial with a specific cream mask.*
- Pure Skin *Feel the sensation of a pure skin in only 45 minute.*
- Quick facial *First steps before the makeup, a must!*

▪ Rituals for men

Specially designed for men, the textures and fragrances are combined with unique active ingredients for well-toned, healthy, soft skin.

Body treatments

- OptiMale Sea Salt Scrub *Revitalizes and purifies the skin.*
- Body Wrap of the moment *Releases the tensions, re-energizes the body.*

The face

- OptiMale Excellence Ritual *Pure performance, brings your skin to life.*
- OptiMale Flash Facial *Stimulates and purifies the skin for optimal results.*

The hands and feet

- Revitalizing Pedicure *A moment to rest for an active man.*
- Spa Manicure *Impeccable hands.*

▪ Body Treatments

For soft skin

- Body scrub Almonds • Pistachios *Leave the skin feeling soft and velvety*

For a glowing effect

- Belle et Bronzée *Tanned skin, as though you're coming back from a sunny holiday!*

Body wrap

- Body wrap of the moment *Relaxes and revitalizes your body.*

For all-over care

- Slimming or Firming wrap *Correcting, invigorating, firming; including a scrub.*

▪ The Inescapable

- Precious hands care by Payot *Exfoliation, manicure, mask and massage for luxury hands.*
- Manicure Spa *Exfoliation, manicure and massage.*
- Precious feet care by Payot *Exfoliation, pedicure, massage and mask: what a treat!*
- Pedicure Spa *Exfoliation, pedicure and massage after shopping!*
- Regular or French nail polish *The final touch!*
- Nail polish replacement *Need a brand new color?*
- Light or intense makeover *Be magnificent!*
- Eyelashes Extension *Have a star look!*

■ The Massages

- Dr. Payot's signature *Mythic Dr. Payot's 42 movements with a beauty elixir of your hair and the aromatic experience inspired by your emotion of the moment.*
- Swedish Massage *Liberates and neutralizes body and mind tensions.*
- Massage with essential oils *Stimulate fatigued metabolism, experience total relaxation or decrease muscular tension : three types of oil for a unique massage.*
- Massage with Maple and Shea Butter *Hydrate your skin with this sweet and rich balm.*
- Deep Tissue Massage *A specific and deep approach, muscular release.*
- Sport Massage *Unparalleled deep muscular relaxation.*
- Amma massage *Aim the acupuncture points, stimulates and energizes.*
- Reflexology *Reflex massage of the feet and hands.*
- Hot stone Massage *The ultimate "cocooning".*
- Polynesian Shells Massage *Intense warmth and deep relaxation.*
- Bamboo massage *Deep pressure and drainage.*
- Mother to be *Specific massage adapted to your needs.*
- Back Delight *Massage that relaxes, corrects or tones for total well-being.*
- Anti-Stress Massage *Relaxing scalp massage to release tensions.*
- VIP-in room massage *The best way to relax in complete comfort.*
- Massage on the terrace *Outdoor experience (summer and fall seasons).*



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