Fairmont Lifestyle Cuisine Plus

Nutritious meals designed around select dietary needs and diet-dependent requirements

GLUTEN FREE

French Onion & Roast Beef Soup **$12**
Harley's Signature Garden Salad **$17**
Baby Arugula, Salad Mache, Sweet Potato Hay, Grilled Zucchini, Tomato & Mozzarella Salad
Aged Balsamic Dressing
Broiled Rockfish Painted with Lemon Thyme Pesto **$37**
Shrimp Potato Hash, Bermuda Gombey Pepper Jam Sauce
Meringue Nest, Vanilla Ice Cream, Chocolate Sauce **$9**

DASH/HEART HEALTHY

French Onion & Roast Beef Soup **$12**
Seared Sesame Crusted Ahi Tuna **$18**
Wasabi Vegetable Slaw, Sweet Soy Drizzle
Grilled Salmon, Exotic Pineapple & Mango Crumble **$29**
Orzo Pasta, Wilted Spinach, Smoked Chili Drizzle
Chicken & Chickpea Curry **$24**
Steamed Brown Basmati Rice
Frozen Fruit Yogurt **$11**

MACROBIOTIC

Wakame Salad & Pickled Pink Ginger **$12**
Toasted Sunflower Seeds
Baked Five Spice Dusted Rockfish **$37**
Wild Rice & Basmati Rice, Balsamic Marinate Blistered Asparagus, Cilantro Tomato Sauce
Berry Sorbet **$11**

DIABETES

Sundried Tomato Hummus with Fresh Vegetable Sticks **$14**
Chicken Broth **$9**
With Avocado & Toasted Sunflower Seeds
Steamed Atlantic Halibut, Ginger, Brocolini, Green Onion & Peppers **$38**
Steamed Brown Basmati & Wild Rice with Cilantro, Lite Soy Dip
Braised Chicken Breast, Smoked Paprika **$29**
Roasted Garlic Crushed Potatoes, Sweet Peppers, Capers & Olives Sauce
Fresh Strawberries & Cinnamon Toasted Almonds **$14**

VEGAN

Chilled Cantaloupe Soup, Watermelon Croutons **$9**
Toasted Spiced Sunflower Seeds
Black Bean Dip with Plantain Chips **$11**
Wild Mushroom & Sweet Pepper Stir Fry with Noodles **$22**
Chickpeas & Grilled Vegetables **$20**
Tomato Cumin Sauce, Wild Rice
Fresh Strawberries & Cinnamon Toasted Almonds **$14**

RAW

Lettuce Wraps **$14**
Filled with Shredded Vegetables, Sundried Tomato Dip
Avocado, Cucumber & Tomato Salad **$18**
Mixed Greens, Lemon Oil Dressing
Sliced Fruit Salad **$14**