



Fairmont Lifestyle Cuisine Plus  
Nutritious meals designed around select dietary  
needs and diet-dependent requirements

### **GLUTEN FREE**

**Fruit & Nut Muesli with Yogurt** \$25  
Mozzarella Cheese Omelet, Canadian Bacon, Sauté Breakfast Potatoes

### **DASH/HEART HEALTHY**

**Homemade Granola** \$15  
Honey & Peaches, Sliced Fruits with Yogurt

### **MACROBIOTIC**

**Steel Cut Oats with Miso** \$15  
Topped with Green Scallions, Steamed Vegetables

### **DIABETES**

**Steel Cut Oat Porridge** \$12  
With Dried Fruits & Nuts

### **VEGAN**

**Steel Cut Oat Porridge** \$9  
With Dried Fruits & Nuts, Fruit Spears, Brown Rice Syrup & Flax Seeds,  
Carrot Apple Muesli

### **RAW**

**Pear & Berry Smoothie** \$18  
Carrot Apple Muesli, Baby Spinach, Apple & Walnut Smoothie



Created using fresh and nutritionally balanced ingredients, Fairmont Lifestyle Cuisine Plus dishes contribute to Optimal Health & Wellness.

