

History of Afternoon Tea

According to legend, one of Queen Victoria's (1819-1901) ladies-in-waiting, Anna Maria Stanhope (1783-1857), known as the Duchess of Bedford, is credited as the creator of afternoon teatime. Because the noon meal had become skimpier, the Duchess suffered from "a sinking feeling" at about four o'clock in the afternoon. At first the Duchess had her servants sneak her a pot of tea and a few breadstuffs. Adopting the European tea service format, she invited friends to join her for an additional afternoon meal at five o'clock in her rooms at Belvoir Castle. The menu centered around small cakes, bread and butter sandwiches, assorted sweets, and, of course, tea. This summer practice proved so popular, the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields." The practice of inviting friends to come for tea in the afternoon was quickly picked up by other social hostesses.



Traditional Afternoon Tea

Begin with savory sandwiches followed by home-baked scones with clotted cream. The final course will be sweet delights, all accompanied by your choice of Fairmont Tea.

**Fresh Baked Butter & Raisin Scones
Devonshire Clotted Cream
Homemade Fruit Preserves**

Tea Sandwiches

**Roasted Turkey, Brie, Cranberry Relish, Saffron Pecan Baguette
Organic Egg Salad, Cucumber Ribbons
Smoked Salmon, Lemon Mascarpone Pinwheel
Heirloom Tomato, Crisp Pancetta, Rosemary Focaccia**

Sweet Pastries

**Raspberry Tarlets
Opera Torte
Charred Lemon Curd
Chocolate Mocha Choux
Macaroons
39 per person**

*Add a glass of Moët & Chandon champagne to your
Afternoon tea— 20 per glass*

Children's Bubblegum Tea

**Bubblegum Tea
House-made Traditional Sweet Scone
Finger Sandwiches:
Peanut Butter & Jelly, Black Forest Ham & Canadian Cheddar
Egg Salad on Brioche
Fresh Strawberries with Devonshire Cream & Preserves
Giant Chocolate Chip Cookie, Mini Jello & Lemon Tartlet
19 per child - 12 years and under**

Applicable taxes and gratuities are additional.

Tea at the Fairmont

Our signature Fairmont Teas blended exclusively by The Metropolitan Tea Company for Fairmont guests.

FAIRMONT BLACK TEAS:

FAIRMONT BREAKFAST, India ~ *full-bodied cup with burgundy depth & malt highlights...takes milk very well*

FAIRMONT EARL GREY, Sri Lanka ~ *the best Earl Grey available...all natural bergamot flavouring with seasonal high mountain grown Ceylon Tea*

VERSAILLES LAVENDER EARL GREY, France ~ *French #1 super blue lavender transports a floral harvest in Provence to a simply intoxicating Earl Grey*

EMPRESS ORANGE PEKOE, Sri Lanka ~ *malty, full-bodied with hints of floral flavour & a touch of oakiness...takes milk very well...one of the best Orange Pekoes in the world*

FALL HARVEST, India ~ *black tea Infused with Dried Cranberries and Cinnamon with just the right touch of spice.*

MAPLE MAPLE, Sri Lanka ~ *a lovely caramel-like flavour - adding sugar is recommended as it enhances the taste profile*

MARGARET'S HOPE DARJEELING, India ~ *lovely muscatel notes...light in the cup, make it a bit stronger if adding milk*

1907 CENTENNIAL BLEND, India ~ *limited edition commemorative brew...a blend of delightful Kenmare, rich Imperial Keemun, touches of malty Assam from Borengajuli estate, full-bodied Assam from Keyhung and a South Indian tea from Nonesuch estate plus a dash of Earl Grey...a taste of history!*

ICE WINE, Sri Lanka ~ *a delicious fresh and piquant white grape flavour with hints of exotic fruit that pleasantly lingers on the tongue.*

ROYAL BENGAL TIGER, Sri Lanka ~ *hints of cinnamon, passion fruit and mango makes this a perfect tea to sip with sweets*

KANGAROO LAPSANG, Taiwan ~ *deep and flavorful this tea picks up it's smoky flavour from a pine and oak fire.*

LOVERS LEAP, Sri Lanka ~ *excellent floral flavour in a cup that goes perfect with sweet scones.*

FAIRMONT WHITE TEA:

WHITE MONKEY PAW, China ~ *velvety smooth with delicate, but intense green tea flavour*

FAIRMONT GREEN TEAS:

GINGER GREEN, China ~ *green tea and ginger mix perfectly to create a soothing yet awakening cup.*

JASMINE BUTTERFLY #1, China ~ *classic Chinese green tea with enticing floral notes...excellent for sipping and conversation*

KYOTO CHERRY ROSE, China ~ *clever combination of cherry and rose coupled with green tea...a dash of sugar enhances the flavour profile*

FAIRMONT HERBAL TEAS:

CASCADE PEPPERMINT, USA ~ *excellent aroma...soothing and has natural properties to ease upset stomachs & cramps.*

EGYPTIAN CAMOMILE, Egypt ~ *often consumed to enhance sleep & 'calm you down'... a dash of lemon is often recommended*

LEMON ROOIBOS, South Africa ~ *fresh lemon character...rooibos hails from South Africa and becoming very popular as it contains many nutrients*

ANGEL FALLS MIST, Canada ~ *a wildly, exotic strawberry and lemon character...a pinch of sugar boosts the flavour profile... terrific herbal tea - hot or iced!*

ROSE BUDS & PETALS, Italy ~ *light floral notes and a lingering finish makes this the perfect tea to sip during the afternoon.*

