

# FITZHUGH'S TO GO

## Breakfast Items

### **Daily Selection of Whole Fruit 2.00**

A daily selection of seasonal whole, fresh fruit.

### **Fitzhugh's Breakfast Parfait 7.00**

Layered cranberry granola, Greek style plain yogurt, fresh berries and rooftop honey drizzle.

### **Fitzhugh's Breakfast Sandwich 5.50**

Poached egg, Canadian back bacon, aged cheddar, served on an English muffin.

## Sandwiches

### **The JPL Deli Sandwich 10.00**

Genoa salami, capicola, black-forest ham, provolone cheese, vine tomatoes, crisp romaine, olive & balsamic aioli, basil pesto, grainy mustard on house-made focaccia.

### **Alberta Roast Beef Sandwich 10.00**

Hand cut roasted Alberta beef, Alberta cheddar, horseradish mayonnaise, Dijon mustard, vine tomatoes, crisp lettuce on a house-made pretzel bun.

### **The Free Range Turkey Sandwich 10.00**

Shaved Alberta smoked turkey, rooftop honey mustard, Swiss cheese, crisp lettuce, arugula mayonnaise on house-made ciabatta.

### **The Veggie Wrap 8.00**

Roasted vegetable and quinoa with fine herbs, roasted red pepper hummus, vine tomatoes, greenhouse sprouts, goat cheese on a whole wheat tortilla.

## Salads

### **The JPL Caesar 10.00**

Handpicked romaine hearts, fresh garlic, house-made caesar dressing, focaccia croutons,  
*Twin Meadows Farm* garlic confit, slow roasted Alberta tomatoes, lemon, shaved parmesan, crisp bacon.

### **The Chef's Salad 10.00**

Chopped romaine hearts, julienned ham, julienned smoked turkey, hard boiled organic eggs, Alberta tomatoes, cucumbers, peppers, carrots with house-made buttermilk-ranch dressing.

### **Fresh Fruit Platter 10.00**

Freshly diced cantaloupe, honeydew, watermelon, pineapple & seasonal berries served with our rooftop honey yogurt dip.

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## Pastry Items

Chocolate Chip Cookies 2.00  
Oatmeal & Raisin Cookies 2.00  
Orange & Cranberry Biscotti 2.00  
Lemon & Pistachio Biscotti 2.00  
Nanaimo Bars 3.50  
Banana Bread 3.50  
Zucchini Bread 3.50  
Pear Almond Cake 3.50  
Cheesecake Lollipop 2.00  
Hand Made Truffles 1.25

## Bakery Items

Classic Croissants 3.50

Chocolate Croissants 3.50

**Muffins** 3.50      chocolate chip   •   wild-berry   •   raisin bran   •   carrot   •   gluten free blueberry

**Danishes** 3.50      cream cheese & blueberry   •   custard & fresh fruit   •   custard & hazelnut

**Bagels** \$3.50      plain   •   whole wheat   •   everything bagel   •   cinnamon raisin   •   plain gluten free

*Served with your choice of cream cheese*  
classic   •   blueberry   •   roasted garlic & tomato

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## Combos



### **On The Run \$6.00**

Large coffee & 1 pastry or bakery item



### **Barista Special \$7.75**

large latte or mocha & 1 pastry or bakery item



### **Breakfast Special \$8.00**

large coffee & J.P.L Breakfast Sandwich



### **Healthy Start \$11.00**

large coffee, Fitzhugh's Breakfast Parfait, one piece of whole fruit



### **Skiers Lunch To-Go \$15.00**

**Your choice of:** large coffee • Minute Made Juice • Power Aid • Milk-2-Go.

**Your choice of:** homemade sandwiches • salads

...and one of our **pastry selections**

add \$1 to any combo to substitute latte or mocha for large coffee