DINING

BROWN'S BEACH HOUSE RESTAURANT

Big Island-inspired cutting edge cuisine takes center stage at The Fairmont Orchid's AAA Four Diamond award winning Brown's Beach House restaurant known for its expansive ocean views, incomparable cuisine and sophisticated service with Aloha. Innovative island-inspired cuisine is drawn from simple, pure flavors of locally grown produce using the diverse variety of fresh seafood from our island waters and the finest mainland meats. The restaurant is named after Francis H. I'i Brown, a gifted statesman and leading Hawaiian figure in the 20th century and former landowner of this area now known as Mauna Lani Resort. Dinner served daily with evening entertainment by an accomplished Hawaiian guitarist.

Touch 7368 for reservations.
Dinner nightly 5:30 p.m.-8:30 p.m.

NORIO'S JAPANESE RESTAURANT & SUSHI BAR

A favorite among guests, visitors and locals alike, Norio's Japanese Restaurant & Sushi Bar is located alongside a serene koi pond on the garden level. The 60-seat restaurant features a 14-seat sushi bar and an 18-seat private dining room. The menu is a blend of contemporary Japanese cuisine with a nod to traditional favorites through the combination of Japanese fundamentals with assorted cooking techniques and innovative presentations.

Touch 7368 for reservations
Dinner Thursday-Monday
6:00 p.m.-9:30 p.m.

HALE KAI RESTAURANT

Hale Kai Restaurant is a family friendly, toes-in-the-sand dining experience located poolside just steps from the shoreline. Hale Kai Restaurant offers lunch and dinner options ranging from pupus (appetizers) to sandwiches, salads, pizzas, burgers and more.

Lunch and Dinner Daily 10:00 a.m.-9:00 p.m.

LUANA LOUNGE

Enjoy a leisurely afternoon or evening with your favorite tropical libation, nibble from a delectable pupu (appetizer) menu and relax in comfortable furnishings surrounded by local Big Island art and the glorious Kohala Sunset. Located near the main lobby.

Daily from 5:00 p.m.-Midnight

Join us for "PAU HANA AT LUANA" the best way to enjoy the end of the day. Enjoy drink specials and 25% off delicious pupus (appetizers). Pau Hana at Luana is offered nightly from 5:00 p.m.-6:30 p.m.

BROWN'S DELI

Located poolside, Brown's Deli offers breakfast and lunch items delicatessen style with an island flair plus your favorite beverages to enjoy at outdoor tables or wander down to the beach.

Daily 6:30 a.m. - 5:00 p.m.

BREAKFAST AT THE ORCHID COURT RESTAURANT

A tropical breakfast experience, the Orchid Court serves the premiere breakfast on the island offering a sumptuous rotating menu buffet daily and a tempting selection of à la carte items perfect for the dawn patrol or late risers alike.

Daily 6:30 a.m.-10:30 a.m.

GATHERING OF THE KINGS

Combining the best of Hawai'i, award-winning Island Breeze Productions has created a lu'au that shares the stories of this land area called Kalahuipua'a, and celebrates the beauty of Polynesia through song and dance. This is a memory you will treasure long after returning home. Held Saturday evenings.

Touch 7368 for reservations and more information.

DAILY TORCHLIGHTING

Held prior to sunset daily beginning at the Luana Lounge Terrace, this time-honored tradition, the blowing of the conch shell or "pu" by our Orchid Beach Boys and Beach Girls signifies the ending of another beautiful day in paradise. A must see for keiki (children) and adults alike!

THE Fairmont ORCHID HAWAI'I

Aloha and welcome to The Fairmont Orchid, Hawaii!
Enclosed you will find a wide variety of activities we hope you enjoy during your stay with us in paradise.

Concierge Desk Hours:
7:00 a.m. – 7:00 p.m. daily

Resort Phone Number: (808) 885-2000
Resort Fax: (808) 885-5778

www.fairmont.com/orchid

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Activities GUIDE

THE Fairmont ORCHID HAWAI'I

COMPLIMENTARY BEACH CLUB ACTIVITIES

Meet At The Beach Shack.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00	Petroglyph Hike	Historical Hike	Cultural Hike	Historical Hike	Petroglyph Hike	Cultural Hike	Cultural Hike
9:30	Fairmont Fit For Kids*	Fairmont Fit For Kids*	Fairmont Fit For Kids*	Fairmont Fit For Kids*	Fairmont Fit For Kids*	Fairmont Fit For Kids*	Fairmont Fit For Kids*
10:30	Snorkel Introduction	Introduction to Hula	Canoe Rides	Tide Pool Education	Honu Snorkel & Education	Canoe Rides	Botanical Tour
3:00	Hawaiian Arts and Crafts	Hawaiian Arts and Crafts	Hawaiian Arts and Crafts	Hawaiian Arts and Crafts	Hawaiian Arts and Crafts	Hawaiian Arts and Crafts	Hawaiian Arts and Crafts

HUI HOLOKAI

Hui Holokai, our Fairmont Orchid Beach Club Ambassadors, look forward to sharing their cultural knowledge, ocean skills, storytelling talents and aloha. Join them for stand up paddle boarding, outrigger canoe adventures, snorkeling and more.

* Fee applies

BOTANICAL TOUR

Tour the beautifully landscaped grounds of The Fairmont Orchid.

CANOE RIDES

A quick lesson in traditional Hawaiian canoe paddling.

DAILY HIKES

Join an Orchid Beachboy and explore historic fishponds, shelter caves, petroglyph fields or our very own orchid hike to learn about Hawaiian treasures.

FAIRMONT FIT FOR KIDS

Fairmont's fitness program for our guests aged 5-12 designed to improve your athletic skills for baseball, basketball, football, lacrosse, skateboarding, soccer and more. Inquire at the Beach Shack.

HAWAIIAN ARTS AND CRAFTS

Weave a bowl, basket, fish and other souvenirs from coconut fronds, pandanus leaves and more. Sign up by 12:00 Noon at the Beach Shack.

SNORKEL INTRODUCTION

This 30-minute snorkel introduction is perfect for beginners or for those looking for a refresher.

TIDE POOL EDUCATION

Discover the ocean's natural sanctuary to find an abundance of sea life. Water shoes, hats and sunscreen recommended.

LEARN FROM THE BEACHBOYS

For information and pricing touch 7524.

FISHING ADVENTURE

Learn Hawaiian fishing techniques aboard a double-hulled canoe with an Orchid Beachboy.

SURF ADVENTURE

Learn how to "Hang Ten" with an Orchid Beachboy at our Pauoa Bay- based on surf conditions.

STAND UP PADDLE BOARD

For fitness, exploration, or fun, make your reservation for a Stand Up Paddle Board adventure at the beach shack.

CANOE OR KAYAK ADVENTURE

A snorkeling adventure by canoe or kayak with an Orchid Beachboy guide will take you along the Kohala coastline.

FITNESS AND WELL-BEING SCHEDULE

For information and pricing touch 7540.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	Floating Yoga				Floating Yoga		
8:00	Seaside Yoga	Seaside Yoga	Seaside Yoga	Seaside Yoga	Seaside Yoga	Seaside Yoga	Seaside Yoga
10:00	Core Fusion	Seaside Meditation	Eyes & Memory Jog	Fountain of Youth	Core Fusion	Wellness Coaching	Wellness Coaching
11:30	Pool Aerobics	Ocean Aerobics	Ocean Aerobics	Ocean Aerobics	Pool Aerobics	Relax Into Action	Quiet Mind
1:30		Barefoot Walking Meditation		R&R Yoga			

Our award-winning Spa Without Walls lets you enjoy the splendor of Hawaii's tropical climate. With the soothing sounds of water, the pleasant ocean breezes, and the floral scent that fills the air, our treatments incorporate products from right here on the Big Island.

SEASIDE YOGA

Unwind your tensions. Open up your body. Clear your head. Enjoy this moment. Great for beginners. Meet at Beach Shack.

FLOATING YOGA

Practiced on a stand up paddle board, Flo-yo, connects the mind, body and breath and demonstrates benefits of building strength through balance and resistance. Meet at the Beach Shack at 6:45 a.m. Participants must be able to carry paddle board from the beach to the lagoon.

OCEAN AEROBICS

A whole new dimension in AquaFitness. Uniquely filled with beauty, energy, ocean minerals, and cardio fun.

CORE FUSION

Blend of Pilates with Yoga, Dance and Stretch.

POOL AEROBICS

An all body pool workout. Meet at Pool.

SEASIDE MEDITATION

Simple time-tested methods to clear and focus your mind for greater peace and well-being.

BAREFOOT WALKING MEDITATION

Learn about the health benefits of Earthing. Tap to shift negative neural pathways and install positive beliefs.

EYES AND MEMORY JOG

Join a fun, interactive session to sharpen your memory and clear your eyesight.

FOUNTAIN OF YOUTH

A dynamic breathing and moving practice that takes just 15 minutes a day for radiant, youthful regeneration.

R&R YOGA

Five resting postures supported by sand, palms, stone and towels.

RELAX INTO ACTION

A new look at the science and power of relaxation.

QUIET MIND

Meditation for balanced living. Timeless ways to quiet and focus the mind for better clarity, insight, and calm in our daily and professional life.

WELLNESS COACHING

True luxury is "living well". Our wellness coach will help you achieve your personal goals, whether it be renewed energy, stress reduction, or total fitness.

ADDITIONAL OFFERINGS

FUN & SUN ACTIVITY PASS

Enjoy beach and water equipment throughout your stay. Available for purchase at the Front Desk, Concierge Desk, the Beach Shack, the Spa Without Walls and the Pool Kiosk. $75 Adults, $65 Children (ages 5-12), good for your entire stay.

CABANA EXPERIENCE

Our poolside or beachside cabanas offer a private experience including your favorite snacks and refreshments. Rates from $45/day.

SAND VOLLEYBALL

Our Sand volleyball court located behind the Beach Shack is open to guests. Stop by the Beach Shack to pick up your kinipopo (ball).

TENNIS CENTER

The 10-court, full-service Tennis Center features lights for evening play and a stadium court. Touch 7654 for more information.

KEIKI ALOHA ADVENTURE

Adventure for children 5 to 12 years old. Children will learn to explore Hawaii safely by discovering tide pools, petroglyphs and more. Full and half day programs. For pricing and reservations call 7320.