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WILLOW STREAM

A FAIRMONT SPA

In-room Men's Treatment Menu

Treatments commence at 10:00 am with last available appointment at 9:00 pm

Massages

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| Relaxation Massage—60/90 minutes | 435/645 |
| <i>Light pressure</i> | |
| Tailored to your specific needs or preferences, this full-body Swedish-style massage, performed with gentle intensity, is designed to increase circulation, enhance lymphatic drainage, and promote relaxation and sleep. | |
| Stress-Relief Massage—60/90 minutes | 455/675 |
| <i>Medium pressure</i> | |
| This medium-pressure massage is designed for the sole purpose of stress relief, and focuses on your main tension points—head, neck and shoulders—using a muscle-melting massage oil. | |
| Stay Active Sports Massage—60/90 minutes | 455/675 |
| <i>Deep pressure</i> | |
| This deep-pressure massage, part of our Stay Active program, is tailored to the areas of your body that require relief from tension or muscle and joint pain. Where there is swelling or inflammation, a cooling aid may be introduced; where there is stiffness or a combination of stiffness and inflammation, heat will be added. The massage features a unique warm Indonesian ginger-oil blend. | |

Men's Grooming Treatments

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| Hand Grooming—45 minutes | 95 |
| <i>Quick fix</i> | |
| Designed for the busy executive, this treatment includes nail shaping and buffing, as well as a cuticle tidy-up. | |
| Executive Hand Grooming—60 minutes | 255 |
| <i>The works</i> | |
| This manicure for men features a deluxe diamond exfoliation, a skin-softening treatment, a HOMMAGE BlackBerry hand massage and a moisture-sealing paraffin treatment. | |
| Foot Grooming—45 minutes | 125 |
| <i>The works</i> | |
| Your feet will feel healthy and refreshed after this stimulating treatment, which includes an exfoliation, a nail and cuticle treatment, and a soothing massage. | |
| Executive Foot Grooming—60 minutes | 295 |
| <i>The royal treatment</i> | |
| Pamper your feet with this presidential pedicure, featuring a diamond exfoliation, a skin-softening treatment, a deep foot and leg massage, and a hydrating paraffin treatment. | |

All prices are in AED, and include taxes and 10% gratuity.

To book your Willow Stream experience please contact one of our Spa and Health Club Experience Coordinators by phone: 04 457 3460, by email: palm.willowstream@fairmont.com, or by visiting our Health Club Reception.

We look forward to helping you Find Your Energy!

