

#### In-room Women's Treatment Menu

Treatments commence at 10:00 am with last available appointment at 9:00 pm

### Massages

# Relaxation Massage—60/90 minutes

435/645

Light pressure

Tailored to your specific needs or preferences, this full-body Swedish-style massage, performed with gentle intensity, is designed to increase circulation, enhance lymphatic drainage, and promote relaxation and sleep.

## Stress-Relief Massage - 60/90 minutes

455/675

Medium pressure

This medium-pressure massage is designed for the sole purpose of stress relief, and focuses on your main tension points—head, neck and shoulders—using a muscle-melting massage oil.

## Stay Active Sports Massage - 60/90 minutes

455/675

415

Deep pressure

This deep-pressure massage, part of our Stay Active program, is tailored to the areas of your body that require relief from tension or muscle and joint pain. Where there is swelling or inflammation, a cooling aid may be introduced; where there is stiffness or a combination of stiffness and inflammation, heat will be added. The massage features a unique warm Indonesian ginger—oil blend.

## Finishing-Touch Treatments

#### Make-up services

Daytime Make-Up 60 minutes

We proudly offer Jane Iredale Mineral Makeup, which is non-comedogenic, oil-free and recommended by plastic surgeons, dermatologists and skin-care professionals. Jane Iredale products provide UVB and UVA protection, contain pharmaceutical-grade vitamins and antioxidants, ensure fast and weightless coverage, and are ideal for sensitive skin. Let our skilled spa professionals create a beautiful look for you, or help you create your own.

Daytime Make op 60 minutes	713
Night-Time Glamour 60 minutes	445
Smoky Eyes 30 minutes	225
Wedding Make-Up 75 minutes	555
Hair services	
Hair Wash and Blow-Dry Short 30 minutes	205
Hair Wash and Blow-Dry Medium 60 minutes	215
Hair Wash and Blow-Dry Long 75 minutes	225
Hair Up 60 minutes	305
Hair Curls Using GHD 60 minutes	315

### Reviving Manicure—45 minutes

Hydrate your hands

This manicure experience, designed to hydrate and beautify tired hands, uses our Willow Stream Reviving product line—a refreshing, uplifting aromatherapy blend of grapefruit, eucalyptus, patchouli and lemon. Hands are exfoliated and massaged, cuticles are treated and nails receive a polish application.

### Reviving Pedicure—45 minutes

115

For tired toes

Revive aching feet with a refreshing foot scrub and a cool massage, which will leave you feeling as though you are walking on air. An application of polish ensures that your feet are party-ready.

#### Ener-g Manicure—60 minutes

255

**Aromatic** 

This hand experience uses our Willow Stream Ener-g line—an exclusive blend of bergamot, rose geranium, clary sage and camomile. It includes a hand soak, a myrrh nail-oil application, a hand exfoliation, a hand arm massage with hydrating and skin-conditioning body butter, and a moisture-sealing paraffin treatment.

#### Ener-g Pedicure-60 minutes

295

Royal treatment

Featuring the signature Willow Stream Ener-g line—an exclusive blend of bergamot, rose geranium, clary sage and camomile—this experience is not only a beauty treatment for your feet, but an energising lift for the whole body. It includes a foot soak in sea salts and minerals, an exfoliation, a foot massage with hydrating body butter, and a nourishing paraffin treatment.

### **OPI Gelcolor Manicure or Pedicure—45 minutes**

185/225

Long-lasting

In this treatment, nails are shaped, cuticles are treated and a gel polish, lasting approximately two to four weeks, is applied to the nails.

Gel Removal 65

Allow our nail technicians to remove your gel polish without causing damage to the nail bed. Includes a hydrating hand and nail massage.

All prices are in AED, and include taxes and 10% gratuity.

To book your Willow Stream experience please contact one of our Spa and Health Club Experience Coordinators by phone: 04 457 3460, by email: palm.willowstream@fairmont.com, or by visiting our Health Club Reception.

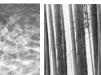
We look forward to helping you Find Your Energy!











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