



Willow Stream Spa Treatment Introduction

Signature experiences

Willow Stream Gold Finesse

150mins

Rmb1, 580

Specially selected essential oil including seasonal flowers and fresh fruits for a body scrub, in synergy with new age sports massage techniques, that leaves the skin radiant and smooth from top to toe, while simultaneously relaxing the body, mind and soul.

Anti – Aging Relaxing Jade Facial Therapy

90mins

Rmb1, 480

A personalized facial experience combining a Jade massage to reverse the appearance of aging – including specialized neck and hand therapy to enhance blood circulation and rejuvenate the cell's functions and skin elasticity, firms facial features while restoring luminosity.

Willow Stream Wisdom

90mins

Rmb1, 280

Hydrate your skin and quiet your mind with this combination treatment of a relaxing foot ritual and flower bath with selected bath oils and herbs, that is completed by a warm massage with a warm herbal pouch to induce a serious state of relaxation. This treatment leaves you supremely prepared for a sound night's sleep.

Information and prices are subject to change without notice –
a 15% service charge for all spa services and packages will be added to your bill.

Willow Stream Classic Massage

Find Your Energy

60mins/90mins

Rmb880 / Rmb1, 180

Great for combating fatigue, this East-meets-West massage uplifts your mood and heightens your energy. An intense massage with the chosen essential oil (to revive, relax or de-stress) realigns your body, mind and spirit.

Stress Relief

60mins/90mins

Rmb880 / Rmb1, 180

Combining aromatherapy gentle pressure on specific points of the body with long palm strokes and thumb pressure to increase comfort and well-being. Specially selected essential oils apply this treatments Vitality, Serenity, Anti-Stress, Detox and Sensuality.

Jet Lag Cure

60mins/90mins

Rmb880 / Rmb1, 180

Long distance travel is physically and mentally exhausting and this treatment works on both levels to help you recover from the journey and adjust to your new environment. The treatment begins with an inhalation of eucalyptus to clear the airways. Body brushing gets the circulation going and stimulates the skin before a series of stretching and invigorating massage techniques re-align the body and get it moving again.

Sun and Moon

60mins/90mins

Rmb880 / Rmb1, 180

Just as the sun brings life-giving energy, remedial acupressure releases tremendous energy from the body. And, just as night gives our bodies time to repair themselves, traditional Chinese Tui Na (compression of the areas between joints) restores normal blood and energy flow, bringing the body to balance.

Aroma Herbal Yoga Therapy

90mins

Rmb1, 200

Inspired by traditional yoga stretching techniques, this treatment combines highly effective manipulations from light stretching, Tuina, Shiatsu and warm herbal pouch massage, which is focused on tired muscles and helps for improving pains from articulation. Sore, tight muscles meet their match in this manipulations technique — while creating harmony, balance and flexibility in the body's vital energies.

Specialized Massage

Remedial Reflex

30mins/60mins

Rmb380/Rmb680

Originating in China some 5,000 years ago, pressure-point touch alleviates pain and, especially when applied to the feet, releases blockages and promotes the flow of energy through the body.

Bund Back Massage

30mins/60mins

Rmb380/Rmb680

The well-being of the spine is crucial to our overall health and this therapeutic massage increases freedom of movement and helps prevent injury by building a strong, flexible core.

Stream Stone Massage

90mins

Rmb1, 380

Heated basalt stones and warm hands work together in this tension-relieving massage, which allows a penetrating heat to spread through every muscle of the body.

Nurturing Massage

90mins

Rmb1, 180

Designed for expectant or nursing mothers, this customized massage focuses on areas of water retention, alleviates muscle strain and minimizes discomfort. Highest-grade unscented oils are used to nourish your skin and help it maintain its elasticity.

Body Experiences

Sea Salt Body Scrub

60mins

Rmb680

Refreshing oils and a highly effective salt scrub are combined with a gentle massaging technique to stimulate blood circulation and remove dull, dry surface cells revealing baby soft, radiant skin. Skin's metabolism is revitalized and the silhouette firmed.

Finely Ground Olive Body Scrub

60mins

Rmb680

Nourish body and soul with this luxurious treatment with natural olive essence and seaweed extracts which is designed to rejuvenate dry, out-of-condition skin. Your skin has never felt so amazing.

Seasonal Body Scrub

60mins

Rmb680

Selected essential oil including seasonal flowers, fresh fruits for the body scrub are combined with gentle massaging to leave skin radiant and smooth from top to toe, while simultaneously relaxing the body, mind and soul.

Milk-Honey Firming Body Wrap

60mins

Rmb780

Every woman wants lovely, well-groomed hands and arms. This treatment is particularly necessary for stressed, dry and horrified areas. After this treatment, you will instantly feel improved elasticity, smoothing of rough spots and firming of tissue.

Aroma-Algae Contouring Body Treatment

60mins

Rmb780

Metabolic disturbances cause problems in hips, abdomen, loins, and thighs. Metabolic lethargy helps to increase deposits, encourage water, fat and toxins to retain in the tissue. The results of a regular use of this body contouring treatment, are visible improvements of bodies contours, a more even skin surface and a reduction of annoying fatty deposits. You feel perceptibly lighter and slimmer.

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Facial Experience

Peace Aroma Facial

60mins

Rmb680

Relax, experience our comforting basic treatment and enjoy every minute of your own personal beauty care treatment. During an exceptionally beneficial treatment you will relax wonderfully and tank up the energy you need to face the daily challenges. This is the way to give your skin living beauty.

Peace Cleansing Facial

60mins

Rmb780

The most deep cleansing facial for normalizing the skins surface. Skin is cleaned deep down into the pores, inflammations are soothed and skin tone refined. The Deep Cleansing Treatment leaves your skin smoother, supple and fresh-to the eye and to the touch.

Oxygen Calming Facial

90mins

Rmb780

This treatment with an Oxygen Formula works to improves cell respiration. This active biological cell function, results in substantial skin performance boosts. The Oxygen Sensitive Treatment is an experience in metabolic enhancement and deep strength development.

Moisturizing Facial

90mins

Rmb880

Give your thirsty skin the moisture and care it needs. This treatment increases the skin's water-binding capacity and provides long-term improvement in skin moisture levels. Fine lines and wrinkles are smoothed and your skin takes on a radiantly fresh look!

Golden Caviar Deluxe Facial

90mins

Rmb1, 180

An intensive Spa treatment that pampers the skin in total luxury. Caviar's unique effects promote the skin's vitality and resilience, giving it a refined, more even and fresh look.

Pure Collagen Lifting Facial

90mins

Rmb2, 080

Pure Collagen treatment is ideally suited for the restoration of the skin's balance, even for the very sensitive skin. The treatment, instantly and intensely moisturizes, cools and vitalizes the skin. Irritations and inflammations are soothed while tissue firms up. It acts as a "mini-lift" and gives skin a refreshed, more youthful look.

Anti-Stress Facial (For Men)

90mins

Rmb880

Relax to the max: The treatment to pamper men's stressed skin, calm minor shaving irritations and give skin a new energy boost. After a deep-pore cleansing, skin is vitalized with high-performance ingredient concentrates and an anti-stress massage. Experience deep-down relaxation and the pleasure of fresh, vital, smooth, clear and pure skin.

Anti-Aging Throat & Décolleté Treatment

30mins

Rmb780

The throat & décolleté is very easy to show off your age. This treatment provides firming throat and décolleté care. This experience has a regenerative effect and delays and reduces signs of aging in the throat area, while strengthening and firming the supportive tissue of the décolleté.

Anti Wrinkle Eye Treatment

30mins

Rmb380

In this treatment, the delicate eye area is soothed and revitalized. The treatment immediately refreshes the tired eye area while relaxing and reducing swelling. Fine lines and wrinkles are refined and the moisture of the skin is regulated.

Peace Packages

Paris of the East – For Ladies / Gentlemen

120mins

Rmb1, 480

Famed for its decadence and its blend of Eastern and Western styles, Shanghai was known as the 'Paris of the East' in the '20s and '30s. Return to that golden age with this package, which combines a modern beauty regime with age-old Chinese practices. Therapists perform the Peace signature Jade Facial for ladies and Vitality Facial for gentlemen and traditional Chinese tuina massage simultaneously, for a supremely pampering experience.

Body Restored – Rebuild and resurface

90mins

Rmb1, 180

Just as extensive restorations have returned Fairmont Peace Hotel to its former splendor, occasionally our skin needs to be "surfaced" to return it to its natural radiance. This professional skin therapy makes you: Relax, De-stress and Revive.

Radiance Revealed – Renew and refine

90mins

Rmb1, 180

Our skin is constantly under stress. This super-hydrating body wrap, featuring a soothing milk honey body wrap, followed by a relaxation massage to repair and renew the radiance of even the most dry, sensitive or sun-exposed skin, leaving your skin natural and beautiful.

Peace Scene

Empty your mind of cluttering thoughts, and focus on the present: our hydrotherapy can be enjoyed as a standalone treatment or it can be combined with other treatments as the beginning/closing of the spa journey.

Peace of Mind - Restful

30mins

Rmb380

Featuring anxiety – relieving, frankincense, releases long-held tension.

Peace and Quite - Tranquility

30mins

Rmb380

With essential oils of vetivert and sandalwood, renowned for their calming and grounding effects.

Fruition Peace – Nature Pampering

30mins

Rmb380

Hydrate your skin with tea and seasonal fruits, nourish your skin and ensures a natural bath experience.

Hand and foot experiences

Peace Revamp

45mins

Rmb380

Cleaning, cuticle work and an application of Haute Couture lacquer on your fingernails or toenails (or both)—plus a basic nail grooming, buff and file.

Shanghai Manicure or Pedicure

75mins

Rmb580

Indulge in a classic manicure or pedicure, including a nail soak, exfoliation, cuticle work and nail grooming. After being buffed to a high shine, your nails will be treated to an application of Haute Couture lacquer

Waxing services

Face (Lip, Chin or Eyebrow)	15mins	Rmb220
Underarm	15mins	Rmb260
Basic Bikini	15mins	Rmb280
Half Arm	15mins	Rmb280
Shoulder	15mins	Rmb280
Chest	15mins	Rmb280
Full Back	30mins	Rmb320
Full Arm	30mins	Rmb320
Half Leg	30mins	Rmb320
Full Leg	45mins	Rmb400

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Enhancing your Spa Experience

Spa Experience

We're passionate about taking all the time you need to find your energy, and as with everything worthwhile, there are no short cuts to an outstanding spa experience, allow at least 30 minutes extra time pre and post treatment to find your energy, find yourself, find Peace.

Spa Environment

Willow Stream is an adult sanctuary. Guests must be 18 years of age or older. Mobile phones, Blackberry or other electronic devices are to be switched to "silent mode" in order to create a quiet environment. No cameras of any kind is permitted to protect your privacy. If you wish to receive messages during your time with us, please let our spa team know and we'd be happy to assist you.

Spa Reservations

Hotel Direct Line: (8621) 6138 6888

Spa Extension: 6818

Spa Reservation Line: (8621) 6138 6818

Spa Reservation Email: PCE.willowstream@fairmont.com

Please call our Experience Coordinators prior to your arrival at the hotel, or from your hotel room press your speed dial button on your guest telephone. You may also wish to email your enquiry or reservation. Advanced reservations are recommended to accommodate your preferences, and our Experience Coordinators are delighted to assist and guide which experience will suit your needs, questions are welcomed and encouraged.

Cancellations

If you must reschedule or cancel your confirmed spa appointment, please notify the Spa 4 hours in advance to avoid being charged 50% of the service. A no show will result in a charge for the full service amount.

Hours of Operation

Fitness Centre: 6:00 a.m. to 11:00 p.m.

Spa Swimming Pool & Facilities: 6:00 a.m. to 11:00 p.m.

Spa Appointments Availability: 10:00 a.m. to 11:00 p.m.

Spa Arrival & Etiquette

We recommend you arrive 30 minutes before your scheduled appointment. This allows you to familiarize yourself with the facilities and surroundings and provides you time to relax before your treatment. Please note, all treatments end on time, regardless of the start time, latecomers will be accommodated but their experience will be shortened. Please leave your valuables at home or in your hotel room safe.

Spa Attire

Willow Stream robes and slippers are provided, spa pajamas are used for some therapies, and a locker is available for your personal belongings. For your comfort and discretion, disposable spa underwear is to be worn during treatments, and be assured our therapists are trained in correct draping procedures for your complete privacy. Swimsuits are required in some areas of the spa.

Making the most of the Experience

To further enhance your spa experience, we recommend beginning with the steam room or experience shower to open up breathing, cleanse and detoxify while warming up the muscles. Have a brief rest period then follow this with a cooling activity, swim in the pool or a cold, refreshing drink – it's an invigorating way to bring your body temperature back to normal before your treatment begins.

Willow Stream Spa Gift Cards

Willow Stream Spa gift cards may be purchased for all spa treatments and packages. Please contact a Spa Coordinator at the Spa Reception for further details.

Service Charge

For all spa services and treatment packages, a 15% service charge will be added to your bill.

Gratuities

While it is not a requirement to leave a gratuity in China, it is of course appreciated. If you have had a memorable and exceptional experience with us and wish to leave a cash gratuity, please request an envelope from an Experience Coordinator at the Spa Reception or alternately you may charge it to your room or add it to your bill upon check out.

Spa & Fitness Team

All of our Spa & Fitness Team are available to assist you in customizing your own personal experience. Spa Experience Coordinators can arrange and plan your treatments, Experience Providers, our talented Spa Therapists will help you find your energy and Fitness Instructors will get you motivated towards your personal fitness goals. Life guards are also able to give you tips on improving your swimming stroke, Spa Attendants are here to guide you and make your life easier and Spa Management is always at the ready to hear your thoughts and valued feedback, after all it's all about you! It is our pleasure to welcome you to Willow Stream Spa Shanghai...find your energy, find yourself, find Peace...

Spa Products

Aromatherapy Associates – believe essential oil blends are much more than a sum of their parts, they combine them in unique ways to enhance their individual characteristics and generate positive effects for our physical and emotional wellbeing. They love the inexhaustible variety of plants and flowers and their healing properties, and support sustainable sourcing with respect and integrity for nature, delivering us rituals and results. We believe the Willow Stream experience should extend beyond the spa walls. Just a few minutes for yourself every day in our own home spa can give you fresh energy – that Willow Stream attitude – every day! Recreate your Willow Stream Spa moment at home using the same products we do, our spa professionals can discuss and customize your home care program or help find that perfect gift for the special someone who deserves to find their energy and be at peace.