

# Institut & Spa PAYOT PARIS



## Facial treatments

*A combination of exceptional techniques and active ingredients for a bespoke result that erases signs of time. Dr. Nadia Payot has designed a specific massage that is practice at the Institute. The “42 movements massage” and its associated products optimize the efficacy of the treatment; it is called the “Excellence Ritual”.*

**Experiences:** including hands exfoliation & Beauty Elixir for your hair

Perfect Experience (anti-aging with gold mask)	90 min	\$225
Pure White Experience (whitening care with whiteberry complex)	90 min	\$200
Hydra Experience (hydrating & anti-aging)	75 min	\$195

## Beauty Solutions

Line Corrector	90 min	\$190
Absolute Lift	90 min	\$190
Energizing	75 min	\$185
Purity	75 min	\$180
Smooth	75 min	\$180

## Premium

Premium: black head extract, serum, cream mask, massage, cream	60 min	\$130
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## Express

Pure Skin: serum, cream mask, cream	45 min	\$100
Quick facial: clean, tone, scrub, cream	20 min	\$60

## Aims your needs: Face & Body

Firming Bust Care	add it to your care	\$50
Eyes care (anti-wrinkle, firming, whitening)	add it to your care	\$35
Exfoliation of your hands	add it to your care	\$30
Facial acupuncture-pressure and scalp massage	add it to your care	\$25
Beauty Elixir for your hair	add it to your care	\$15



## Body treatments

Elixir Experience : body and face with caviar, myrrh and amyris	100 min	\$250
Body Care Power Slim (including a body scrub)	90 min	\$175
Body Care Power Lift (including a body scrub)	90 min	\$175
Belle & Bronzée (body tan)	60 min	\$125
Body wrap of the moment	60 min	\$115
Body Scrub with Almonds & Pistachios	30 min	\$70
Body Scrub with sea salts & essential oils	30 min	\$65

## The Inescapable for beauty

Precious Foot Care by Payot	60 min	\$95
SPA Pedicure	60 min	\$75
Precious Hand Care by Payot	50 min	\$75
Spa Manicure	45 min	\$55
Regular/French Nail Polish Application	15 min	\$10/\$15
Express manicure or pedicure including a regular nail application	30 min	\$45
Regular / French polish replacement	20 min	\$25/\$30
Nails preparation (gel removal / buffing)		\$1/min

## Make over

Make over for your event	45 min to 60 min	\$95
Light make over	20min	\$35

## Hair removal

Upper lip or eyebrows or bikini or under arms	15/20 min	\$20/\$25
Half legs or arms or thighs	20/30 min	\$30/\$35
Full legs or back	30/45 min	\$45/\$50
Hair cut (preparation if needed)		\$1/min



## Men Rituals

Optimal Ritual Excellence Facial	75 min	\$185
Optimal Flash Facial	45 min	\$100
Body Wrap of the moment	60 min	\$115
Optimal Body Scrub with sea salts	30 min	\$65
Men Feet & Nail care	60 min	\$75
Men Hand & Nail care	45 min	\$55
Express Manicure	20 min	\$40

## Massages

Dr. Payot's signature : 42 movements, hair elixir, Payot's precious oils	80 min	\$250
Deep Tissue/ Sport	80 min	\$225
	65 min	\$185
	50 min	\$145
Aromatic Hot Stone Massage	50 min	\$155
Reflexology	50 min	\$145
Lymphatic drainage	50 min	\$145
Polynesian Hot Shell Massage	50 min	\$140
Mother to be massage	50 min	\$130
Back Delight with essential oils	25 min	\$80
Legs relief	25 min	\$75
Feet and hands massage	25 min	\$75
Anti-stress (scalp, face and ears massage with elixir)	10 min	\$30
Swedish	80 min	\$190
	65 min	\$155
	50 min	\$120
With Payot's Precious oils	add it to your massage \$20	
Exfoliation of your hands or feet	add it to your massage \$30	
Beauty Elixir for your hair	add it to your massage \$15	
Duo available	no extra charge	

## VIP In-room treatments

Massage (Deep Tissue, Swedish, Sport)	add \$35
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## PAYOT, a different vision of beauty

### Packages

Select 3h30 \$425

Perfect Experience Facial  
50 minutes Swedish Massage with essential oils  
Precious Hands Care by Payot  
Cocktail Payot

Romance 1h30 \$350

Body scrub with sea salt  
50 minutes Swedish massage  
Healthy refreshment

Pure Beauty 3h30 \$300

Body care Power Lift or Slim  
Spa Manicure  
Spa Pedicure  
Healthy refreshment

Premium 2h00 \$250

Body scrub with almonds and pistachios  
Legs relief care  
Premium Facial  
Healthy refreshment

For Men 2h00 \$225

Optimal Rituel Excellence Facial  
Men Hands & Nail care  
Healthy refreshment

Express 1h00 \$125

Anti-stress massage  
Quick facial  
Express manicure or pedicure



## What you need to know :

If you believe you are pregnant or suffer from cancer, let us know. Some treatments might not be appropriate for you.

### Opening hours:

Monday to Wednesday 9 am - 7 pm, Thursday and Friday 9 am - 9 pm, Saturday and Sunday 9 am - 6 pm  
(on request 8 am - 9 pm, 7 days a week)

### Arrival:

We kindly ask you to arrive 15 minutes prior to your appointment at the Institut & Spa Payot. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed and the full value of your treatment will be charged.

### Cancellations or appointment changes:

There is no penalty for cancellations or changes made at least 24 hours in advance. If you cancel within 24 hours of your appointment, 100 % of the amount of your treatments will be charged to your credit card. For group, 48 hours is asked.

### Tip and taxes:

All above-mentioned rates do not include current sales taxes and are subject to change without prior notice. The suggested tip is 15% or according to your satisfaction.

### Promotion or rebate:

The promotion or gift certificate must be given upon your arrival to be valid; no refund will be applied after the payment of your care. Our promotions or rebates are not cumulable, transferable or refundable.

### Insurance receipt:

All massage therapists are accredited either by an official Association or by a Federation. Massage therapy receipts for insurance purposes are provided upon request.

Institut & Spa  
**PAYOT**  
PARIS

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