EPIC

LOCAL SEASONAL SUSTAINABLE

BREAKFAST MENU

FRESH AND HEALTHY

ONTARIO OATMEAL BRÛLÉE 12
Brown Sugar Crust, Apple-Cinnamon Compote

HOUSE MADE BIRCHER MUESLI 14
Yogurt, Fresh Fruit, Nuts, Rooftop Honey

THE HEALTHY START BREAKFAST 18
Bran Muffin, Ontario Organic Yogurt, Sliced Fruit and Berries, Pumpkin Seed Granola, Rosewood Honey

SEASONAL FRUIT 16
Cottage Cheese, Plain Yogurt or Fruit Yogurt

EGG WHITE CRAB OMELETTE 20
Spinach, Asparagus, Crab, Monforte Goat Cheese

SUN RISE SMOOTHIE 7
Orange, Mango, Strawberry, Banana, Low-fat Yogurt

ANTIOXIDANT SMOOTHIE 7
Strawberry, Blueberries, Pomegranate, Flax Seed, Low-fat Yogurt

CHEF'S SMOOTHIE OF THE DAY 7
Seasonally inspired, Locally Sourced

OATMEAL 9
Maple Syrup, Brown Sugar
Add Berries 9

All items below are served with herb roasted Ontario potatoes or fresh fruit and a choice of toast.
We are delighted to offer organic eggs from Best Choice Eggs in Blackstock, Ontario.
All items are available as a Gluten Free.

TORONTO PEAMEAL BACON AND SPINACH EGGS BENEDICT
Soft Poached Eggs, Toasted Brioche, Hollandaise 21

ROYAL STEAK & EGGS 26
Beef Tenderloin Medallions, Roast Pepper Hollandaise, Soft Poached Eggs

SMOKED SALMON POTATO LATKE 21
Crisp Potato Pancake, Truffle Crème Fraîche, Clipped Chives, Shaved Radish

B.L.A.T. SANDWICH 19
Crisp Pancetta, Organic Butter Lettuce, Avocado, Vine Ripe Tomato, Herb Garden Aioli

EPIC SIGNATURE BREAKFAST SKILLET 19
Chobai Potato Hash, Fire Roasted Peppers, Crisp Onions, Eggs Any Style

TOMATO AND AVOCADO EGGS BENEDICT 19
Soft Poached Eggs, Spinach, Leamington Tomato, Avocado, Basil, Pumpkin Seed Bread, Hollandaise

EAST COAST SMOKED SALMON EGGS BENEDICT 21
Soft Poached Eggs, Spinach, Fresh Baked Scone, Dill Hollandaise

THE EPIC OMELETTE 21
Using the freshest local seasonal ingredients, including herbs from our rooftop garden.
Build omelette by choosing items below:
Spinach, Mixed Peppers, Asparagus, Mushrooms, Tomatoes, Avocado, Onions, Jalapeño, Fresh Herbs. Smoked Salmon, Smoked Ham, Pork Or Chicken Sausage, Crab, Bacon, Ewenity Sheep's Feta, Monforte Goat Cheese, Cheddar Cheese

TWO ORGANIC FARM FRESH EGGS ANY STYLE 21
Herb Roasted Potato, Choice of Bacon, Sausage or Ham, Oven Baked Tomato, Toast and Preserves

EPIC BREAKFAST BUFFET 29
Our quickest option for guests on the go.
Our renowned buffet includes offerings such as; cereals, sliced fresh fruit, fresh juices, pastries and various hot breakfast items including made-to-order omelettes that vary based on seasonality and local availability.

CONTINENTAL BUFFET 24
Selection of Cold Items including:
Fresh Fruit, Croissants, Danish, Yogurt, Cereal, Cheeses, Tea and Juices

BUTTERMILK PANCAKES 18
Served with Whipped Cream, Berries and Ontario Maple Syrup

BELGIAN STYLE WAFFLES 19
Served with Whipped Cream, Berries and Ontario Maple Syrup

BANANA BREAD FRENCH TOAST 18
Warm Maple Drizzle, Fresh Seasonal Fruit

BEVERAGES

JUICE 5
Fresh Orange, Grapefruit, Apple, Cranberry, Tomato

COFFEE 5
Fresh Brewed 100% Columbian Rainforest Alliance Coffee, Decaffeinated Coffee

PREMIUM TEAS 5
Fairmont Blended Black, Green and Herbal Teas

ESPRESSO 5

CAFÉ AU LAIT 6

CAPPUCCINO 6

SIDES

BAGEL AND CREAM CHEESE 8

NOVA SCOTIA SMOKED SALMON 12

BACON, PEAMEAL BACON, PORK SAUSAGE OR ONTARIO CHICKEN-APPLE SAUSAGE 9

ONE ORGANIC EGG ANY STYLE 5

SELECTION OF NATURE'S PATH ORGANIC CEREAL 6
Blueberry Cinnamon, Raisin Bran, Multibran

SLICED SEASONAL FRUITS OR BERRIES 10

BREADS

CROISSANT, DANISH OR MUFFIN 5

TOAST, ENGLISH MUFFINS, WHITE, RYE, MULTIGRAIN OR CRUMPETS 4

RESTAURANT CHEF: **TIM PALMER**

The cuisine of **EPIC** is created with ingredients that are first and foremost sourced locally, then secondly throughout Canada, and lastly, when necessary, from around the world. With these ingredients our Chefs create dishes that are seasonal, reflect perfect flavour combinations, and focus on environmental responsibility. We are committed to offering sustainable seafood through the Vancouver Aquarium's Ocean Wise program.

Created from fresh and nutritionally balanced ingredients, Fairmont Lifestyle Cuisine dishes contribute to optimal health and wellness. Additionally, we are pleased to offer you Lifestyle Cuisine Plus, nutritious meals designed around select and diet dependent requirements. Our Food & Beverage team would be delighted to provide you with a special menu featuring Lifestyle Cuisine Plus selections.