

APPETIZERS

<b>ENERGY BOOST</b> BOILED FARM EGG, FLAX SEED MUFFIN, SEASONAL FRUIT, PEANUT BUTTER & CRUDITÉS	\$8.50
<b>SLICED SEASONAL FRUIT</b> HOUSE HONEY YOGURT & MINT DIP	\$7.50
<b>SMOKED SALMON AND BAGEL</b> CAPERS, RED ONION, CREAM CHEESE	\$8.50
<b>LOCAL ARTISAN CHEESES</b> SEASONAL COMPOTE, DRIED FRUIT, SLICED BAGUETTE	\$8.50
<b>CHARCUTERIE TASTING</b> PORK RILLETES, SOPRESATA, DRY SALAMI, MORTADELLA, WHOLE GRAIN MUSTARD, TOASTED BAGUETTE	\$8.50

SALADS

<b>QUINOA SALAD</b> CUCUMBER, PARSLEY, CHERRY TOMATO, SPINACH, RED ONION, FETA CHEESE, AND LEMON VINAIGRETTE	\$8.00
<b>LITTLE GEM LETTUCE AND ENDIVE SALAD</b> LAUREL CHANEL GOAT CHEESE, GRILLED APRICOT, TOASTED ALMONDS, AND HOUSE HONEY VINAIGRETTE	\$8.50
<b>CHEF’S SALAD</b> CHOPPED ROMAINE LETTUCE, CHEDDAR CHEESE, BLACK FOREST HAM, CHERRY TOMATOES, AND HARD-BOILED EGG	\$8.50
<b>HEARTS OF ROMAINE SALAD</b> GRILLED CHICKEN BREAST, CLASSIC CAESAR DRESSING, AND SOURDOUGH CROUTONS	\$8.50

SANDWICHES

*ALL SANDWICHES SERVED WITH ITALIAN PICKLED VEGETABLES ON THE SIDE*

<b>BLACK FOREST HAM</b> SWISS CHEESE, RUSTIC BAGUETTE	\$9.00
<b>CAPRESE SALAD SANDWICH</b> FRESH MOZZARELLA, BASIL, AND EXTRA VIRGIN OLIVE OIL, OLIVE BAGUETTE	\$8.50
<b>FARM EGG SALAD SANDWICH</b> DEVILED EGG SALAD, AVOCADO, WHOLE WHEAT ROLL	\$8.50
<b>Po Boy</b> SALAMI, MORTADELLA, MUSTARD, MAYONNAISE, AND PROVOLONE CHEESE, SEMOLINA ROLL	\$9.00
<b>ROAST BEEF SANDWICH</b> HORSERADISH MAYONNAISE, DUTCH CRUNCH ROLL	\$9.00
<b>PESTO CHICKEN SANDWICH</b> HAVARTI CHEESE, WHOLE WHEAT ROLL	\$9.00

DESSERT

<b>YOGURT PARFAIT</b> LOW FAT PLAIN AND STRAWBERRY YOGURT, MIXED BERRIES, GRANOLA, HONEY	\$6.50
<b>TIRAMISU</b> TRADITIONAL HOUSE MADE	\$5.25
<b>PANNA COTTA</b> VANILLA BEAN, MIXED BERRIES	\$5.25
<b>STRAWBERRY SHORTCAKE</b> FRESH CREAM, VANILLA CAKE	\$5.25