

MEMBERSHIP

The Spa at Club One is open to the public. You don't have to be a Club One member to enjoy our offerings. Membership does have its advantages. For more information, please speak with a Membership Representative.

APPOINTMENT GUIDELINES

Please contact our service desk to schedule your appointment. Please arrive at least 20 minutes prior to your scheduled appointment to complete our check-in process. Enjoy a brief steam, sauna and a shower to rinse off stress at this time.

CANCELLATION POLICY

The services you select are reserved exclusively for you. To cancel your appointment, please call the service desk at least 24 hours before your appointment to avoid being billed for 100% of the service fee. We don't accept cancellations by e-mail.

INCLUDED WITH YOUR TREATMENT

Enjoy a complimentary same-day pass to the club. You'll also receive two hours of complimentary Playcare® for one child at participating Club One locations. Please check with the club for information on age limits and hours of operation. You must make a reservation with Playcare to guarantee a spot.

YOUTH POLICY

Children 13–17 years old may receive treatments at a location that offers general club youth access. Please contact the club location for more information. The maximum treatment time for a youth is 50 minutes. Children must wear undergarments during massage and skin treatments. A parent or guardian over the age of 25 years old must be present for the duration of the treatment.

*Not available at all locations.

Club One at Nob Hill
950 California Street
San Francisco, CA 94108
415/834-1010

Club One at Petaluma
1201 Redwood Way
Petaluma, CA 94954
707/766-8080

www.TheSpaAtClubOne.com

THE  SPA
at Club One

SPA SERVICES

Complimentary 10-minute skin consultations are available to get you on track to smooth, clear and even skin.

Custom Facial

Choose from the following options:

Refresh Facial*

For dry and dehydrated skin.

Our refresh service is designed to rejuvenate and moisturize your skin, leaving your skin feeling soft and smooth. This facial helps fortify the skin's natural defense against the environment while controlling moisture loss from the skin. This service is highly recommended for those with dry skin.

Delicate Facial*

For sensitive skin.

This service uses only the most delicate products for those with sensitive skin. Your skin is cleansed and soothed without heavy irritants, leaving you with a supple, glowing complexion. Includes a gentle massage of the head, face, neck and shoulders.

Sports Facial*

For all skin types, especially men.

Cleanse and purify the skin to bring out its natural glowing complex. This sports facial helps combat bacteria, excess oil and sweat, leaving your skin clean and refreshed. This treatment combines a stress relief scalp massage to relax the entire body. Includes a head, face, neck and shoulder massage.

Custom Facial Pricing

| 50 Minutes | Guest |
|-------------------|--------------|
| Single | \$87 |
| Series of 3 | \$240 |
| Series of 6 | \$462 |

Mini Facial

For all skin types. \$57/guest

During this 30-minute service, your aesthetician analyses your skin type and its specific needs. You'll receive a gentle cleansing and education about home skincare. Leave armed with a facial regimen to obtain healthier, more vibrant skin.

Stress Relief Toning Facial

For all skin types. \$110/guest

Formulated for those seeking skin refinement, pigment control and reinvigorated skin. This uplifting service uses a bio-peel to tone and firm your skin. Ideally suited for environmentally stressed skin. Includes a head, face, neck, shoulder and foot massage.

Deep Cleansing Facial

For problematic, oily skin condition. \$110/guest

This service washes away impurities through scrubs and extractions necessary for a clear and vibrant complexion. A masque base follows to calm your skin and reduce the redness caused by the deep cleansing work. Includes a head, face, neck, shoulder and foot massage.

Age Intervention Enlighten Facial

For mature and hyper-pigmentation skin. \$125/guest

This intensified resurfacing treatment is designed for most facial discoloration. Exceptional topical agents address hyper-pigmentation and the appearance of facial discoloration. Combined with cutting-edge ingredients, this treatment provides a more refined and illuminating appearance to the skin.

Essential Back Treatment

\$110/guest

Treat your back to this exceptional treatment that includes cleansing, exfoliation, extraction, masque, and a 20-minute massage that detoxifies and purifies your entire back.

Soothing Body Scrub

For females only. \$110/guest

Rejuvenate and refine your skin. This treatment uses herbal extracts and polished granules to stimulate the body. It removes dead skin cells and impurities, purifying your body's skin texture and tone.

WAXING

Facial Hair Removal

| | Guest |
|-------------------------|--------------|
| Brow Shaping | \$30 |
| Lip or Chin | \$25 |
| Full Face (no eyebrows) | \$45 |

Body Hair Removal

| | |
|------------------|------|
| Full Arm | \$65 |
| Half Arm | \$50 |
| Underarm | \$35 |
| Back | \$60 |
| Chest or Stomach | \$50 |
| Bikini | \$40 |
| Full Leg | \$85 |
| Half Leg | \$60 |



MASSAGE TREATMENTS

The Spa Custom Massage

Club One's team of massage therapists are highly trained professionals committed to your satisfaction. Each treatment session is personalized and often combines massage techniques that help you achieve total wellness.

Sports: Focuses on muscle systems in relation to a particular sport in order to assist training, prevent injury and aid in healing.

Swedish: Incorporates long strokes, kneading and friction on the superficial layers of the muscles, in combination with active and passive movements of the joints.

| 50 Minutes | Guest |
|-------------------|--------------|
| Single | \$87 |
| Series of 3 | \$240 |
| Series of 6 | \$462 |
| 80 Minutes | |
| Single | \$112 |
| Series of 3 | \$321 |
| Series of 6 | \$612 |

Deep Tissue Massage

Slow strokes and deep finger pressure releases chronic patterns of tension in contracted areas of the body.

| 50 Minutes | Guest |
|-------------------|--------------|
| Single | \$102 |
| Series of 3 | \$285 |
| Series of 6 | \$552 |
| 80 Minutes | |
| Single | \$127 |
| Series of 3 | \$366 |
| Series of 6 | \$702 |

*This service can be scheduled with Getting Started Kits.