exhale®
MINDBODYSPA

BRIDAL + GROUP PACKAGES

The exhale team is well versed at planning all types of parties — from corporate gatherings, to bridal and baby showers, to birthday celebrations. The lounge area can accommodate any group and we're happy to help you plan the perfect custom event. Recently featured in BFF Bridal's newsletter as the "zen space" for private bridal parties, at exhale you'll find everything you need for creating the perfect event for you and your friends. Choose from the following bridal packages that will leave everyone feeling revitalized and transformed.

EXHILARATE $85 per person

- *A Transformational Yoga, Core Fusion®, Core Fusion® Sport or Core Energy Flow® Class**
- *Choice of:*
  - *G.R.N. Manicure + G.R.N. Pedicure*
  - *30-minute G.R.N. Facial*
  - *30-minute Fusion Massage*

REVITALIZE $170 per person

- *Choice of a 60-minute Fusion Massage or a 60-minute True Facial*
- *Choice of a G.R.N. Manicure with RedRock™ Paraffin or a G.R.N. Pedicure*

RELAX $200 per person

- *G.R.N. Manicure + G.R.N. Pedicure*
- *Choice of a 60-minute Fusion Massage or a 60-minute True Facial*

REVIVE + RESTORE $300 per person

- *G.R.N. Manicure + G.R.N. Pedicure*
- *60-minute Fusion Massage*
- *60-minute True Facial*

EXHALE EXPERIENCE $400 per person

- *A Transformational Yoga, Core Fusion®, Core Fusion® Sport or Core Energy Flow® Class**
- *G.R.N. Manicure + G.R.N. Pedicure*
- *60-minute Fusion Massage*
- *60-minute Power Facial*

FOR BRIDAL PARTY GROUPS OF 5 OR MORE:

- Bride receives a complimentary G.R.N. pedicure
- Complimentary gift bags for your party (*up to a $50 value*)

**private classes are available upon request for an additional charge.*