OCEAN CLUB
BERMUDA

LIFESTYLE CUISINE *Plus*

Nutritious meals designed around select dietary needs and diet-dependent requirements. Created using fresh and nutritionally balanced ingredients, Fairmont Lifestyle Cuisine Plus dishes contribute to optimal health & wellness.

DASH/HEART HEALTHY

Appetizer

Bermuda Wahoo Ceviche $17

Entrée

Pan Seared Blue Cod with Tomato & Red Onion Salsa $30

Dessert

Exotic Fruit Salad | Creamless Banana Ice Cream $9

DIABETES

Appetizer

Cobb Salad with Lemon Olive Oil Dressing $18

Entrée

Pan Seared Snapper with Mango Salsa $30

Dessert

Splenda Vanilla Custard | Fresh Berries $9

VEGAN

Appetizer

Green Salad with Balsamic Dressing $10

Entrée

Angel Hair Pasta with Oven Roasted Tomato & Basil $26

Dessert

Sugarless and Creamless Banana Ice Cream $9

RAW

Appetizer

Apple Salad $10

Entrée

Cucumber and Tomato Salad with Fresh Avocado Guacamole $24

Dessert

Agave Macerated Mixed Berries with Fresh Sorbet $9

MACROBIOTIC

Appetizer

Sea Weed, Cucumber, Apple Salad $10

Entrée

Vegetable Miso Stew $24

Dessert

Watermelon and Granola Crumble $9

GLUTEN FREE

Appetizer

Seafood Cocktail $21

Entrée

Bacon Wrapped Scallops with Mustard Dressing $30

Dessert

Splenda Vanilla Custard | Fresh Berries $9

All Entrees accompanied with Fingerling Potatoes & Fresh Vegetables

While Lifestyle Cuisine PLUS recipes have been evaluated by professional software, it is important to note that our Chefs are not registered dietitians and cannot replace the advice of qualified professionals who should be consulted if you have specific individual dietary needs. If you require further details on the ingredients in any of our dishes, or have any special requirements with respect to their preparation, please notify us and a chef would be happy to speak with you. We ask that you advise us of any special requirements to prevent potential adverse reactions to allergens or specialty diet meals.