

*Fairmont*  
ST ANDREWS, SCOTLAND

the spa | EXPERIENCE

PRICE LIST

# Enhancing your spa experience

## **SPA ENVIRONMENT**

We are an adult sanctuary. Guests must be 18 years of age or older. We ask that you do not bring mobile phones or other electronic devices to the spa in order to keep the spa quiet and to protect your privacy. The spa will be happy to assist you with messages during your visit.

## **RESERVATIONS AND MAKING APPOINTMENTS**

Please call 01334 837045 or extension 7045 within the resort. To ensure that you get the experiences you want, we suggest you make appointments as far in advance as possible and before your arrival at the resort.

## **CANCELLATION**

If you must cancel or reschedule, we ask that you do this at least 24 hours in advance. If we cannot re-sell your appointment with 24 hours notice, it will be charged to your credit card. Cancellation of packages requires 48 hours notice.

## **HOURS OF OPERATION**

Appointments can be made from 9:00 a.m. to 8:00 p.m. These hours of operation are subject to occasional change.

## **SPA ARRIVAL AND ETIQUETTE**

We recommend that you arrive at least 30 minutes before your appointment time so you are not rushed and so you can relax for a few minutes and familiarise yourself with the facilities and surroundings. Please note that your arrival time will determine the length of your treatment. As courtesy to all, should you arrive late, your treatment will finish at the originally scheduled time.

### **HEALTH MATTERS**

Please inform us of any health matters at the time of booking so we can suggest the best treatments. Conditions such as pregnancy, high blood pressure and allergies will determine which treatments are most appropriate. The consumption of alcohol before, during or directly after treatments is not recommended. You will be asked to fill out a brief medical history upon your arrival so our spa professionals can better customise your treatments.

### **SPA ATTIRE**

You will receive a robe, slippers and a locker for your personal belongings.

For your comfort, undergarments can be worn during treatments, but rest assured that our therapists are highly trained in correct draping procedures for your complete privacy.

Please do not bring jewellery or other valuables to the spa.

### **SPA COORDINATORS**

Our team of spa coordinators are available to assist you in customising your own spa experience, from selecting your treatments to answering any of your questions.

### **SPA GRATUITIES**

For your convenience, a 10% gratuity will be added to your bill.

## Featured product lines

A vital part of the spa experience are the oils, creams, lotions and scrubs that are used during the treatments. We are pleased to feature the following premium products, giving you the opportunity to create a home care programme, to continue the beneficial results of your treatment here.

### **KERSTIN FLORIAN INTERNATIONAL**

As the main product line used in our spa treatments, Kerstin Florian International is at the forefront of the rapidly expanding market for holistic and environmentally responsible treatments that soften the effects on our skin of stress, age and the elements. We chose these products because of their dedication to spa traditions and authentic approaches – and because they feel great and make us look good. Kerstin Florian International products are founded in advanced phytotherapy, aromatherapy, thermal mineral, herbal and marine technology, and are free from heavy preservatives and perfumes. All products are designed to be introduced professionally, and then continued with a simple to-follow home care program.

### **PURE LOCHSIDE**

Premium Scottish spa brand, Pure Lochside, create therapeutic organic skin care and spa treatments. Aromatherapy expert, Fiona Tutte, draws on extensive experience to design ethical, organic and anti-ageing skin care products to treat a range of skin conditions. Pure Lochside products contain only high quality natural and organically certified ingredients. Concentrated therapeutic grade essential oils are expertly blended and added to each Pure Lochside product to boost and fortify the mind and body as well as the skin. The company's ethos is based on the power of nature to deliver visible results on the skin without resorting to harsh additives.

### **JANE IREDALE MAKEUP**

Jane Iredale Mineral Makeup combines the most up-to-date colours with skin-care benefits that conventional makeups can only envy. Known as "The Skin Care Makeup," the Jane Iredale line is so safe and beneficial that it is recommended by plastic surgeons and dermatologists throughout the world. Jane Iredale Makeup will not block pores, has virtually no allergy risk, is sensitivity-tested, has broadspectrum UVB and UVA protection, is anti-inflammatory, helps calm and soothe irritated skin, provides complete coverage for skin conditions (such as acne, rosacea and redness following treatments like chemical peels and laser resurfacing) and is environmentally aware.

## THE SPA AT FAIRMONT ST ANDREWS, SCOTLAND

### Price list

#### BODY EXPERIENCES

Crest of the Cliff	<i>120 minutes</i>	£190
Standing Stones	<i>90 minutes</i>	£145
Scottish Tranquil Journey	<i>90 minutes</i>	£145
Romance of the Rose	<i>90 minutes</i>	£145
Celtic Harmony	<i>90 minutes</i>	£125
North Sea Salt & Seaweed Exfoliation	<i>60 minutes</i>	£95
Naturally Tan	<i>60 minutes</i>	£85
Gentle Body Polish	<i>60 minutes</i>	£79
Mineralising Scrub	<i>30 minutes</i>	£45

#### FACIAL EXPERIENCES

Kingdom of Fife Luxury Facial	<i>90 minutes</i>	£145
Scottish Facial Experience	<i>90 minutes</i>	£145
Radiant Anti-Ageing Facial	<i>60 minutes</i>	£95
“C” the Glow Facial	<i>60 minutes</i>	£85
Customised Deep-Cleansing Facial	<i>60 minutes</i>	£79
Refresher Facial	<i>30 minutes</i>	£45

#### ENHANCEMENT TREATMENTS

*May be added to any facial experience*

Eye and Lip Rescue	<i>30 minutes</i>	£35
Glycolic Treatment	<i>30 minutes</i>	£25
Intensive Repair Ampoule		£25
Caviar Cell Vitale Ampoule		£25
Vitamin C Ampoule		£15

#### MANICURE & PEDICURE EXPERIENCES

St Andrews Signature Manicure	<i>60 minutes</i>	£55
St Andrews Classic Manicure	<i>45 minutes</i>	£39
St Andrews Signature Pedicure	<i>60 minutes</i>	£55
St Andrews Classic Pedicure	<i>45 minutes</i>	£39

## MASSAGE EXPERIENCES

Scottish Stone Massage	90 minutes	£145
	60 minutes	£95
Stress Relief Massage	90 minutes	£125
	60 minutes	£85
Sports Massage	90 minutes	£125
	60 minutes	£85
St Andrew's Signature Massage	90 minutes	£125
	60 minutes	£85
Travel Recovery Massage	60 minutes	£85
Maternity Massage	60 minutes	£85
Relaxation Massage	90 minutes	£119
	60 minutes	£79
Back, Neck & Shoulder Massage	30 minutes	£45

## JUST FOR MEN

### BODY EXPERIENCES

Sam Torrance's Signature Experience —

Ultimate Golfer's Treatment	90 minutes	£145
St Andrews Golfer's Treatment	60 minutes	£95

### FACIAL EXPERIENCES

Customised Barber Face Treatment	60 minutes	£79
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### HAND/FOOT TREATMENTS

Executive Hand Grooming	60 minutes	£55
Classic Hand Grooming	45 minutes	£39
Power Pedicure	60 minutes	£55
Classic Foot Grooming	45 minutes	£39

### COUPLES EXPERIENCES

*prices per couple*

Highland Fling Couples Massage	90 minutes	£290
	60 minutes	£190
Romance of the Rose	90 minutes	£290

## FINISHING TOUCHES

Lip, Chin or Eyebrow Shape	£12
Eyebrow Shape and Tint	£24
Eyebrow Shape and Eyelash Tint	£24
Underarm Wax	£12
Bikini Wax	£12
Half Leg Wax	£24
Full Leg	£36
Premium Spray Tan	£29
File and Polish	£29

## MAKEUP APPLICATION

Mineral Makeup Lesson	45 minutes	£55
Glowing Bridal Makeup Application (two 60 minute sessions)	120 minutes	£130

## FITNESS EXPERIENCES

Enquire about our fitness services and classes to create a programme suited to your lifestyle and needs.

## SPA ACCESS

Daily Access Fee	£30
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## A PRIVATE RETREAT

*Create your own personal spa in a special private lounge, within the spa, connected to three treatment rooms. This spa-in-spa space can be booked for a spa party of two to five, no matter what the occasion. Tell us the event—whether it’s a “hen” party, romantic retreat (or maybe a proposal), or girls get-away—and let us design the perfect spa programme.*

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*Rates are subject to change.*

*Occasionally not all services may be available.*

*For spa reservations, please call 01334 837045, or extension 7045 within the resort.*

*For hotel or spa vacation packages, please visit [fairmont.com](http://fairmont.com), or call 00 800 0441 1414.*



碳减排先锋  
Defensores do Clima  
クライメート・セイバーズ  
Climate Savers

Fairmont Hotels & Resorts has been a  
WWF Climate Savers partner since 2009  
and has committed to reducing its emissions  
by 20% below 2006 levels by 2013.

**Fairmont St Andrews, Scotland**

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