



Life is complicated.
Good food shouldn't be.

BREAKFAST BUFFET 34

LIGHT START

Blueberry Blast Smoothie 12
beet, raspberry, açai berry, yoghurt honey

Super Green Smoothie 12
spinach, kale, apple, ginger, green tea, almond milk

Seasonal Fruit Plate 14
sliced fruit, melon, berries

Oatmeal 14
brown sugar and dried fruit
ADD: *bee pollen, fresh berries, Nutella, chia seeds, shaved coconut, raw almonds* 4

Bircher Müesli 14
whole oats, yogurt, apple, nuts

Harvest Granola 14
rooftop honey, rolled oats, pumpkin and sunflower seeds, hazelnuts, pecans, milk

ARC Breakfast Bowl 14
low fat yoghurt, granola, peach compote, chia seed, coconut, hemp seeds, seasonal berries

Smoked Salmon Bagel 16
cured salmon, lemon cream cheese, capers, salmon roe, pickled onion, fresh dill

BENEDICTS

Classic 24
English muffin, peameal bacon, hollandaise

Salmon 24
English muffin, leek and fennel fondue, hollandaise

BC Shrimp 28
English muffin, avocado, Old Bay hollandaise

Foraged Mushroom 20
English muffin, spinach, sun dried tomato, hollandaise

FARM FRESH EGGS

2 Egg Breakfast 22
choice of pork or chicken sausage, bacon, ham, savory roast potatoes, toast

Omelet - The Way You Like It 22
roasted potatoes, toast
CHOICE OF 3:
cheddar, feta, red onions, asparagus, ham, peppers, tomato, spinach, mushrooms, chorizo, bacon, smoked salmon, prawns
add additional item 2

Healthy Start Omelet 25
egg whites, organic spinach, mushrooms, ricotta, fruit, toast, super green smoothie

ARC SIGNATURE BREAKFAST

Pork Belly Hash 24
house mustard, caramelized onion, poached organic eggs, Yukon Gold potatoes, arugula, hollandaise

Pumpkin Patch Toast 18
roast squash, poached organic egg, fromage frais, rooftop greens, pumpkin seeds, hollandaise, honey, sourdough bread

Breakfast Flatbread 22
pesto, bruschetta, two organic eggs, ricotta salata

Croque-Madame 24
old fashioned ham and gruyère grilled cheese sandwich, Dijon mustard brioche bread, sunny side up egg, rooftop winter greens

GRIDDLE

Fluffy Buttermilk Pancakes 18
blueberry compote, maple syrup

Stuffed French Toast 18
chocolate hazelnut mousse, raspberry and strawberry compote

Buttermilk Waffles 18
fresh berries, whipped vanilla cream

SIDES

breakfast pastry 3
plain or berry yogurt 6
cottage cheese 6
cereal with whole or skim milk 7
toast - two slices 6
one egg any style 4
savory roasted potatoes 5
peameal bacon 7
pork, turkey or chicken sausage 7
spicy lamb patty 8
sliced avocado 5

Consuming raw meats, seafood or oysters may increase your risk of foodborne illness. A cooking step is needed to eliminate potential bacterial or viral contamination.



All seafood options on this menu are recommended by the Vancouver Aquarium as ocean-friendly.