






## All Inclusive


Includes Choice of Juice, Freshly Brewed Coffee or Fairmont Signature Tea

**Fruit and Pastry** 19  
Choice of 2pc Whole Fruit, Sliced Melon or Seasonal Berries  
Choice of Butter Croissant, Danish, Toast, Bran, Apple Oat or Blueberry Muffin, Butter and Preserves

**Fruit and Smoothie**  **LOW FAT** 19  
Seasonal Fruit Plate with Sliced Melons, Banana and Fresh Berries, Served with Banana Bread & Mango Smoothie Shot

**The Healthy Start Breakfast**  **LOW FAT** 20  
Two Poached Countryside Farm Eggs, Slice of Multi Grain Toast, Marinated Garden Grove Cocktail Tomatoes, Muesli or Fresh Berries

**Two Countryside Farm Eggs**  **GLUTEN FREE** 22  
Cooked to Preference, Seasoned Hash Browns, Toast  
Choice of: Smoky Bacon, Breakfast Sausage or Pea Meal Bacon

**Harms Family Spinach, Egg White Frittata**  **GLUTEN FREE** 23  
Goats Cheese and Marinated Greenland Garden Cocktail Tomatoes and Arugula


**Manitoba Mushrooms and Eggs** 23  
Two Poached Countryside Farm Eggs on Toast Topped with Sautéed *Loveday* Button Mushrooms and Boursin Cheese Sauce

## Individuals

**Nature’s Farm Organic Oatmeal** 14  
Fresh Seasonal Berries, Quebec Maple Syrup, Toasted Almond Slivers, Dried Apricots, Cranberries with Milk or Cream

**Half Melon and Cottage Cheese**  **LOW FAT** 14  
Cantaloupe Melon Filled with 2% Cottage Cheese and Lemon Poppy Seed Slice

**Ruby Red Grapefruit**  **LOW FAT** 8  
Half Grapefruit with Seasonal Berries

**Greek Yogurt Bowl**  **LOW FAT** 14  
Plain Greek Yogurt with the Following Toppings:  
Toasted Almonds, Fresh Berries and Granola

**Cold Cereal Selection** 10  
Cherrios, Corn Flakes, Raisin Bran, Fruit Loops, Special K, All Bran, Served with Sliced Bananas and Fresh Berries

**Bowl of Seasonal Fresh Berries** 12  
Served with Brown Sugar and Cream

**Endless Coffee and a Freshly Baked Muffin, Toast, Bagel or English Muffin with Butter and Preserves** 12


**Energy Boost Smoothie**  **GLUTEN FREE** 10  
Fresh Strawberries, Blueberry, Banana, Oats, Honey, Soy Protein and Greens

## Classic Signatures


**Eggs Benedict with Hashbrowns** 23  
Countryside Farm Poached Eggs, Back Bacon on Toasted English Muffin, Hollandaise or Boursin Cream Sauce

**Smoked Salmon Benedict** 23  
Countryside Farm Poached Eggs, Smoked Salmon on Toasted English Muffin, Béarnaise Sauce, Hash Browns

**The Perfect Three Countryside Farm Eggs Omelet** 21  
Hashbrowns, Toast and Choice of Three Garnishes:  
Ham, Bacon, Chicken Sausage, Bell Peppers, Spinach, Mushrooms, Tomato, Asparagus, Swiss, Cheddar or Feta Cheese

**The Perfect Stack**  **VEGETARIAN** 19  
Stacked Four High Buttermilk Pancakes, Manitoba Saskatoon Compote, Whipped Top Half Cream and Maple Butter  
Add \$2 for: Bananas, Chocolate Chips or Seasonal Berries

**French Toast** 18  
Thick Sliced Bread Dipped in Seasoned Egg and Griddled Until Golden, Manitoba Saskatoon Compote, Whipped Top Half Cream, Maple Butter and Fresh Berries

**Mini Belgian Waffles**  **VEGETARIAN** 19  
Manitoba Saskatoon Compote, Whipped Top Half Cream and Maple Butter, Fresh Berries

**Baked Crepe** 21  
Grilled Asparagus, Black Forest Ham, Brie and Béchamel Filling Topped with a Fried or Poached Egg

## “BREAKFAST”

Literally meaning to break the fasting period of the prior night; in Old English the term was *morgenmete* meaning "morning meal". The first meal taken after rising from a night's sleep, most often eaten in the early morning before undertaking the day's work.

<http://en.wikipedia.org/wiki/Breakfast>