



WELCOME TO THE SPA AT FAIRMONT ST ANDREWS

Fairmont
ST ANDREWS, SCOTLAND



THE SPA AT FAIRMONT ST ANDREWS

Escape the routine of your fast-paced world in a quieter place. Recover in one of our 12 luxury treatment rooms. Indulge in our Spa with exclusive Kerstin Florian products and then feel invigorated to dive back into life.

Atop a Scottish cliff, inspired by land and sea, and infused with Celtic lore of magic and myths, the Spa at Fairmont St Andrews, Scotland awaits. Immerse yourself in the authentic romance of the landscape. Greys and blues echo the strong water and coast with hints of heather and tartan.

In traditional Celtic spirit, when under our tartan, you are protected and welcomed by our team, the people who make our Spa so special. Their care and touch will make you feel you've come home after a long journey.



A PLACE TO FIND YOUR ENERGY

Try invigorating yourself and your game with Sam Torrance's favourite, The Ultimate Golf Experience, or give back to the landscape with our Generosity Massage, which provides a donation to The Fife Coast and Countryside Trust.

We feature the latest advances in skin care, alongside traditional healing ingredients of the Celtic Highlands such as wild nettle and heather, found in our Crest Of The Cliff treatment.

Whatever your reason for visiting us, we will help you create your own perfect Spa moment. Sit back, let us take care of you, and escape.

For more information or to book a treatment please call 01334 837045 or x7045.



CREST OF THE CLIFF

Breathe deep and relax / 120 minutes

Breathe deep and take in the clear skies, beautiful coastline and vision. This experience embodies St Andrews and Scotland at its finest. Designed with relaxation and pampering in mind, this all-encompassing treatment begins with a welcoming foot bath and a cup of wild nettle tea to soothe after a walk on the cliffs. Enjoy a full-body exfoliation with a locally crafted wild nettle and rosemary scrub, preparing the skin for a deeply relaxing full-body massage using hot stones. The hot stones combined with essential oils leave you with a sense of warmth, balance and harmony.

JUST A FEW OF THE MANY DELIGHTS AVAILABLE...





CELTIC HARMONY

Detoxifying / 90 minutes

Synchronized to Celtic music, this purifying ritual begins with a geranium and pine scrub, and ends with a detoxifying massage and body wrap with essences of local juniper, cypress and lavender. Once in the wrap, essential essences are massaged into the feet and neck.

REFRESH THE SENSES AND REPLENISH THE SOUL

LADIES WHO LIKE TO SPA

Create your own personal spa in a special private lounge, within the Spa, connected to three treatment rooms. This spa-in-spa space can be booked for a spa party of two to five, no matter what the occasion. Tell us the event—whether it's a hen party, romantic retreat (or maybe a proposal), or girls' get-away and let us design the perfect spa programme for you.



A close-up photograph of a woman lying down, receiving a facial treatment. Her eyes are closed, and her hands are resting on her forehead. The skin appears smooth and hydrated.

A MOMENT IN TIME

A close-up photograph of a vibrant pink calla lily flower. The petals are large and trumpet-shaped, with a yellow center. The background is softly blurred, showing more of the same flowers.

KINGDOM OF FIFE LUXURY FACIAL

When you want it all / 90 minutes

Whether you live in Scotland or you're visiting, this experience is for you. This indulgent, all-encompassing luxury facial includes an anti-ageing hand treatment with enzyme peel and an enlightening crème application; hand and foot massage; scalp massage; glycolic exfoliation of the face, neck and décolleté and a luxurious massage to tone facial muscles. All in one beautiful, pampering and aromatic experience. Pure decadence.

We have a variety of facials available. Please call our Spa team to find out more.



COUPLES SUITE

Our couple's suite is the ideal retreat from the pressures of life and is the perfect place to spend some quiet time together. Beautifully appointed, the suite features a double shower, side-by-side treatment tables and a private sitting area. Enjoy one of our signature couples experiences or select individual a la carte treatments for each of you. Whatever your preference, we'll create the perfect spa moment for two.

AUTHENTIC EXPERIENCES

HIGHLAND FLING COUPLES MASSAGE

60 or 90 minutes

The lights are dim, candles flicker gently, the romantic scents of Scotland surround and the music soothes softly. An incredible way to be together. Spend quality romantic time in our signature couples suite while enjoying side-by-side relaxation massages. Pure bliss for two.



JUST FOR MEN

We've created experiences just for men that have been developed exclusively with the needs of our male guests in mind. You can also enjoy our special treatment rooms, designed especially for use by our male guests, featuring a flat-screen television and wireless headset as well as the latest newspapers and magazines. Ask about availability when you book your spa treatment.



YOUR OWN PERSONAL ESCAPE



SAM'S SIGNATURE EXPERIENCE— ULTIMATE GOLFER'S TREATMENT

Results / 90 minutes

A Spa at Fairmont St Andrews exclusive experience, endorsed by Sam Torrance, winning Ryder Cup Captain and golf course designer. Get limber with this all-inclusive experience for golfers. It begins with a eucalyptus foot bath, continues to an invigorating exfoliation and stretch massage focusing on key need areas of golfers, and finishes with a wrap, which includes a mini-facial to help protect the skin from environmental damage caused by weather conditions out on the course. 'Looking after your body before and after you golf is as important as practicing your swing. This treatment is the perfect tonic to leave you invigorated and ready to enjoy another round of golf or a fine dinner at Fairmont St Andrews,' says Sam Torrance.

WEDDING BLISS

For your wedding you want nothing but the best. Indulge yourself in style at the new signature Spa at Fairmont St Andrews. The essence of total tranquillity, rest both body and soul ahead of the big day. Enjoy luxurious Spa treatments with your bridesmaids, family and friends in your very own private Spa salon. With 3 separate treatment rooms and your own lounge where you can savour the finest champagne and food, your special Spa day will help make your wedding extra special. Create your very own treatments or luxuriate with the many simply sensational treatments available.



WEDDING OF A LIFETIME



STAG AND HEN PARTIES

For the Groom who is looking for an exclusive stag weekend or the Bride who is having a fun hen weekend away with the girls, the signature Spa Fairmont at Fairmont St Andrews can help make your weekend special. Relax in the Jacuzzi by the pool after a sensational treatment or book your own private lounge in the Spa where you can drink cocktails and enjoy a tasty menu specially created by our award winning chef.



PERFECT PLACE FOR THE GREAT ESCAPE

HEALTH CLUB

Our unique Spa experiences are enhanced with state-of-the-art gym equipment, fully equipped flat screen televisions and additional studio space for yoga and spinning. Unwind in our 16m pool alongside the sauna and Jacuzzi.

Enquire about our fitness services and classes to create a programme.

RESERVATIONS AND MAKING APPOINTMENTS

Please call 01334 837045 or extension 7045 within the resort.

HOURS OF OPERATION

Appointments can be made from 9:00 a.m. to 8:00 p.m.
These hours of operation are subject to occasional change.



UNIQUE BRAND OF LUXURY AND OUTSTANDING EXPERIENCES



SPA ARRIVAL AND ETIQUETTE

We recommend that you arrive at least 30 minutes before your appointment time so you are not rushed and so you can relax for a few minutes and familiarise yourself with the facilities and surroundings.

HEALTH MATTERS

Please inform us of any health matters at the time of booking so we can suggest the best treatments.