



WILLOW STREAM

A FAIRMONT SPA

Spa Menu

FAIRMONT AMMAN



Willow Stream Spa, Fairmont Amman, Jordan

Willow Stream Spa at Fairmont Amman embodies an environment that captures the essence of old world charm within an opulent environment, reflecting the mystery of the healing powers with an allure of its rich history.

Offering an array of lifestyle choices and encompassing total well-being, Willow Stream offers the most luxurious spa experience in the capital city, an exclusive facility focused on fitness and movement with our motivating staff from top beauty to aesthetics experts in the most innovative ways to help you find your energy.

Our treatment menu includes an advanced selection of facials from spa experts, including Dr Burgener Switzerland, combined with the authentic healing benefits of body treatments using locally-inspired Dead Sea products by Trinitae. As facial specialists, we focus on result oriented, anti-aging exclusive treatments. Our enchanting treatments will lead you down a sensory journey that brings overall balance and a sense of calm to your memorable experience.

This unique 2,200 square-meter urban retreat provides six tranquil spa rooms, including a couples' VIP suite and calming relaxation lounge, exclusive co-ed vitality pools, hammam scrub room, Dead Sea pool, inhalation steam rooms, as well as healing saunas.

About Willow Stream Spa

Willow Stream Spas are acclaimed around the world for our focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well; recharging our energy allows us to flow, rather than fight, through life. That is why energy renewal is our mission.

Each of our spas is designed to reflect the beauty and ambience of its location and of the hotel in which it is located, so no two are alike. But all of our spas have this in common: they deliver an outstanding experience. Simply being here – a way from the chaos of everyday life – relaxes our guests and starts them on their energy journey.

Our spa experiences combine authentic and effective treatments with a place for you to spend time alone or with your friends. Social spaces by the pool, relaxation lounges and steam rooms, yoga and fitness areas – are all designed to stir our passion for living with abundant energy.



Our name: Willow Stream



We believe these two words reflect our philosophy and our connection to nature's elements.

Willow: The willow represents our deep-rooted authenticity, strong center and flexible spirit.

Stream: The stream represents our energizing journey through life – bending and changing in a peaceful, purposeful manner as it finds its way around obstacles.

Our logo: Our logo is composed of ancient symbols for the world's essential elements: earth, air, fire and water. The willow – wood – is the fifth element. Balancing these elements puts us in sync with nature's equilibrium.

Willow Stream Spa Product Philosophy

Willow Stream Spa places emphasis on many aspects when choosing spa products for each of our Spas around the world. With luxury in mind, each brand selected demands quality and result-driven treatments, which are personalized to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, which reflects our social responsibility. Our relationships with the product houses are important to ensure that we have premium spa products and training available for every encounter with our guests.

Dr Burgener Switzerland

As a Doctor in Biology, Dr. Pauline Burgener always seeks to pick the best ingredients from nature and to combine them with the latest technologies in anti-aging, to create the best personalized skincare products. Dr Burgener Switzerland stems from a family business created in 1955 by Dr. Marc Burgener, her father-in-law, with his aesthetic surgery clinic in Lausanne, Switzerland. From anti-aging, lifting, purifying or restructuring facials, to slimming treatments, passing by hydrating or antioxidant body scrubs and wraps, our therapists who are trained and accredited by Dr Burgener will be able to advise and choose the treatments that fit your needs following a detailed skin diagnostic, and depending on your skin condition.

Trinitae Dead Sea Products

Our story begins where water meets earth at its lowest point. Dead Sea salt and minerals are said to have healing properties, which Trinitae utilizes to enhance its skin care products. When you gently cleanse your skin with Dead Sea mud and heal impurities with minerals and salts, you give the gift of relaxation to your body, mind and soul.



Willow Stream Spa Facilities

We know that exercise is a vital component of daily life, especially for travelers on the go, who appreciate the desire for high-quality, well-equipped fitness facilities. Life Fitness® provides spacious customized wellness areas and supplies fitness facilities to meet all your needs. Catering to your own fitness level, ability, or age, our dedicated wellness professionals are here to assist you in achieving your personal health and fitness goals, supporting you every step of the way.

Fairmont Amman is the perfect environment to restore your energy with access available to hotel guests as well as local guests, offering the following facilities and services:

- Personal training
- Group and private classes
- Wet areas, complete with healing sauna and inhalation steam room
- Hammam scrub room
- Dead Sea Mud Room
- Relaxation lounge
- Vitality pools
- Dead Sea pool
- Ice fountains
- Locker area
- Swimming pool and jacuzzi (seasonal)
- Ladies' and Gentlemen's Salons
- Kids Club
- Fitness on demand





Hydrotherapy and Salt Experiences

Willow Stream Spa Amman offers a unique selection of wellness facilities inspired by the healing benefits of the Dead Sea to create a retreat for restoration.

Sauna Wellness

Maintained between 85-90°C, the sauna's dry heat soothes and warms the muscles, relieving tension from your body and minimizing joint pain. This is especially beneficial for those who suffer from illnesses such as arthritis, painful migraines, and headaches.

Dead Sea Pool

Inspired by the healing powers of the Dead Sea, the pool's mineral-rich water is recommended for healing several skin conditions. Its regular use contributes to better breathing and improved circulation as it draws toxins from the body. It is also known to help relieve muscle and joint pain.

Vitality Pools

Maintained at 38°C, these luxurious bespoke pools are equipped with air and water jet features, such as a hydro backbench, air tubs, and body massage. Vitality pools help increase circulation and alleviate joint pain.

Hammam Scrub

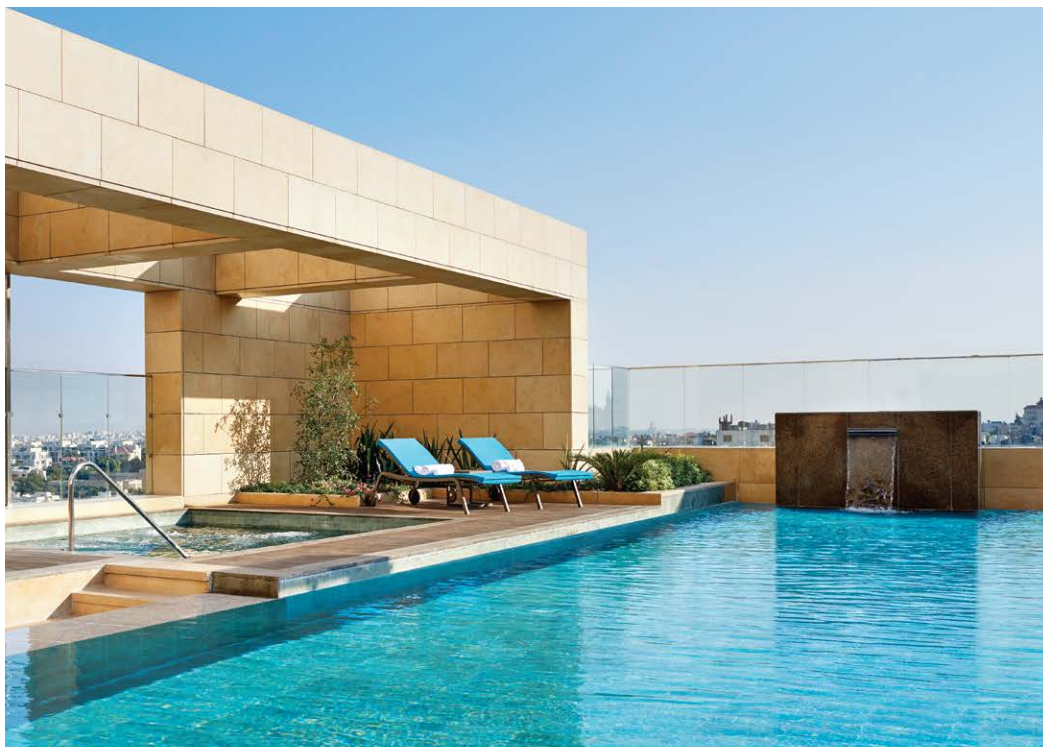
Our heated hammam room is the perfect retreat for this cleansing ritual.

Inhalation Steam Room Wellness

Maintained at 42-45°C, this humid, aromatic heat experience is highly beneficial for those who suffer from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session last 10-15 minutes and that you keep your body well hydrated afterwards. Humid heat is especially beneficial before or after a massage treatment to increase circulation.

Ice Fountains

Ice Fountains temperatures range from 4°C to 15°C. After exposure to a hot environment, crushed ice can be applied to limbs gently to selectively cool the body, speed up the cool down process, and dilate the blood vessels to decrease blood pressure.



Lifestyle Memberships

Fairmont Lifestyle Memberships encompasses a selection of lifestyle choices for Fairmont guests to suit the needs of their everyday lives. The Lifestyle membership invites you to be a member of Fairmont Amman and focuses on all elements of well-being including state-of-the-art fitness facilities with the latest equipment, a nurturing spa environment to escape and pamper yourself and a selection of food and beverage outlets to suit all your needs.

At Fairmont we understand the importance of exercise in our daily life. Our fitness center is built to ensure our guests have a comfortable space to use the best fitness equipment. Our dedicated personal trainers are available to assist with all your fitness goals, catering to your fitness level, ability and age.

As a valued member, you will enjoy the following benefits:

- Introductory personal trainers sessions
- Priority to all group classes – booking in advance is required
- Use of facilities including fitness and wet area
- Privileged pricing on our lifestyle offers including spas and restaurants
- Automatic enrollment in ALL, the Accor Live Limitless loyalty program
- Access to the outdoor pool
- Ladies lifestyle membership which includes free access to kids club (up to 2 kids)

The fitness center is open daily from 6:00am until 10:00pm and is located on the third floor.

For more details regarding our Lifestyle Membership and available classes, please contact Willow Stream on + 962 6 510 6200.

Willow Stream Signature Expressions

Willow Stream Signature Expressions bring together the key elements of face and body as one. We place a careful emphasis on our guests feeling locally connected while encouraging relaxation to restore their personal energies, resulting in feeling revived.

Royal Majestic Damaskan Rose by Dr Burgener Switzerland – 120 minutes

Your journey will start with an exfoliation using our hydrating honey peel with crushed apricot stones. Further benefits are achieved with the application of the Damaskan Rose wrap to rehydrate and regenerate the skin. A relaxing massage will complete your majestic experience, crowned by our Nourishing Royal Jelly Facial. Included in this treatment is our anti-aging signature smoothie.

Floating in the Dead Sea – 120 minutes

This unique treatment is carefully designed to give you the ultimate Dead Sea signature treatment. Begin with a soothing soak in the salt pool. Next, exfoliate the skin with the Dead Sea salt mineral body scrub. Cocoon yourself in a heated Dead Sea mud wrap and immerse yourself in our flotation bed, which gives the impression of floating in the Dead Sea. Complete this treatment with a full body massage using an aromatherapy essential oil blend that gently soothes your mind, body and soul. The experience is complemented with our signature Willow Stream Spa Amman drink that boosts your energy.



Advanced Facial

High Tech Ultrasound Anti-Aging Specialist Facial

The following Facial treatment incorporates the powerful healing benefits of the High Tech Ultrasound and Galvanic Technology from Dr. Burgener Switzerland.

Luxury Anti-aging Facial – 90 Minutes

Diamond Dermabrasion and Ultrasound, a synergy of deep exfoliation treatment for an immediate lifting, balancing and rejuvenating effect. Our diamond etched mechanical micro-peeling and exfoliation system penetrates deep into the layers of the skin it reduces enlarged pores, treats the scars reduces fine lines. The skin is left smooth with a dramatic effect on hyper pigmentation. Dr. Burgener High Tech Ultrasound works by combining two very well-known technologies (ultrasound and galvanic). It is extremely effective in improving and stimulating natural production of collagen and elastin with an effective firming results. This all-in one anti-aging system leaves the skin lifted



Classic Facials

Nourishing Royal Jelly Facial – 60 minutes

Bamboo is used to cleanse and exfoliate, followed by a firming massage using Serum Nutriderm, a pure elixir with musk rose and essential oils, which combats skin aging. Nourishing royal jelly extracted from hives in the Swiss Alps is applied as a mask, allowing vitamins and trace elements to penetrate the skin, turning back the hands of time.

Men's Fitness Facial – 60 minutes

This deep cleansing treatment is designed for combination to oily skin. A facial peeling eliminates impurities, leaving the skin smooth and refreshed. Purity Lotion and Intensive Purity Mask will tighten dilated pores and balance sebum excess. Your experience includes Face, Neck and Shoulder Massage. This treatment is tailor made exclusively for men.

Facial Add-ons

Reveal Skin Analysis

A true facial assessment using the state of Reveal Analysis Machine. Using the Reveal complexion analysis system, your expert spa therapist will provide a personalized skin analysis detailing your unique skin profile. Areas of focus include wrinkles, UV spots, brown spots and skin texture not visible to the naked eye. Once your skin is compared to that of your age group, a personalized report will outline the recommended treatment program to work on concerned areas.

Face Mask

Add to any 60 minute body treatments.



Authentic Experiences: Body Treatments

The History of the Dead Sea

From the heart of the African Great Rift emerges the Dead Sea, the lowest point on earth at 400 meters (1,300 feet) below sea level. Since the time of Cleopatra and King Herod, the ancient world sensed that there was something unique about the Dead Sea, recognized for its healing benefits as well as the air of mystery surrounding the area. Its unparalleled abilities to promote relaxation, activate the circulatory system, provide anti-aging support and heal the skin are among the countless reasons why the Dead Sea attracts so many travelers seeking holistic healing. An endangered natural treasure, the Dead Sea's water level is dropping at an alarming rate of around a meter (3 feet) a year. Nevertheless, the mystique of the Dead Sea prevails due in part to its unique chemistry, climate and composition. The Sea is home to 26 minerals, with a salt concentration of approximately 10 times higher than any other body of water. The mud produced on the banks of the Dead Sea from the layers of soil and the silt from the waters of the Jordan River and surrounding springs, has a strong cleansing capacity, making it ideal for relieving symptoms of chronic inflammation, psoriasis and eczema. Experience the benefits of this ethereal natural sanctuary for yourself.

Memories of Arabia by Dr. Burgener – 90 minutes

This exotic treatment was inspired by the enchanting Moroccan Hammam and by the milk bath ritual of Cleopatra. This experience begins with an application of our pure cold pressed Black Soap, rich in essential fatty acids and vitamins. Using a traditional Kassa glove, this full body exfoliation ensures in-depth cleansing. Dr. Burgener milk body wrap containing powerful Casein along with the 3 clays will leave your skin highly nourished and restored. The addition of our Dr Burgener Anti-Aging Bi-Phasic body concentrate will bring an increased efficiency for exceptional results.

Fusion Hammam by Trinitae – 60 minutes

Smooth away dull surface debris while restoring necessary nutrients to stressed and tired skin with an exfoliating Dead Sea salt scrub, customized with aromatherapy and essential oils, leaving your skin velvety soft. A Full body soaping massage will soothe and relax tired muscles followed by an application of Dead Sea mud body wrap inside the Hammam room, during the pose of the mud wrap a luxury pampering cleansing and moisturizer hair treatment will complete this indulgent treatment. Final application of Shea Butter to deeply moisturize the skin.



Slimming Treatments

Dr. Burgener Lipo Draining Cryofit Wrap – 60 minutes

Cryotherapy is a famous and very effective treatment to work on a better lymphatic and blood circulation. It soothes the veins and reduces the dimple effect of cellulite. It is recommended for clients who suffer from heavy legs. Due to the Menthol and Camphor ingredients contained in the Cryofit Lotion, a refreshing and cooling sensation is experienced by the guest.

Lympho Palper Rouler Massage – 60 minutes

This massage consists of movements that palpate and roll, working on the cutaneous adhesions deep within the skin. The Dr Burgener Svelt oil aids in slimming and detoxifying. The treatment consists of a light Lympho massage, to drain fluids and reduce water retention. Over time the connective tissue relaxes, circulation enhances and stimulates lipolysis, resulting in smoother texture, firmer skin and a more contoured figure.

Slimming Cure – 5 days

With the Dr. Burgener course of 5 slimming treatments, combined with 5 Personal Trainer sessions, initial Body Mass Index assessment and recommended nutrition plan.

Body Massages

Willow Stream Amman Signature Massage – 90 minutes

In Asia, bamboo is known as a symbol of longevity and prosperity. An East-meets-West massage treatment to evoke your senses, this massage combines the energy of the bamboo with Western techniques to revitalize and release built up tensions and discomfort from your body. Essential peppermint and rose oils are applied to the body in long gentle strokes using heated bamboo massage sticks, soothing the muscles while nourishing and moisturizing the skin for a uniquely relaxing experience. Indulge in the essence of legendary oriental healing.

Traditional Thai Massage – 90 minutes

This centuries-old therapy, known as passive yoga, is the perfect answer for anyone searching for optimal health, the release of tension and the restoration of vitality.

Tension Release Massage with Warm Volcanic Stones – 90 minutes

Derived from traditional Swedish massage techniques to renew, strengthen and heal the body, this full-body massage applies stretching and long strokes, along with palm and thumb pressure techniques to relieve tension, improve circulation and create a feeling of well-being. Using nourishing essential oils and warm volcanic stones to relieve tired aching muscles, the treatment activates various energy points, allowing you to unwind into a restful state of mind.

Fairmont Fit Deep Muscle Massage – 60 minutes / 90 minutes

Alleviate deep-seated tension and muscular stress with this powerful massage. Specialized techniques increase circulation to the muscle, helping re-align deeper layers of muscle, release chronic patterns of tension and alleviate common areas of discomfort such as a stiff neck, painful lower back and sore, tight shoulders.

Arabian Oud Massage – 60 minutes / 90 minutes

A luxurious aromatic massage with nourishing Natural Argan Oil enriched with Pure Oud essential Oil to relieve tension, this massage uses massage techniques to deeply relax the muscles.

Balinese Relaxation Massage 60 minutes / 90 minutes

Utilized for centuries to strengthen and heal the body this luxury traditional therapy combines long strokes, stretching as well as palm and thumb pressure techniques, deep kneads and foot reflexology. Flowing and graceful, the Balinese massage relieves tension, improves blood flow, eases stress, and encourages harmony.

VIP Couple Suite Spa

Customise your couple experiences by choosing a selection of treatments from the menu to suit your needs of the day. Whether it is a gathering with friends or you want to impress that certain someone we can cater to all your needs. The VIP suite is an exclusive private environment which includes private Jacuzzi and massage tables with enough space to relax for hours. You can also upgrade your experience with the following upgrades:

- Flowers and Candlelight
- Balloons for celebrations
- Lunch or snacks selection from our dining menu
- Alcoholic or non-alcoholic beverages
- Bath tub

Couple's retreats - Spa by Design

Make memories that you'll treasure together for years to come.

Couple Bliss – 90 minutes

Share romantic relaxation for a deeper physical and emotional connection, creating a beautiful union of mind, body and spirit with a side-by-side indulgence of 60 minute relaxing massage using an aromatic oil combined with a 30 minute Concentrate Express Facial to suit your skin care need.

Romantic Couple's getaway – 120 minutes

Escape at Willow Stream Spa's Couple VIP Suite Spa and immerse yourself with your loved one in aromatic Dead Sea salt soak in our couple's bath with romantic touches. Side-by-side body scrubs are applied followed by a delight full body light-to-medium pressure aromatherapy massage using an oil of your choice. This is the perfect romantic spa getaway to connect with your loved one.

Spa Essentials Packages

Our experienced coordinators will be pleased to recommend any two-, three- or five-hour spa packages suited to your specific needs. These can include anything from the menu above.

Additional Time

To upgrade any of our present treatments with additional time and services, the below mini-treatments will suit your skin care needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30-minute mini-treatments including:

- Bath Therapy
- Head and Scalp Massage
- Body Scrub
- Concentrate Express Facial
- Head, Neck and Shoulder Massage
- Foot Scrub and Relax Massage
- Foot Reflexology Massage



Spa Etiquette

Spa environment

Willow Stream Spa is a place to restore your energy and relax. For your peace and privacy, phones and other electronic devices are not permitted. If you would like to receive messages during your time with us, please let one of our colleagues know, and we would be happy to assist.

Spa arrival and etiquette

We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. Please come and spend the day with us. To make any changes to your booking, please contact the Spa at + 962 6 510 6200.

Personal matters

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can customize your experience to your needs.

Spa attire

You will receive a bathrobe and slippers to wear between treatments, as well as a locker for your personal belongings. For your comfort, undergarments must be worn during treatments. We ask you to leave jewelry and valuables in your guest room.

Gift vouchers

Gift vouchers for all Willow Stream Spa services and packages are available for purchase. Please contact our Spa Experience Coordinators for further information.

Making spa appointments

Consult our Spa Experience Coordinators to select treatments that fulfill your personal requirements. The Spa is located on the third floor of the Fairmont Amman. Advanced reservations are recommended to ensure availability.

Telephone: + 962 6 510 6200 | Email: amman.willowstream@fairmont.com

Spa cancellation policy

If you wish to reschedule or cancel any spa appointments, please notify the Spa 4 hours in advance. Cancellation or rescheduling of a package requires 24 hours' notice. Missed appointments without proper notice are subject to a 100% charge for reserved services.

Tax and service charges

For your convenience, 16% sales tax and 10% service charge are included in the treatment price.

Hours of operation

Spa Treatments: 10:00am – 10:00pm daily | Fitness Centre 6:00am – 10:00pm daily



6 Beirut Street - Amman Jordan

To book your next spa experience T: 6200 510 6 962+
Email: amman.willowstream@fairmont.com