

Welcome TO THE CLUB AT THE CLAREMONT

**ALL REGISTERED
HOTEL GUESTS ARE
PROVIDED
EXCLUSIVE ACCESS**



41 Tunnel Road
Berkeley, CA 94705
(510) 549-8517

HOURS OF OPERATION

Monday through Friday
6:00am - 8:00pm

Saturday & Sunday
8:00am - 6:00pm

Pools close 15 minutes before
closing time

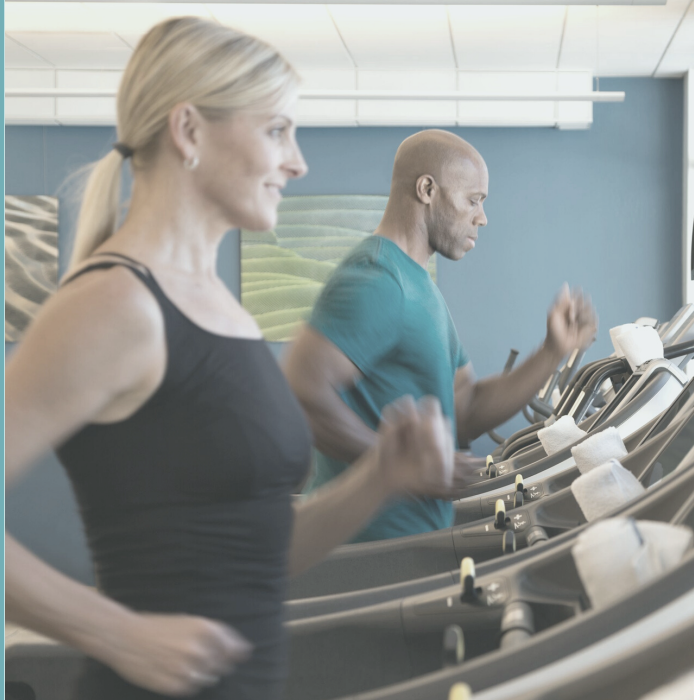
CLUB INQUIRIES

Please call Club Reception at
(510) 549-8517 or text **(510) 283-9833**
In-House Extension Directory
Club Guest Reception - x177



CLUB & POOL GUIDELINES

- Use of Club facilities, including pools, fitness center, classes, and tennis courts, are available to registered hotel guests and Club members only. Guests must be registered at the time of reservation. The number of registered guests per room will be limited to the maximum occupancy of the room. The Fitness Center and group classes are available to guests 16 years and older.
- All children 14 and under must be supervised by an adult.
- Dogs and other pets, except for service animals, are not permitted in the Club Facilities.
- Smoking is not permitted in the Club area.
- Outside food, bottles, glass objects, drinking glasses, and sharp objects are not permitted in the Club.
- When a lifeguard is on duty, all users follow lifeguards or Club personnel instructions for their safety.
- Children who are not water-safe must be accompanied by a parent or guardian at all times while in any of the pool areas.
- Children who are not toilet trained must wear Swimming Diapers and are only permitted to swim in the Children's Activity Pool.
- The circle area of Big Pool is shallow and suitable for children, but please be advised that steps leading out of the circle drop steeply into 4ft of water.
- All swimmers must wear appropriate swimming attire. Cut-offs, dungarees, Bermuda shorts, and thong bikinis are not permitted.
- Radios, televisions, and other electronic devices may be listened to only with headphones.
- Bicycles, skateboards, pool toys, and coolers are not permitted.
- Failure to comply with Club policies may result in forfeiture of your activity reservations.



CLUB AMENITIES

- Daily group exercise classes (schedule varies)
- Lap or recreational swim
- Outdoor hot tub
- Indoor and Outdoor gyms
- Tennis court reservations (racquets and tennis balls available upon request)

PERSONAL FITNESS TRAINING

Employing top-rated fitness instructors, trainers, and athletes – all certified in their specific fields – The Club at The Claremont provides expert instruction in a wide variety of activities, including Yoga, Pilates, H.I.I.T. Training, Z-Health, Strength & rehabilitative Training, and Pre/Post Natal exercise programs.

Advanced reservations are required and are subject to availability.

Pricing is as follows:

- **Somatic Training**
 - Single Session - 50-minutes/\$135
 - Duet Session - 50-minutes/\$190 (\$95 per client)
- **Sports Performance Coaching**
 - Single Session - 50-minutes/\$150

TENNIS COURTS & BALL MACHINES

The ball machines can be reserved on Courts 1 through 4 for 30 minutes or 60 minutes (fees may apply).

Ball machines are available for use beginning at 8am daily.

Pickleball court is available with an advanced one-day reservation. Racket and balls are provided.

For hotel guests wishing to use the tennis courts, racquets are available upon request. In addition, new tennis balls may be purchased at the Club Front Desk.

Proper tennis attire, including shirt, shorts, and shoes, is required at all times. In addition, regulation tennis shoes (non-marking) are strongly recommended.

PRIVATE TENNIS LESSONS

Tennis lessons are offered in 30-minute increments.

Advanced reservations are required and are subject to availability.

Private Lesson \$70-\$165

For Tennis Lesson Inquiries, please contact the Club Front Desk at extension 177

RETAIL

There are a variety of essential items available in the retail area of the Club Lobby, including;

- Swim goggles
- Sunscreen
- Swim diapers
- Swim caps
- Claremont Club & Spa apparel
- Snack Bars and healthy supplements, including Hammer Nutrition and Nutrition 53 products.

**Subject to change*





CLAREMONT CLUB & SPA

A FAIRMONT HOTEL

↑
TO TILDEN
PARK

STONEWALL ROAD

TANGLEWOOD ROAD

*Pathway from
● Carriage Entrance
to The Club

Group Fitness & F.I.T. Studio

Lap Pool

Main Pool

Pool Arbor

Bayview
Café

T5
T6

Outdoor
Pavilion

Kids' Club

Tennis Courts
T1-T10

T7
T8
T9
T10

CLAREMONT AVENUE
TO 24 WEST

Spin Studio

Club
Entrance

T1
T2

T3
T4

Spa Wing
Entrance
(Spa Level)

Carriage Entrance
(Garden Level)

Concierge

East Bay Provisions
(Carriage Entrance)

Spa Boutique (Spa Level)

Limewood Bar & Restaurant

Bell Stand

Hotel Front Lawn

Parking

Parking

Parking

Parking

Parking

Main Hotel
Parking Entrance

TO 24 EAST

TUNNEL ROAD

DOMINGO AVENUE

ASHBY

RUSSELL STREET

Domingo
Entrance

For a link to our Group
Fitness Class Schedule,
please click or tap **HERE**