



CLAREMONT CLUB & SPA
A FAIRMONT HOTEL

Club Protocols and Guidelines

We are thrilled to welcome you back to the Club at the Claremont. Prior to visiting, please carefully review the following Club guidelines and polices informed by the by the State of California and the Alameda County Health Department.

CLUB HOURS:

Monday through Friday 6:00 a.m. to 8:00 p.m.
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

CONTACT US:

Club Reception Desk: 510-549-8517

Website: www.fairmont.com/claremont-berkeley/activities/the-club

CHECK IN

All Club check-ins occur at the Club Front Desk. Please plan to arrive 10 to 15 minutes before your reservation time. All members and guests will respond verbally to a brief four-question health self-assessment form. We ask that you stay home if not feeling well. In accordance with Alameda County guidance, effective immediately, masks must be worn indoors at all times regardless of vaccination status.

Coolers & Food: Outside food and coolers are not permitted within the confines of the Club property. Food and Drinks are available at the Pool Bar located inside the Club or East Bay Provisions located by the Carriage Entrance for take-out.

POOLS

When: The Main Pool, Lap Pool, Children's Pool and Outdoor Whirlpool are open Monday through Friday at 6:00 a.m. until 7:45 p.m.; and Saturday and Sunday from 8:00 a.m. to 7:45 p.m.

Lap swimming will be open on a first come first serve basis. Please be courteous and share your lane when asked.

Recreational Swimming: Available in the Main Pool. During busy periods, lane lines may be removed in the Main Pool for expanded recreational swimming.

Scheduled Programming: Lanes are reserved at various times throughout the week for Aqua Aerobics classes and Streamliners workouts. Schedules are posted by each pool. Please be courteous and exit the lanes prior to the start of each class and lesson.

Children: Children must be toilet trained to use the Main Pool, Lap Pool and Outdoor Whirlpool. Children who are not toilet trained will only be permitted in the Fountain Pool. Parents must actively supervise their children at all times.

Parental Supervision:

Parents are required to attend to their children at all times even with lifeguards on duty. Children under 14 years of age must be accompanied by an adult.

Outdoor Whirlpool:

Open to ages 3 and older. Children under 14 years of age must be accompanied by an adult when using the Outdoor Whirlpool. For safety reasons, no toys or under water swimming by children is permitted.

Pool Toys & Equipment:

Pool toys including balls, flying plastic discs, water guns, large inflatable toys and air mattresses are examples of items not permitted. Small toys such as diving rings or noodles may be permitted. Kickboards, pull buoys and other swim training accessories are kept in separate bins exclusively for lap swimmers. Proper behavior will be monitored by Club staff to ensure safety of all guests and enjoyment of the facilities.

Happy Feet:

With the start with every summer season, children's feet will be highly sensitive when spending extended periods in the pools and walking barefoot on the pool deck. We strongly suggest children using water socks. For your convenience, you may purchase a pair at Club Reception.

Towels: Guests may prefer to bring towels from their hotel room or use Club towels located on the pool deck. All Club towels used must be dropped by the user into the towel bins. Any personal towels left behind will be disposed of.

Restrooms: The two restrooms at the south end of the Lap Pool are available for use. As a courtesy, please do not use restrooms as changing rooms.

Family Locker Rooms: Family locker rooms by the Lap Pool are open to families and children ages 16 and under only. All other swimmers please use the locker rooms on the bottom floor by the Membership Office. For your convenience, you may access the locker rooms via the entrance next to the outdoor whirlpool when entering from the pool deck.

Outdoor Showers: Showers will be limited to a quick two-minute rinse. Please stay in your swimsuit while rinsing and be respectful of other others by socially distancing yourselves and wearing a mask at all times until showering.

Pool Deck Furniture: Lounge chairs and umbrellas are not to be moved. Please ask a Club staff member if you need assistance.

Reminders: Glass is not permitted anywhere on the pool deck or pools. Please bring a water bottle as outdoor water fountains are not available.

TENNIS AND BALL MACHINE

When: Tennis hours are 6:00 a.m. to 8:00 p.m. Monday – Friday; and 8:00 a.m. to 8:00 p.m. Saturday & Sunday

Ball machines will have a 15-minute cleaning period between usages. Cleaning wipes and hand sanitizing stations are located at each court. Please do your part in keeping fellow players and Club team safe by using cleaning materials at the conclusion of game play.

Ball machine fees are as follows:

- 30 minutes: \$20
- 60 minutes: \$30
- Monthly Pass: \$60

OUTDOOR FITNESS PAVILION:

When: Outdoor Pavilion hours are 6:00 a.m. to 8:00 p.m. Monday – Friday; and 8:00 a.m. to 8:00 p.m. Saturday & Sunday

Who: Open to guests 16 and older.

Reservations for this area is no longer required. For your safety and as a courtesy to others, physical distancing of a minimum of 6 feet will remain in effect at all times before, during and after working out. Designated workout spaces are laid out for each piece of exercise, cardio equipment and workout zones. As a courtesy, please limit your time to 20 minutes on a piece of equipment if another member is waiting to use it.

A number group classes are scheduled in the Functional Training area of the Outdoor Pavilion. During these times, please be ready to vacate the area as needed and use the rest of the Pavilion equipment. To find out the class schedule and plan your workout accordingly, please check with the Club Reception or visit our website to find out specific times.

There is a designated space within the Outdoor Pavilion area to put a few belongings. Make sure to retrieve all items prior to departure.

INDOOR FITNESS CENTER:

When: Fitness Center hours are 6:00 a.m. to 8:00 p.m. Monday – Friday; and 8:00 a.m. to 8:00 p.m. Saturday & Sunday

Who: Open to guests 16 and older.

In accordance with Alameda County guidance, effective immediately, masks must be worn indoors at all times regardless of vaccination status.

As a courtesy to others, please limit your time to 20 minutes on a piece of equipment if another member is waiting to use it.

Please follow all policies in cleaning after yourself as well as placing utilized equipment back to its appropriate place. Sanitizing wipes and stations are provided.

Private Fitness training is available in designated areas based on availability. To inquire about booking a session, please contact the Club at 510-549-8517. A minimum of 72 hours advanced reservations is required.

GROUP FITNESS CLASSES:

When: Scheduled daily. For weekly class schedule please refer to the Club Reception Desk or visit our website.

Who: Open to guests 16 and older.

In accordance with Alameda County guidance, effective immediately, masks must be worn indoors at all times regardless of vaccination status.

Group classes will take place on the pool deck, Outdoor Pavilion, Group Exercise Studio, Main Pool (Aqua Aerobics) or may be hosted online based on weather conditions. Check with the Club Reception Desk at time of reservation.

At the end of class, please proceed to exit the area to permit staff to sanitize the space and equipment. Please follow all policies in cleaning after yourself as well as placing utilized equipment back to its appropriate place. Sanitizing wipes and stations are provided.

LOCKER ROOMS

Masks are required at all times except when taking a shower.

DAY LOCKERS

Please wipe before and after each use.

RESERVATIONS:

Group classes (except for Aqua Aerobics classes) may be reserved starting at **8:00 a.m.** for same day and next day reservations.

Classes with higher attendance will require Reservation Cards. Please check with the Reception Desk upon check-in to pick up your card before attending class. Instructors will collect these cards at the beginning of class.

Arrive a few minutes before class start time to secure your spot in class. Waitlisted members will be accommodated at the start of the class.

Late arrivals may not be accommodated especially for classes such as yoga or Tai Chi.

Please make your reservations by Text via Kipsu at (510) 283-9833 or calling the Club Reception Desk at (510) 549-8517 during Club hours.

To accelerate successful booking please do the following:

- At point of reservation select to telephone or text, not both
- Be prepared to provide your Hotel Room number or Club Member number, desired activity and time, suitable alternative times
- At the onset of 8:00 a.m. respectively, we ask that you use the phone lines or Kipsu for reservations and cancellation only

Thank you for your ongoing support as we navigate a safe and fun return to the Club facilities and activities. All of these policies are derived from health authority guidelines and are subject to change.