



CLAREMONT CLUB & SPA

A FAIRMONT HOTEL

FITNESS PAVILION WORKOUT POLICIES

1. Do not visit the Club if you are ill or are showing symptoms of any kind. Please wash hands or sanitize them prior to arrival. Members participating in any activities at the Club assume all risks, including exposure to COVID – 19, with the understanding they have waived all rights under the terms of the membership agreement. All members are required to sign the COVID-19 waiver on their first visit to the Club.
2. Access to the outdoor Fitness Pavilion and use of the fitness equipment for member workout is by reservation only including those with existing tennis court or group class reservations. Workout reservations will be up to 60 minutes and you may reserve your space by calling 510-549-8517 Monday to Friday between 9:00am and 7:00pm, Saturday and Sunday 9:00am to 5:00pm, up to 24 hours before working out. As a courtesy, if unable to make your reservation please cancel so we can accommodate another member. No outside guests at this time.
3. Check in will occur at Club Front Desk. Please plan to arrive 10 to 15 minutes before your reservation time to Check In. All members will have their temperature taken via a touchless thermometer and respond verbally to brief four-question health self-assessment form. Anyone with a temperature above a 100.4 degrees will not be admitted. Please be mindful of physical distancing at all times. If late, your allotted time will end at your reserved time slot. After Check In, members will enter through the outside gate and down the stairs along the Club and exit the turnstile to the lower Member parking lot.
4. In accordance with ACHD guidelines, masks are required and must remain on at all times when at the Club including working out and engaging in group exercise classes.
5. For your safety and as a courtesy to others, physical distancing of a minimum of 6 feet will remain in effect at all times before, during and after working out. Designated workout spaces will be laid out for each piece of exercise, cardio equipment and workout zones. As a courtesy, please limit your time on a piece of cardio and Pilates equipment if another member is waiting to use it.
6. For health and safety, please bring your own water bottle, towel, personal sanitizer, and personal yoga mat if desired.
7. There will be a half hour interval between reservations to permit staff to sanitize the space and equipment. Please follow all policies in cleaning after yourself as well as placing utilized equipment back to its appropriate place. Sanitizing wipes and stations will be provided.
8. There will be a designated area within the Fitness Pavilion to put a few belongings. We are unable to accommodate a Lost & Found at this time and remind you to retrieve all items prior to departure.
9. There will be no access to the main Clubhouse facilities or locker rooms. Two restrooms adjacent to the lap pool will be available to use and will be sanitized regularly by our staff. Please practice strict hygiene. These restrooms may be accessed by the stairway to the pool deck. Pools and pool deck seating remain unavailable at this time.

10. Private Somatic training is available outdoors in designated areas. To reserve a session, please contact the Club at 510-549-8517.