

Fairmont
MOUNT KENYA SAFARI CLUB

SPA MENU

TAILOR YOUR PROGRAM





NOURISHED BY NATURE

The grandeur of Mount Kenya does more than simply take your breath away: It inspires you to slow your treatment and experience offered at the Fairmont Mount Kenya Safari Club Spa.

At Fairmont Mount Kenya Safari Club Spa, we channel the natural elements that surrounds us through treatments designed to enliven your skin, restore your muscles and soothe your spirit. Here, we unite ancient modalities of movement with sophisticated technologies to transform our awareness of what our bodies can achieve.

We invite you to share this space with us and begin your own story of connection—to the powerful mountain and the elemental brilliance of nature, but most of all, to yourself.

RIUKI SPA AND WELLNESS CENTRE

ORIGIN OF RIUKI

Legend has it that Mount Kenya was shaped by a celestial event when a "star" named Riuki—translating to "the stone that came from outer space"—struck the Earth. The collision unleashed a colossal explosion, followed by a powerful earthquake and cascading waves that spread outward. This dramatic impact created a deep depression where magma (gicurucuru), volcanic ash (umbi), and debris of Riuki itself were expelled to the surface. In time, Riuki became a fundamental part of the majestic Mount Kenya, embedding its essence into the very rocks of the mountain.

THE FAIRMONT SPA

Surrounded by the lush forest, adjacent to the majestic Mount Kenya, Riuki Spa and Wellness Centre offers a distinctive spa experience inspired by the invigorating elements of the mountain. This enchanting setting creates a mystical backdrop that reflects the region's textures, colors, and scents.

Spanning 550 square meters, our spa and wellness retreat seamlessly blends modern architecture with nature. It features outdoor grounds for yoga sessions, three treatment rooms, and facilities including a spa, steam room, and sauna, providing a range of options for a rejuvenating wellness experience. The surrounding Mount Kenya forest enhances your relaxation during massages, fitness sessions, or yoga classes.

At Riuki Spa and Wellness Centre, we are committed to environmental conservation and sustainability. We use natural and organic products whenever possible and proudly uphold high ethical standards, ensuring that our offerings are both effective and environmentally responsible.

FAIRMONT SPA PRODUCT PHILOSOPHY

At Fairmont Spas, we prioritize several key aspects when selecting products for our global locations. With a focus on luxury, we choose brands that promise quality and results-driven treatments tailored to the unique needs of our valued guests. We also emphasize environmental sustainability, reflecting our commitment to social responsibility. Our partnerships with product houses are crucial, ensuring access to premium spa products and comprehensive training for an exceptional guest experience.

RIUKI SPA & WELLNESS CENTRE PRODUCTS

Experience ultimate relaxation and rejuvenation with our premium, sustainable spa products, crafted to elevate your self-care routine while caring for the environment. Our products are infused with natural ingredients designed to nourish your skin, soothe your senses, and restore balance to your body and mind. From luxurious body oils and scrubs to revitalizing face masks, the products offer a holistic, eco-conscious approach to wellness. Treat yourself - and the planet - to the luxury you deserve.

FAIRMONT MOUNT KENYA SAFARI CLUB WELLNESS FACILITIES

We understand the importance of maintaining an exercise routine, especially for travelers on the move, and recognize the need for top-notch, well-equipped fitness facilities. Technogym® provides spacious, customized wellness areas and fitness equipment designed to meet all your needs.

Our dedicated wellness professionals are here to support you, whether you are a beginner or an experienced fitness enthusiast, helping you achieve your personal health and fitness goals.

At Fairmont Mount Kenya Safari Club, we offer the perfect setting to rejuvenate your energy. Our facilities are available to both hotel guests and local visitors and feature a range of services designed to enhance your well-being.

We offer the following facilities & services:

- Lounge
- Steam and sauna
- Ladies and gentlemen changing rooms with lockers
- Manicure and pedicure
- Three treatment rooms





FAIRMONT SIGNATURE EXPRESSIONS

Fairmont Spa Signature Expressions provide the ultimate indulgence by blending the finest aspects of facial and body care. This exquisite experience is meticulously designed to immerse our guests in the essence of the local surroundings, while simultaneously promoting deep relaxation that revives both body and soul. The result is a complete sense of restoration and invigoration.

As you embark on this luxurious journey, you will have the opportunity to enjoy exclusive access to our exceptional Wellness Spa and delight in a gourmet, health-conscious meal that is specifically crafted to enhance your overall well-being. There is truly no superior method for unwinding and recharging than this.

MOUNTAIN CHARM *150 minutes*

This treatment is a holistic journey that rejuvenates both body and face, leaving you feeling lighter and infused with a renewed sense of vitality. Begin with a revitalizing body wrap or scrub, followed by a soothing massage and facial that imparts an all-over glow. It is the ultimate luxury experience, set against the serene backdrop of Mount Kenya.

MORROCCAN BATH TREATMENT *90 minutes*

This treatment detoxifies and deeply exfoliates your body using black Moroccan soap, offering a thorough cleansing and rejuvenation of your skin. Under the gentle influence of steam, the process is followed by the application of hydrating Vitamin C and a rich moisturizing body butter, leaving your skin refreshed and revitalized.

CLEOPATRA RITUAL *120 minutes*

Rooted in centuries-old tradition, this treatment offers a deeply detoxifying and profoundly relaxing experience. Begin with the Calm Mind Ritual, where gentle stretches for the head and neck ease tension, allowing your breath to flow freely. The journey continues with a full-body muscular release massage, celebrated for its detoxifying properties that are expertly absorbed through the skin. Conclude with a calming detox facial and a soothing foot massage, leaving you completely revitalized from head to toe.





BODY MASSAGES

SIGNATURE MOUNTAIN TREATS

RIUKI CHARM *120 minutes*

Unwind, rejuvenate, and immerse yourself in tranquillity at the foot of Mount Kenya. Using pure essential oils, this specialized massage ritual, inspired by time-honoured traditions, gently melts away the stresses of the day, restoring harmony to both body and mind.

COFFEE BODY POLISH *90 minutes*

Experience a revitalizing full-body exfoliation with a blend of coffee and frangipani oil. This luxurious treatment stimulates circulation while deeply softening and smoothing the skin, leaving you feeling refreshed and renewed.

G5 TREATMENT

This body treatment utilizes the G5 machine, featuring different heads that replicate various massage techniques. It is highly effective for toning, enhancing circulation, and targeting fatty deposits and cellulite.

MOUNT KENYA AROMA BODY WRAP

90 minutes

Experience an aromatic journey designed to indulge your body with 3 essential elements: exfoliation, a detoxifying body wrap, and muscle tension release. Perfectly suited to your unique needs, this invigorating detox sequence uses a blend of effective essential oils to target cellulite, firm the body, and refine your overall shape. Complemented by draining massage techniques and potent ingredients, it works to eliminate toxins, remove impurities, and enhance your body's natural contours.

INTENSE NOURISHMENT *60 minutes*

Indulge in a luxurious treatment for dry, lacklustre skin, leaving your entire body deeply nourished and beautifully smooth. This experience begins with a revitalizing scrub, followed by the application of hydrating marine algae and a rich, velvety body butter that envelops your skin in intense moisture.



COUPLE'S TREATMENTS

Tailor your couple's experience by selecting treatments from our menu that best suit your desires for the day. Whether you're looking to impress a special someone or simply enjoy a luxurious escape together, we cater to all your needs. Our exclusive lounge area offers breathtaking views of the Mount Kenya forest and provides a spacious, private retreat where you can relax and unwind. Enjoy our selection of nourishing drinks and snacks as you indulge in this exceptional experience.

UREMBO TIME *60 / 90 minutes*

Unwind together with a full-body aromatherapy massage, where a blend of essential oils and expertly crafted movements work to stimulate circulation, foster deep relaxation, and restore energy flow throughout your bodies. This beautifully soothing and rejuvenating experience is perfect for quality time together.

LIKII CHARM *90 minutes*

Enjoy side-by-side indulgence with a 60-minute relaxing massage, featuring aromatic oils and freestyle techniques, paired with a 30-minute mini facial tailored to your skincare needs. This combined experience offers a perfect blend of relaxation and rejuvenation.

HOT STONE THERAPY *60 minutes*

This natural therapy offers profound relaxation for your body, with warm stones that soothe sore muscles and stiff joints while easing muscle tension. The massage technique enhances the effectiveness of deeper tissue manipulation, promoting a deeper sense of relief and comfort.

REFLEXOLOGY *60 minutes*

Infused with calming African essential oils, this treatment focuses on reflex points on the feet and hands, believed to reflect the body's overall state. By targeting these points, the therapy aims to promote physical balance and harmony, offering a restorative and soothing experience.

AROMATHERAPY *60 minutes*

Select your favourite scent from our collection of body oils and African herbs, tailored to meet your specific needs. Experience a rejuvenating treatment as our specialized relaxing and restorative massage techniques enhance circulation and restore balance to your body.



CLASSIC FACIALS

SKIN CLARITY FACIAL - DEEP CLEANSE

60 minutes

Experience clarity and calm with this transformative treatment. Acne-affected skin is soothed and visibly refined, while oil-free nourishing products maintain moisture balance, helping to prevent future breakouts and irritation. The Clarity serum enhances your skin's hydration, while vitamins and antioxidants provide essential protection and defence.

INTENSE HYDRATION FACIAL - REJUVENATE

60 minutes

This deeply hydrating treatment delivers unparalleled moisture for all skin types. The Rejuvenate Serum, rich in vitamins and antioxidants, lifts, tones, and profoundly hydrates, enhancing facial volume and improving contour. Enjoy immediate results that continue to enhance your skin's radiance and reduce fine lines and wrinkles in the days following your facial, leaving you with a refreshed, glowing complexion.

MOUNTAIN SIGNATURE DETOX FACIAL

60 minutes

Inspired by the majestic Mount Kenya, this facial treatment is designed to suit all skin types and combat environmental signs of aging. It offers a thorough detoxification, utilizing unique purifying products and essential oils to refresh and deeply hydrate your skin.



SPA ESSENTIALS PACKAGES

Our skilled team is delighted to recommend personalized spa packages ranging from two to four hours, tailored to your specific needs. Choose from a variety of treatments, complemented by a healthy snack or lunch.

For a more immersive experience, explore our full-day packages designed to focus on fitness, purification, cleansing, and detoxification for both body and mind.

LENANA BLISS *(DAY 1 PACKAGE)*

7:00am - 4:00 pm

- Morning jog
- Breakfast
- 1 hour back and neck treatment
- 1 hour nature walk in Mount Kenya forest
- Riuki Sundowner
- Healthy lunch at Ze Bar Terrace
- Garden Walk
- Access to heated pool, steam and sauna room
- Natural hot beverages and fresh fruit

NELION BLISS *(DAY 2 PACKAGE)*

7:00am - 5:00 pm

- Morning jog
- Breakfast
- 1 hour nature walk in Mount Kenya forest
- Riuki Sundowner
- Healthy lunch at Ze Bar Terrace
- Garden Walk
- Access to heated pool, steam and sauna room
- Natural hot beverages and fresh fruit
- Personalized deep cleansing facial
- High tea

BATIAN BLISS *(DAY 3 PACKAGE)*

7:00am - 5:00 pm

- 1 hour Mountain Charm treatment
- Morning jog
- Breakfast
- 1 hour back and neck treatment
- Riuki Sundowner
- Healthy lunch at Ze Bar Terrace
- Garden Walk
- Access to heated pool, steam and sauna room
- Natural hot beverages and fresh fruit
- High tea

SALON MANICURE

SIGNATURE MANICURE

Full care of your hands and nails with a choice of either gel polish or normal polish. Your hands will be scrubbed and massaged.

SIGNATURE PEDICURE

A feet scrub and massage with pedicure will take care of your feet with a choice of either gel or normal polish application.

OTHER SERVICES

- Standard manicure, Standard pedicure
- Nail polish removal
- Waxing
- Sauna or steam only
- Indian head massage
- Back, neck and shoulder



SPA ETIQUETTE

SPA ENVIRONMENT

Fairmont Spas offer a serene sanctuary for restoring your energy and relaxation. To ensure your peace and privacy, we kindly request that phones and electronic devices be left aside. If you need to receive messages during your visit, please inform one of our team members, and we will be pleased to assist.

Our Spa experiences are available for guests aged 18 and over.

A parent or guardian must accompany minors.

SPA ARRIVAL AND ETIQUETTE

We recommend arriving at least 30 minutes before your appointment to fully enjoy our facilities and ensure your treatment begins as scheduled.

Late arrivals may result in a shortened experience.

We invite you to spend the day with us and make the most of your visit.

PERSONAL MATTERS

Please inform us of any health conditions when booking your appointment. You will also be asked to complete a medical history form to help us tailor your experience to meet your specific needs.

SPA ATTIRE

You will be provided with a robe and slippers for your comfort between treatments, as well as a locker for your personal belongings. We kindly request that you leave jewellery and valuables in your hotel room or at home.

SPA CANCELLATION POLICY

Please note that late arrivals may result in a shortened treatment time to accommodate our next guest. We request a minimum of 2 hours' notice for cancellations; otherwise, a charge of \$100 will apply.

HOURS OF OPERATION

Daily from 10.00am - 11.00pm. Request outside these hours will attract a surcharge of Ksh. 5,000.



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