

The GRANDEST of SUMMERS

SUMMER ACTIVITIES GUIDE



Fairmont
TREMBLANT

A photograph of an outdoor patio at night. The patio is paved with large, light-colored stone tiles. In the foreground, there are several wooden tables and chairs, some with glasses and plates. In the background, there is a large, square fire pit with a fire burning inside. Above the patio, there are several strings of warm white LED lights hanging from a tree and a building. The building has a stone wall and a wooden balcony with a railing. The sky is dark blue with some stars visible.

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Spa and WELLNESS



INDOOR POOL AND BATHS

- Heated indoor pool
- Whirlpool bath
- Dry sauna
- Two steam baths

OUTDOOR POOLS & THERMOTHERAPY ACCESSIBLE YEAR ROUND

Enjoy thermotherapy in our pool area with hot and cold pools, sauna and steam rooms. Bask in this wellness ritual that is based on the use of water for therapeutic purposes.

- Heated outdoor pool with seasonal waterfall (summer) and Nordic pool
- Large outdoor therapeutic whirlpool at 98°F/37°C

FITNESS CENTRE

Gym with natural light equipped with free weights (2 to 50 pounds), spinning bicycles, stair climbers, treadmills, elliptical machines, multifunction and weight training machines, and a TRX system.

STAY AND STAY FIT EXCLUSIVE FAIRMONT SERVICE

The Fairmont Fit program keeps you active throughout your stay. ALL members enjoy exclusive complimentary Reebok® exercise shoes and apparel delivered to your room.

MOMENT SPA FAIRMONT TREMBLANT

Moment Spa is a peaceful haven where you can fully relax and regenerate both body and soul. After a day breathing the fresh mountain air, treat yourself to absolute relaxation with the help of Moment Spa's highly qualified team and idyllic surroundings.

Resort activities are subject to change and could be cancelled without notice.

FOR MORE INFORMATION OR TREATMENT RESERVATIONS OR SPA PACKAGES:
819 681 7680 [MOMENTSPA.COM](https://www.momentspa.com)



Activities at the HÔTEL



YOGA

Breathe, move, stretch and enjoy the moment! An inspiring experience for all, led by a certified teacher. Yoga mat provided. Every Saturday.

GUIDED NATURE WALKS

Lace-up your shoes and enjoy a guided walk through the beautiful boreal forest. Discover the beauty of Tremblant accompanied by a local guide. No matter your level of physical activity, this adventure is for everyone! Every Sunday morning.

GAME ROOM

Children of all ages will be delighted to discover our playroom equipped with a ping-pong table, foosball, bean bag toss and more. *(Subject to room availability)*

POOL TABLE

Show off your skills and enjoy a game of pool with family and friends! Ages 16 and over or an adult must be present at all times.

MOVIE NIGHT

Family-friendly movie feature with snacks for the whole family. *(Subject to room availability)*

BONFIRE EXPERIENCE

Gather around our bonfires and roast marshmallows while you relax and admire the beautiful landscape.

HIKING

Discover the highest peak in the Laurentians via 11 trails ranging from 1 km to 11 km for hikers of all levels. Crisscrossing Mont Tremblant amidst waterfalls, streams and lakes, our trails offer open and shaded areas and deliver spectacular views at every turn. Access to trail directly from the hotel. Dogs are welcome on the mountain during the summer season exclusively, except in certain preservation areas of the park (Parben, Johannsen and Sommets trails).

APRÈS-SKI TERRACE

Come to the Après-Ski Terrace for a unique and festive experience. Enjoy the view with a glass of champagne. DJ on site every Saturday during the regular season and throughout the summer.

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FOR MORE INFORMATION, CONTACT US BY EMAIL TREMBLANT.CONCIERGE@FAIRMONT.COM OR [CLICK HERE](#) TO BOOK THESE ACTIVITIES.



Activities in the PEDESTRIAN VILLAGE



LUGE

Fun-filled ride on a 3-wheel cart using a unique braking and steering system that gives the rider full control. Summer fun starts here with the ride everyone's talking about.

TONGA LUMINA

This 1.5-km night walk takes place on a stone dust and illuminated pathway at the heart of nature. To start off, visitors show up at the bottom of the Flying Mile chairlift that will take them up to the midway station where they will be led to the entrance of the trail. After taking visitors on a brief ascension, the trail slowly weaves its way down the hill through the woods, crosses streams and clearings.

ZIPTREK ECOTOURS

An exciting, unique activity here in Eastern North America, visitors set out to discover local ecology, spectacular Laurentian scenery as well as the mountain from high above, and all along their descent. The adventure begins with a panoramic gondola ride to the summit, then unfolds across five aerial ziplines – two of which are over one kilometre long!

PANORAMIC GONDOLA

Comfortably sit in the Panoramic Gondola and admire the view for a few minutes as you reach the summit of Tremblant! Not only will you get a breathtaking view on the Laurentians, Lac Tremblant and the surrounding valleys, you'll also have access to a host of activities.

LE PETIT GÉANT MINI-GOLF

The mini-golf with a giant attitude! As a small replica of Le Géant golf course, the mini-golf Le Petit Géant serves up lots of fun for friends and family at a very mini price.

BIRDS OF PREY SHOW

Experience Falcon Environmental Services' trained raptors as they take flight on the summit of the Laurentians! Learn all about these spectacular birds and marvel at their agility as they brush right past you and fly right above your head!

CLIMBING TOWER

Come stretch your arms and legs on the climbing tower. Whether you are a beginner or an advanced climber, you will find a path that suits your skills on this 30-foot high tower.

ENTERTAINMENT AND PLAY AREAS

Children and adults' entertainment is everywhere in Tremblant's pedestrian village. Enjoy the street entertainers, discover fun play areas for climbing, sliding, playing hide, and more!

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Activities in the PEDESTRIAN VILLAGE



EUROBUNGY

Experience the adrenaline rush of bungee jumping - without the risks - as you perform gravity-defying manoeuvres.

ROCK CLIMBING

During the activity, you will get to climb the cliff several times. Your certified guide will help you learn how to safely belay other climbers and how to rappel. This activity is designed for beginners and no climbing experience is necessary.

VIRTUAL REALITY

Hold tight and get ready for full immersion! At our new virtual reality experience centre located directly in the pedestrian village, we offer virtual reality games for everyone from the absolute beginner to the serious gamer.

PLUSH FACTORY

Create an adorable plush companion and experience magical moments! You can choose from more than 40 furry friends and hundreds of costumes and accessories. A passport and suitcase complement the experience. Fun for all ages.

STUDIO CRÉATIF

Studio Créatif offers artists and amateurs alike the opportunity to paint beautiful ceramic souvenirs, kitchenware, and keepsakes. You have the pleasure of creating your masterpiece in our studio, or borrowing our "take-out" kits.

MISSION LASER

Our state-of-the-art laser tag arena combines the latest high-tech gear and thrilling action to offer an exciting indoor activity in Tremblant. You'll feel as if you're in the heart of a video game!

MISSION LIBERTÉ

Enter a carefully crafted world that will immerse you in a thrilling experience. Getting in is easy, but getting out will require all your smarts and observation skills. Six different 1-hour scenarios and 2 express games. Locker available on site.

BRIND'O AQUACLUB

Come and experience the reality of Brind'O Aquaclub's world at the heart of the resort. With its 4 slides, 35 interactive water games, revamped fitness room and hot tub, the new family waterplay centre is becoming a must, rain or shine.

CYCLING

Discover the region! Summer or winter, the Mont-Tremblant region is full of breathtaking scenery and offers many possibilities for a bike ride directly from the hotel. Whether it's on the bike paths or on the trails, there's something for everyone. For all tastes... and all levels.

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Activities in the PEDESTRIAN VILLAGE



CENTRE NAUTIQUE PIERRE PLOUFFE

Centre Nautique Pierre Plouffe is located at the Beach and Tennis Club along the shores of dreamlike Lac Tremblant's crystalline water. Enjoy a full range of nautical activities and boat rentals.

Iceberg

Climb one of our two inflated mountain structures on Lac Tremblant and dive off to your heart's content! Have fun on the only such water toy in Canada.

Boat rentals

Sail out and discover the Lac Tremblant. Twelve kilometers (7.5 miles) long, the Lac Tremblant is the perfect place to spend a beautiful day aboard a boat with family or friends. Enjoy swimming and picnicking in the clear waters of this beautiful lake, surrounded by mountains and forest.

BEACH AND TENNIS CLUB

The stunning views on mount Tremblant and a multitude of activities await vacationers at the beach and on the lake all summer long.

TENNIS

Academy Director André Lemaire welcomes you to Tremblant's superb complex of world-class clay courts including 6 lighted ones. As the only coach in Canada who has tutored athletes to victory at both Wimbledon and the French Open, he leads his team of instructors to offer a personalized approach for learning and improving your game.

CRUISES ON LAC TREMBLANT

Aboard Le Grand Manitou II on the magnificent Lac Tremblant, enjoy the beautiful scenery of Laurentians while listening to stories and legends about the surrounding mountains.

PARC PLAGE

Swimming, beach, picnic tables, fun and relaxation for everyone! Lifeguard on duty during opening hours.

IRONMAN MONT-TREMBLANT REGIONAL INFORMATION CENTRE

Located in the heart of the three Subaru IRONMAN Mont-Tremblant courses, directly at Parc Plage, this service point offers personalized service and gives you access to lake temperature and additional important race information. The only one of its kind in the world, this information centre the ideal place to experience your swim start first hand!

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Activities in the PEDESTRIAN VILLAGE



LE CASINO DE MONT-TREMBLANT

Casino de Mont-Tremblant. Reserved to those aged 18 years and over. Go to casinos.lotoquebec.com/en/monttremblant for programming and special events.

PAINTBALL

Instructors will guide you through exceptional outdoor courses. The Paintball Centre offers games for all levels on varied terrain with different scenarios. Keep in mind that you will be playing with your group's participants, but may also play with other groups depending on how many people there are. Minimum age: 10.

DUNE BUGGY

A guide will take you on winding mountain trails for a fun family outing. Dune buggies are all-terrain vehicles that drive like cars. In the winter, enjoy an enclosed, heated cabin. 4-passenger dune buggies. Minimum passenger age: 5.

SPA SCANDINAVE TREMBLANT

Wellness centre that offers a unique thermotherapy experience. Thermotherapy is an immersive journey through hot installations, up to 85 degrees, and cold installations, down to 10 degrees, as well as spaces designed for relaxation.

GO-KARTING

Challenge yourself and have fun while learning basic racing techniques and driving an Enduro-Kart (go-kart). Karts are powered by a four-stroke 9.5 HP engine and capable of reaching over 85 km/h.

FISHING

Find your perfect fishing adventure. Whether you are a fly fishing expert, a lake fishing amateur or just looking to learn and spend a great day catching fish, we guarantee unforgettable moment.

VIA FERRATA

A unique mountain experience! A hybrid between hiking and climbing, via ferrata is a mountain course secured by steel cables and holds attached to a rock face. With our certified guides, experience some of the thrills of rock climbing in complete safety. Via Ferrata is located at the entrance of Parc national du Mont-Tremblant and is guaranteed to blow your mind!

HELICOPTER RIDES

Discover the region from a different angle with a scenic flight over Mont-Tremblant and the surrounding area. 10, 20 and 30-minute tours available.

ULTRALIGHT FLIGHTS

These ultralight flights will make you see the region in a unique and new way. In less than 20 seconds, you will be in the air. Feel the wind on your face as you fly over the mountains!

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Activities around **MONT-TREMBLANT**



HORSEBACK RIDING

Ride a horse and discover the beautiful landscapes of the Laurentians. Accompanied by your guide, you will ride through the forest on hilly trails. We offer 3 different rides for beginners and intermediate riders.

ASTRONOMY

Attend an evening dedicated to astronomy in the dome of the Pavillon Vélain with 360° projection.

TYROPARC

Tyroparc Mountain offers adventurous things to do near Tremblant. It is the ideal place for thrill seekers that are looking for exhilarating, more extreme activities in Tremblant.

CANOEING, KAYAKING AND SUP PADDLE BOARDING

Around the Resort, discover the gorgeous scenery and secluded beaches of Mont-Tremblant area during a canoe, kayak or SUP paddle board descent on the Rouge or La Diable rivers, in the Parc National du Mont-Tremblant.

LA DIABLE RIVER

Discover the landscapes and beaches of the Mont-Tremblant region during a descent of the La Diable river not guided by canoe, kayak or paddle board.

PARC NATIONAL DU MONT-TREMBLANT

The Parc National du Mont-Tremblant is a 1,510 km² haven of peace where protected lakes, rivers and forests are yours to discover. Take your time discovering this unique landscape and its sandy river beaches during a 12-km self-guided canoe down on the meandering Diable River.

DOMAINE ST-BERNARD

Discover this ecotourism green park of more than 1,500 acres of protected nature for your favorite sports, cultural, educational and recreational, social and scientific activities. Hiking, swimming, cycling, cross-country skiing, snowshoeing, etc

SENTIER DES CIMES

Discover one of the most impressive views of the region. A safe, barrier-free and universally accessible path that rises gently to the top of the panoramic tower at a maximum gradient of 6%, allowing families with strollers and people in wheelchairs or scooters to enjoy a walk adapted to their needs.

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MONT-TREMBLANT *Golf*



LEARNING WITH THE PROS

Tremblant Golf Academy at Le Diable rivals with North America's best, thanks to its team of certified teaching professionals and unique top-notch facilities. Lessons with pros must be requested in advance to be arranged by our concierge.

LE DIABLE

Live an incomparable golfing experience on Le Diable, an astonishing course with devilish surprises at every turn, imposing red-sand bunkers and long narrow fairways. This unique 7,056-yard marvel designed by Master Architects Michael Hurdzan and Dana Fry will put all your drive and precision to the supreme test.

LE MAÎTRE

Le Maître reflects the precision and power of Masters champion Fred Couples who, along with architects Gene Bates, Graham Cooke and Darrel Huxham, designed 18 superb holes along the Rivière Diable (Devil's River) in Quebec's spectacular Mont Tremblant region.

LE GÉANT

Plateaus sculpted right into the mountainside, heart-stopping views of the vast Laurentian landscape – this master's golf course is an unforgettable experience for golfers who like a game in glorious surroundings that are... gigantic. Your biggest challenge is keeping your eye on the ball.

LA BÊTE

Unfolding harmoniously through the tree-lined hills and valleys of the majestic landscapes of Mont Tremblant and the Diable River, in the heart of the spectacular Upper Laurentians region of Quebec, La Bête course offers a pleasant walk in the forest, rich in golfing challenges.

The 6,825-yard course, designed by renowned Montreal architect Graham Cooke is available in five tee distances to reward golfers of all abilities with an extraordinary experience.

THE ROYAL LAURENTIAN

Golfing skills put to the test! A 6800 yard championship course with 5 tee boxes where the most experienced players as well as beginners alike will enjoy it. Named one of the top 20 most beautiful golf courses in Quebec and the 100 most beautiful in Canada, the Royal Laurentian golf course is a unique design created with respect to the natural forms of the territory, surrounded by lakes, waterfalls, rivers and greens worthy of the finest private clubs!

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