



FAIRMONT SPA

NOURISHED BY NATURE

FOR RESERVATIONS

PLEASE CALL 412.773.8882

FAIRMONT PITTSBURGH

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Indulge in an urban oasis in the heart of downtown Pittsburgh. **The Health Club & Spa at Fairmont Pittsburgh** offers luxurious amenities and unparalleled service in a contemporary and elegant setting. Relax in any of our four well-appointed treatment rooms, including a couples' suite. Male and female locker rooms feature eucalyptus steam rooms, dry cedar saunas, showers and a variety of complimentary amenities.

Whatever your reason for visiting **The Health Club & Spa at Fairmont Pittsburgh**, we have an experience you're sure to enjoy. From pure pampering and stress relief to treatments inspired by your unique lifestyle, you can create your perfect spa moment from our selection of indulgent experiences and treatments.

SIT BACK, ESCAPE AND LET US TAKE CARE OF YOU.

OUR PRODUCT PHILOSOPHY

Fairmont Spa emphasizes many aspects when choosing products for each of our locations around the world. With luxury in mind, each brand selected demands quality and results-driven treatments, which are personalized to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, reflecting our brand's commitment to social responsibility. Our relationships with the product houses are important in ensuring we have premium spa products and training available for each and every encounter with our guests.





OUR BRAND PARTNERS

DMK SKINCARE & ENZYME THERAPY

Enjoy skillful skincare treatments combined with Trans-epidermal delivery products & Enzyme therapy to embrace the concept of Remove, Rebuild, Protect & Maintain.

Remove skin cell build up which leads to the appearance of dry skin, fine lines and discolorations. Rebuild remaining living cells by providing protein, amino acids and nutrients enabling the cells to live longer and healthier. Protect your skin from the sun, free radicals, glycation and other environmental factors.

Maintain the skins optimal function with appropriate home care and regular treatments.

FARMHOUSE FRESH

On The Farm, We Believe in Rescue for 2: Complexions & Animals in Need

We believe every morning should look like it was your best night's sleep.

And those socks should slide over your feet without snagging.

We believe in growing greens that are pure, potent, and proven to work. And that your new skin beginning is just around the farm.

We 100% believe green smoothies should be its own food group. And that a good pumpkin mask can turn any bad day around. For real.

We believe in being kind: to each other, to animals, and to our planet.

We also believe donkey kisses have magical healing powers. Like actually. And that glow good skin starts with a glow good soul.

KANYA

We founded Kanya with the aim of inside-out nourishment. Nourishment that not only leaves your skin supple and hydrated but also elevates your mood and works on internal body imbalances.

At the core of our products is ancient yogic Chakra Balancing and Aromatherapy. We have poured our years of experience and knowledge into creating essential oil-based recipes that work on distinct chakras or energy centers of your body.

Our moods are deeply affected by intense aromas. Our body's natural healing ability guides our response to any intense smell. For instance, we may gravitate to eucalyptus if we have a stuffy nose or peppermint if we are suffering from stomach issues. Chakra Balancing and Aromatherapy tap into these powerful signals that our bodies generate and help boost our healing abilities.

Our pure essential oil blends are the soul of our products. We researched a variety of essential oils and tested hundreds of formulations before coming up with the final blends that form our Chakra Balancing line of products. The powerful natural perfumes work on your body's energy centers, restoring balance, renewing your senses and uplifting your spirit.





FAIRMONT FITNESS

We know that exercise is a vital component to overall wellness, especially for travelers on the go, and we appreciate the desire for a high-quality, well-equipped fitness center. Our 6,000-square-foot facility is outfitted with Precor® equipment and a private group fitness studio. Catering to your own fitness level, our dedicated wellness professionals will assist you in achieving your personal health and fitness goals.

THE EXPERIENCE

- 24/7 Fitness Center Access
- Complimentary Peloton Bike Subscription
- Precor Cardio & Weight Equipment
- Technogym Cardio and Equipment
- Fitness on Demand Individual Or Group Classes
- Locker Room Access 7 Days per Week 5 a.m. - 9 p.m.
- Daily Locker Use
- Steam Rooms
- Cedar Dry Saunas
- Le Labo Shower Amenities
- Complimentary Magazine Use
- Complimentary Fruit & Water
- Complimentary Headset
- Complimentary Coffee & Tea

The Health Club and Spa at Fairmont does not accept memberships or allow persons under the age of 16 to visit the gym as guests. A parent or guardian must accompany guests 16 to 18. We reserve the right to collect proof of age prior to admittance.



MEMBERSHIP PRICE

Month to Month

\$129.00 / Month

(Waived Initiation Fee)

One Year Agreement \$99.00 / Month

One Year Prepaid \$999.00

*Daily Discounts can only be used for wellness member's service unless member is paying for all services and gratuity.

MEMBERSHIP BENEFITS

- Signature Fitness Classes:
\$10.00 per class
- 10% Discount on Spa Experiences
(Monday-Friday)

ADDITIONAL OFFERINGS

- Daily Guest Pass 2 free per month.
\$59.00 / Day additional
- Family Add-On \$65.00 / Month
- Laundry \$30.00 / Month
- Locker \$35.00 / Month

*These services must be prepaid and are non-refundable.





MASSAGES

CUSTOMIZED SIGNATURE MASSAGE

Our skilled therapists will customize your massage experience, adjusting the pressure and techniques to suit your needs. Choose from soothing Swedish massage, revitalizing deep tissue work, or a personalized blend of both. Elevate your journey with a curated selection of aromatherapy oils, crafted to enhance your well-being.

**This service cannot be performed during pregnancy*

60 min | \$185

90 min | \$265

THE POINT OF RELAXATION

Immerse yourself in our signature treatment in which our three spa essentials lead you like the flow of the Three Rivers into deep relaxation. This transformative experience begins by stimulating the senses with your choice of chakra balancing essential oil, continued with customized pressure & hot river stones to melt away your stress. Knesko face, neck & décolleté masks will leave your skin feeling hydrated and refreshed. Finished with an invigorating foot scrub; the perfect end to 90 minutes of bliss.

**This service cannot be performed during pregnancy.*

90 min | \$425

EXPECTANT MOTHER MASSAGE

Developed with the safety and comfort of mother and baby in mind, this full-body massage helps soothe soreness and ease discomfort.

**As a safety precaution for mother and baby, our therapists are only permitted to offer this massage to mothers who are past their 1st trimester (12 weeks).*

60 min | \$185

THAI MASSAGE

Align the energies within your body with a Thai massage, a blend of stretching and acupressure influenced by yoga, Ayurveda, and traditional Chinese medicine. This treatment helps adjust the skeletal structure, increase flexibility, and relieve tension. Loose-fitting clothing is required for this treatment.

**This service cannot be performed during pregnancy.*

60 min | \$200

Includes Steam Room and Sauna Access.





FACIAL TREATMENTS



CUSTOMIZED FACIAL

This facial is perfect for all skin types and will target your specific skin care needs, including dryness and dehydration, problematic and congested skin, or dull skin that needs an instant boost.

Your therapist will do a full consultation and choose a plan that works best for you.

60 min | \$200

90 min | \$290

BEARD & BEYOND

Indulge in an expertly curated facial experience that blends advanced botanical skincare with therapeutic massage and precision grooming.

This elevated ritual is designed to cleanse, exfoliate, and rejuvenate, leaving skin fresh, balanced, and radiant, even beneath facial hair.

45 min | \$150

DMK ENZYME TREATMENT

Improve the appearance, performance and function of skin with DMK Enzyme Therapy. Enzymes temporarily bind with a molecule, breaking them down or building them up based on their unique purpose. DMK Enzyme Masques are formulated with enzymes that allow proteins to permeate the skin and voluntarily tighten and contract the fragile muscles lying directly under the fascia. As the mask sets, the skin is strengthened, the matrix is cleaned with increased circulations and lymphatic drainage, and fluids rebalance to increase hydration.

*This treatment is not recommended for anyone pregnant.

90 min | \$275

CRYSTAL RESTORATION FACIAL

Customized 60-minute facial treatment incorporating Rose Quartzs Gua Sha Massage, Knesko Face, Neck & Décolleté masks, finished with Knesko hydrating serum

60 min | \$250



Includes Steam Room and Sauna Access.



BODY TREATMENTS

SMOOTH AS SILK SCRUB

Revitalize your skin and awaken your senses with this invigorating, frothy minty-lime lathering sugar scrub. This gentle exfoliation gently removes dead skin cells and stimulates circulation, leaving your skin with a natural, healthy glow. Finish with a deeply hydrating blend of shea butter, antioxidants, vitamin E, and omega-6 to achieve silky smooth and soft skin.

**This service cannot be performed during pregnancy*

45 min | \$165

REPAIR & RENEW

This treatment begins with honey lavender fine sea salt exfoliation. Then the body is layered in a hydrating and regenerating super vitamin-rich + antioxidant body oil. A moisturizing and softening combination of shea butter is smoothed on before being left under a wrap, to penetrate by using the body's own heat. An Ayurvedic scalp massage works simultaneously on the physical, mental and emotional aspects.

**This service cannot be performed during pregnancy*

60 min | \$180

FIRMING & CONTOURING BODY WRAP

Slim and tone your body with a cutting-edge cellulite treatment. This wrap stimulates your body's ability to break down fat, increase metabolism, and eliminate water retention. Smooths and enhances your skin's overall texture, visibly reducing cellulite areas.

**This service cannot be performed during pregnancy*

75 min | \$195

DMK HOT DETOX COCOON

A warm mud is generously applied to the body stimulating the release of impurities. Your entire being is nestled in a delightful cocoon and transported to a state of divine relaxation. As your skin absorbs enriching minerals, your body radiates healthy purification and deep hydration for a delightful sense of renewal.

**This service cannot be performed during pregnancy.*

60 min | \$175

Includes Steam Room and Sauna Access.





NAILS



CLASSIC SALON PEDICURE

This pedicure includes a nourishing soak, light scrub, callus treatment, moisturizing lotion, hot towel, and warming boot treatment. This pedicure also includes a file, cuticle work and polish.

60 minutes | \$70

CLASSIC SIGNATURE PEDICURE

This pedicure includes a nourishing soak, light scrub, callus treatment, and hot towel with warming mitts. This pedicure also includes a file, cuticle work, and polish.

60 minutes | \$95

GEL SALON PEDICURE

This pedicure includes a nourishing soak, light scrub, and moisturizing lotion. This pedicure also includes a file, cuticle work, and gel polish.

60 minutes | \$95

CLASSIC SALON MANICURE

Hydrate your hands with a nourishing soak, moisturizing mask and lotion. This manicure includes a file, cuticle work and polish.

45 minutes | \$50

CLASSIC SIGNATURE MANICURE

This manicure includes a moisturizing mask and hot towel treatment with warming mitts. This manicure also includes a nourishing hand soak and scrub, file, cuticle work, and polish.

60 minutes | \$75

GEL SALON MANICURE

Hydrate your hands with a nourishing soak, light scrub and moisturizing lotion. This manicure includes a file, cuticle work and gel polish.

60 minutes | \$75



Includes Steam Room and Sauna Access.



ENHANCEMENTS

CBD

Reduce inflammation, muscle aches, and pain.

\$30

DMK SOOTHING HYDRATING OCCLUSIVE MASK

Gel face mask that soothes and locks in hydration for a smooth and even complexion.

\$50

DRY BRUSHING

Add to the benefits of your body massage with a dry, stiff-bristled brush that's said to help get rid of flaky skin, increase circulation, detoxify, help digestion, and can even help improve the appearance of cellulite.

\$30

HOT STONE ENHANCEMENT

Soothes muscle tension and encourage circulation while using warm volcanic stones to penetrate tired, aching muscles. This massage enhancement can be added to your choice of massage. *Enhancements must be booked with one of our Massage options.

\$45

THERAGUN PERCUSSIVE THERAPY

Percussive therapy relieves muscle tension, improves circulation, and accelerates recovery.

\$25

KNESKO EYE MASK

\$30

KNESKO FACE MASK

\$50

KNESKO NECK & DECOLLETE MASK

\$60

Collagen masks that hydrate, nourish, and restore.

Includes Steam Room and Sauna Access.





EXPERIENCES FOR TWO

Relax together in our spacious couple's room. Enjoy a customized massage, body treatment and/or facial tailored to everyone's preference. Performed side by side with that special someone, loved one or friend.



SHARED MASSAGE EXPERIENCE

Unwind side by side with a soothing shared massage. Perfect for couples or companions, this treatment offers personalized techniques to meet your wellness goals. Every massage is tailored to your comfort level and is available based on scheduling.

60 min | \$375

90 min | \$550

SHARED FACIAL TREATMENT

Glow together with a luxurious facial experience tailored to your skin's unique needs. Our shared facial treatments provide relaxation and revitalization while enhancing your natural radiance. Each session is fully customizable and can be designed to match your preferences and timing.

60 min | \$400

90 min | \$580

SHARED BODY TREATMENT

Indulge in a rejuvenating body experience with a loved one, friend, or partner. Our shared body treatments are designed to relax, refresh, and restore, leaving both of you feeling renewed. Treatments can be customized to suit your preferences and are based on availability.

45 min | \$330

60 min | \$360

75 min | \$390



Includes Steam Room and Sauna Access.



INFORMATION

ARRIVAL & PUNCTUALITY

To fully enjoy your experience, we ask that you arrive 30 minutes before your appointment. This allows time to enjoy our amenities, change into a robe and sandals, and ensure your treatment starts on time. Late arrivals may result in a shortened service.

PRENATAL MASSAGE POLICY

For the safety of both mother and baby, our therapists can only provide massage services to expecting mothers past their first trimester (12 weeks).

CANCELLATION & NO-SHOW POLICY

Cancellations or appointment changes must be made at least 24 hours in advance. Late cancellations or no-shows will be charged 100% of the service fee to the credit card on file. To modify your reservation, please contact our reception desk at (412) 773-8882.

FITNESS ON DEMAND™

Fitness On Demand™ is a smart fitness kiosk that provides world-class fitness programming by schedule or on demand. Browse hundreds of fitness classes, sorted by type, difficulty level or length to find the perfect class to fit your schedule and goals.

CONTACT US

Be connected with our staff by calling us at:
(412) 773-8882 or email us at **spapittsburgh@fairmont.com**

