

BLU XONE x 

WELLNESS REIMAGINED

MIND

BODY

SOUL

Detox experience designed to restore balance, elevate energy, and unlock your best self.



THE _____ PHILOSOPHY

Fairmont Spa & Longevity x RhinoMight's curated detox programs at Blu Xone blend clinical precision with advanced wellness therapies to purify the body, reboot metabolism, and elevate mental clarity.

This curated plan helps guests renew energy, restore balance, and experience a powerful shift toward long-term vitality.



PROGRAM OVERVIEW

Choose Your Transformation

PRIMARY FOCUS

Quick detox
+
Metabolic reboot

Cellular recovery
+
Gut reset

Deep regeneration
+
Performance
optimization

IDEAL FOR

Busy schedules,
jump-starting wellness,
and rapid resets.

Burnout recovery,
improving sleep quality,
and stress reduction

Long-term vitality
seekers looking for
systemic overhaul

3-DAY EXPRESS

(2 Nights / 3 Days)

INR 2,77,100*

5-DAY RESTORE

(4 Nights / 5 Days)

INR 4,17,600*

7-DAY TRANSFORM

(6 Nights / 7 Days)

INR 5,38,500*

*Rates are seasonal and subject to change

A holistic integration of clinical expertise, luxury hospitality, and advanced therapy.

WHAT'S INCLUDED



RHINOMIGHT CONSULTATION

Comprehensive pre-arrival assessment & in-stay protocol tracking.



DOCTOR CONSULTS

Regular in-house medical consultations to monitor progress.



ECG DIAGNOSTICS

Advanced heart monitoring ensuring safety during therapies.



SUITE & BUTLER

Luxury Suite accommodation with 24/7 dedicated butler service.



PERSONALIZED MEALS

Curated detox breakfast, lunch, dinner & pre-workout nutrition.



SUPERVISED WORKOUTS

Expert-led fitness sessions and mobility training.



THERAPEUTIC MASSAGE

Deep Tissue or Reflexology sessions to aid recovery.



BLU XONE THERAPIES

Cutting-edge wellness treatments tailored to your protocol.



IV INFUSION THERAPY

Targeted nutrient infusions for cellular revitalization.



WELLNESS CONCIERGE

Frontier tracking support & 24/7 wellness coordination.

cryo:one+





DAILY WELLNESS FLOW

1

AWAKEN | 8:00 AM – 12:00 PM

Hydration, curated breakfast, supervised workout or mobility, guided recovery.

2

RESTORE | 12:00 PM – 4:00 PM

Personalised lunch, restorative rest with IV therapy, pre-workout nutrition.

3

REBUILD | 4:00 PM – 8:00 PM

Second training session, relaxation through swim, mobility or massage, quiet personal time.

4

RESET | 8:00 PM – 11:30 PM

Curated dinner, night therapies, structured sleep ritual.



FAIRMONT SPA
& LONGEVITY



RESERVE YOUR RESET

Take the first step towards vitality. Our team is ready to curate your personalized wellness transformation at Blu Xone.

TO KNOW MORE



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