Willow Stream Spas are acclaimed around the world for our focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well; recharging our energy allows us to flow, rather than fight, through life. That is why energy renewal is our mission.

Find Your Energy at Willow Stream Spa

OPEN THURSDAY - SUNDAY
FROM 11AM - 7PM

633 Humboldt Street, Victoria, BC | emp.spareservations@fairmont.com | 1 250 995 4650
MASSAGE TREATMENTS

RELAXATION MASSAGE
Guest will receive a choice of unscented Sunflower Oil or Stress Relief Oil-Sweet Orange, Ho Wood, Petitgrain and Sandalwood essential Oils. To begin, guest will relax with our Calm Mind Ritual (Lavender, peppermint and Cajeput), FuB Balm is used for foot massage and to end this treatment, a spritz of Neroli Water. This customized massage experience was designed with the sole purpose of stress relief. It is a medium pressure massage that focuses on all of your main tension points – head, neck, shoulders, back and feet.

STRESS RELIEF MASSAGE
Guest will receive a choice of unscented Sunflower Oil or Stress Relief Oil-Sweet Orange, Ho Wood, Petitgrain and Sandalwood essential Oils. To begin, guest will relax with our Calm Mind Ritual (Lavender, peppermint and Cajeput), FuB Balm will be used for foot massage and to end this treatment, a spritz of Neroli Water. This customized massage experience was designed to increase circulation, enhance lymphatic drainage and promote relaxation. Using long, slow strokes to relax muscles and stimulate the lymphatic and circulatory systems.

SPORTS MASSAGE
Guest will receive a choice of unscented Sunflower Oil or Stress Relief Oil-Sweet Orange, Ho Wood, Petitgrain and Sandalwood essential Oils. To begin, guest will relax with our Calm Mind Ritual (Lavender, peppermint and Cajeput), FuB Balm is used for foot massage and to end this treatment, a spritz of Neroli Water. This popular full-body Swedish style massage offers a gentle intensity and is designed to increase circulation, enhance lymphatic drainage and promote relaxation. Using long, slow strokes to relax muscles and stimulate the lymphatic and circulatory systems.

MATUREITY MASSAGE
Designed with the safety and comfort of both mother and baby, this customized massage utilizes nourishing oils and a specialty pregnancy cushion to help relieve muscle aches, pains and swelling, RMT available upon request only.

THERAPEUTIC MASSAGE
Performed by a Registered Massage Therapist (RMT) and tailored to suit your specific needs and areas of desired focus.

BODY SCRUBS
EUCALYPTUS BODY SCRUB
This invigorating sea salt exfoliation removes dull surface skin cells, improves circulation and nourishes the skin with minerals, trace elements and eucalyptus essential oil. An application of lavender oil leaves the skin soft and supple.

CHAMOMILE SUGAR SCRUB
This is a gentler exfoliation of the body for sensitive skin which includes a sugar and chamomile scrub that gently refines and renews the skin. A loofah mitt with chamomile bath gel follows for deep cleansing and an application of Chamomile Spray and Chamomile Body Lotion completes this experience.

SIGNATURE TREATMENTS

LAVENDER DREAMS
Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deep; inhale the calm benefits of wild lavender in this completely balancing and rejuvenating spa experience. To begin, earthly minerals are combined with the healing properties of lavender in an invigorating full body exfoliation. Following is a pamperring back, neck and shoulder massage with lavender oil. Next, nourish and relax inside a warm cocoon while a luxurious foot and pressure point scalp massage complete this head-to-toe service.

SALISH SEA VITALITY BODY
Begin your journey through the waters of Vancouver Island with an invigorating scrub featuring locally harvested ingredients. This seaweed-based treatment removes impurities while smoothing and revitalizing the skin. Your scrub is followed by a nourishing wrap to soak in the power of the sea with our unique, wild Seaweed Chamois. A scalp massage ensures total relaxation from head to toe. Complete your journey through our coastal waters with a massage featuring Sea Kelp Lotion and Seaweed Gel; both are rich in antioxidants and vitamins to leave you feeling revitalized and refreshed.

ISLAND SENSES
Your Island experience begins with an ocean arrival – an awakening ‘salts of the sea’ body scrub for exfoliation followed by an aromatic eucalyptus hydrotherapy bath. Experience the invigorating and earthy aroma of nature trails – through a detoxifying mud wrap. At last, enjoy a restorative and healthy Lavender massage, drawn from the gentle Lavender fields of Victoria. Your senses will be delighted as energy is restored.

AESTHETICS

WILLLOW STREAM OR EMPRESS LUXE MANICURE
This manicure is a deluxe hand experience that includes a hand exfoliation, myrrh nail oil application to promote healthy nails, a hand soak in mineral salts and essential oils, a paraffin treatment plus a hand and arm massage using hydrating and skin conditioning body butter. *Willow Stream includes access to facility and Empress does not

WILLLOW STREAM OR EMPRESS LUXE PEDICURE
This experience is not only a beauty treatment for your feet but an energizing lift for the whole body. Our deluxe treatment includes an exfoliation and foot soak in sea salts and minerals, a paraffin treatment and a foot massage with hydrating body butter. *Willow Stream includes access to facility and Empress does not

DEEP CLEANSE CUSTOM FACIAL
Personalized to provide you with the most benefits, this deep cleansing facial includes a professional skin analysis, gentle exfoliation and a facial massage to promote circulation. A nourishing masque and antioxidant rich products will restore the skin’s balance. A detailed home care program consultation ensures continued results.

BRIGHTENING FACIAL
This results-oriented treatment is specifically designed to address hyper-pigmentation and premature aging. Includes an exfoliating multi-acid peel on the face, neck, décolleté and hands to brighten the skin. A deep cleansing massage is performed to promote circulation and a unique brightening masque used to illuminate the skin.

TRANQWILLow FACIAL
This unique facial experience will completely rejuvenate the skin and rebalance the body. You begin face down with focused breathing. In this state of relaxation, a back cleanse and exfoliation precedes the drizzling of warm lavender massage oil up and down the spine with energizing massage strokes. Gently turning over we continue with a luxurious, hydrating facial. Finally, experience the flow with a warm lavender oil pressure point scalp massage. Feel your energy awaken.

ADVANCED CORRECTING FACIAL
Tailored to your own needs for optimum benefit, this anti-aging facial transforms the skin as it firm’s, hydrates, refines and tones. It features skin renewing antioxidant formulas, marine proteins, a contouring and lifting massage and a hydrating masque. Your cellular renewal is complete with a serum ampoule boost chosen just for you.

THE SPA RITUAL
All guests may enjoy our Spa Ritual - a Steam Inhalation Room, Finnish style Sauna, and soothing Mineral Bath. This experience is recommended prior to any spa treatment to prepare the body for total relaxation and nourishment, or to relax the body after exercise. The Spa Ritual is complimentary with every spa experience. We suggest:

5 minutes in the Sauna
5 minutes in the Steam Room
10 minutes in the Mineral Bath
10 minute rest in our soothing Lounge