

Healthy choices

Bircher Muesli or Gruau | 7
Yoghurt; Fresh Fruit or Plain | 5
Seasonal Berries Cup | 8
Fresh Fruit Plate | 12
Prunes or Rhubarb compote | 7
Fresh Fruit Salad or Half a Grapefruit or Cantaloupe/Honeydew | 7
Vitality Omelette EggBeaters®, Fresh Spinach, Mushrooms and Bell Peppers. Low Cholesterol Choice | 19

From the bakery

Selection of Toasts with Jam, Marmalade, Honey and Butter | 5
Croissant, Danish or Muffin (2) with Jams | 6
Bagel and Cream Cheese | 8
Bagel and Cream Cheese, Smoked Salmon | 16

Eggs

Fried, Poached, Scrambled or Hard Boiled, with White, Whole-wheat or Rye Toasts, and Sautéed Potatoes

Two Eggs | 16
Two Eggs with Ham, Bacon or Sausages | 19
One Egg « Benedict » | 16
Two Eggs « Benedict » | 19
Plain Omelette | 16
Omelette with Ham, Bacon or Sausages | 19

Side orders

Sautéed Potatoes or Baked Beans | 6
Choice of one type of meat Bacon, Sausages or Ham | 6 *each*
Cheddar Cheese | 7

Breakfast

Jam, Marmalade or Honey, Coffee or Tea, fresh Orange or grapefruit juice included

The Canadian Breakfast | 21

Two Eggs, choice of: Ham, Bacon or Sausages, Potatoes, Baked Beans, Choice (2) of Toasts, Croissant or Muffin

The Coureurs des Bois | 25

Two Eggs, French Toast, Baked Beans, Bacon, Sausage, Ham, Roasted Potatoes

Château Breakfast | 21

French Crepes with Maple Butter, Whipped Cream, Seasonal Berries Cup

The Continental Breakfast | 18

Fresh Fruit Salad, choice (2) of: Croissant, Toasts, Muffin or Danish

Healthy breakfast | 19

Granola parfait with Honey Yoghurt, Bran or Carrot Muffin

French Toasts | 18

Raisin Brioche, Walnut and Maple Syrup, Cocoa Powder and Icing Sugar

Fresh Belgian Style Waffle | 18

Rhubarb Compote, Maple Syrup and Whipped Cream

French Crepes | 19

Maple Butter

Pancake | 19

Bananas and Maple Syrup

Buffets

Full 29

Continental 25

Beverages

Coffee, tea, Espresso	3.75
Hot Chocolat or Milk	4.25
Cappucino	4.50
Coffee Latte	4.75
Chilled Fruit juice	5.00
Chilled vegetable juice	5.00
Fresh Orange juice	5.00
Fresh grapefruit juice	5.00

Taxes and gratuities not included