

the spa EXPERIENCE

#### SIGNATURE EXPERIENCE Green Blanket Body Wrap 90 minutes \$215 From Sea to See 90 minutes \$210 Therapeutic Active Aging Facial 90 minutes \$220 Montebello Hot Stone Massage 60/90 minutes \$170/\$245 Re-energizing Foot Treatment 60 minutes •••••• FACIAL EXPERIENCE Certified Organic Canadian Facial 60 minutes \$140 Soothing Sensitive Skin Facial 60 minutes \$145 Above and Beyond Lactic Acid Facial 60 minutes \$165 Intraceuticals Oxygen Facial 60 minutes \$185 Beyond Botox Facial Treatment 60 minutes \$165 Ultimate Marine Facial Experience 60 minutes \$140 Timeless Skin Facial 90 minutes \$220 Makeover 45 minutes \$55 Eye Contour Upgrade with facial treatment \$25 BODY EXPERIENCE Natural Rice Body Polish 60 minutes \$145 Maple Sugar Body Scrub 60 minutes \$155 Relaxing Scalp Treatment 60 minutes \$140 Canadian Nature Mud Wrap 90 minutes \$190 Sea Essential 90 minutes \* \$190 Total Recovery 90 minutes \* \$195 Energy of the Sea-Thalasso Ritual 90 minutes \* \$190 \*Refresher facial included CUSTOMIZED MASSAGE EXPERIENCE Relaxation 60/90 minutes \$135/\$190 Muscle & Joint Recovery 60 minutes \$155 Foot Focus 60 minutes \$145 Stress Relief 60/90 minutes \$145/\$205 Evasion Totale Montebello 60/90 minutes \$155/\$225 Therapeutic Massage 60/90 minutes \$170/\$245 \$150/\$225 Pregnancy Massage 60/90 minutes available only after 3 months of pregnancy Chair Massage 30 minutes \$75 30-minute Upgrade basic massage or scrub or facial

| WAXING   |   |
|--|---|
| Brow, Lip, Chin or Under Arm                         | \$25/\$35                               |
| Half Leg   | \$40                                    |
| Bikini   | \$30/\$40                               |
| Full Leg   | \$60/\$70                               |
|  |   |
| EXPERIENCE FOR TWO price per couple                  |   |
| Loving Massage 60/90 minutes                         | \$290/\$395                             |
| "L'amour de ma vie" 90 minutes                       | \$395                                   |
| Rose Romance 90 minutes                              | \$405                                   |
| Rekindling the Flame 120 minutes                     | \$445                                   |
| "JUST FOR MEN" EXPERIENCE                            | ······································  |
| Sea Masculin Face Treatment 60 minutes               | \$145                                   |
| Montebello Men Face Treatment 60 minutes             | \$145                                   |
| Executive Hand Treatment 60 minutes                  | \$85                                    |
| Executive Foot Treatment 60 minutes                  | \$95                                    |
|  | • |
| SALON SERVICES                                       |   |
| Classic Manicure 45 minutes **                       | \$70                                    |
| Classic Pedicure 45 minutes **                       | \$80                                    |
| Montebello Manicure 60 minutes                       | \$80                                    |
| Montebello Pedicure 60 minutes                       | \$90                                    |
| "Maple Forest" Hand Treatment 60 minutes             | \$85                                    |
| ** Can be added to these services:                   |   |
| Paraffin Upgrade                                     | \$20                                    |
| Long Lasting Polish Upgrade                          | \$20                                    |
| French Application                                   | \$15                                    |
|  | • |
| DAY PACKAGES price per person                        |   |
| Customized Classic Package 4 hours                   | \$395                                   |
| "Girls Getaway" Package 3 hours                      | \$260                                   |
| "Evasion" Package 2½ hours                           | \$280                                   |
| "Man's Day Off" Package 3½ hours                     | \$350                                   |
| Suite Loving You from Head to Toe 4 hours, for 2 per | ople \$750                              |

Rates are subject to change. Taxes not included.

Occasionally not all services may be available.

# Enhancing your spa experience

## SPA EXPERIENCE

All treatments last at least an hour, as we believe that there are no short cuts to an outstanding spa experience. We're passionate about taking the time you need to relax and get the most out of your time with us.

# SPA ENVIRONMENT

We are an adult sanctuary. Guests must be 18 years of age or older. We ask that you do not bring cell phones, blackberries or other electronic devices to the spa in order to keep the spa quiet and protect your privacy.

••••••

### RESERVATIONS

Please call 819 423 3099 or extension 7620 within the resort. Advance reservations prior to your arrival at the resort are recommended to accommodate your preferences. Our spa experience coordinators will help guide you to the perfect spa treatments.

# CANCELLATION

If you must cancel or reschedule, we ask that you do this at least 4 hours in advance. If we cannot resell that appointment, it will be charged to your credit card. Cancellation of packages requires 24 hours' notice.

.....

#### HOURS OF OPERATION

Appointments can be made from 9:00 a.m. to 7:00 p.m. These hours of operation are subject to occasional change.

# SPA ARRIVAL AND ETIQUETTE

We recommend that you arrive 30 minutes before your appointment time so that you are not rushed and so you can relax for a few minutes in our lounges.

Please note that all treatments will end on time regardless of the start time.

## HEALTH MATTERS

Please inform us of any health matters at the time of booking so that we can suggest the best treatments. Conditions such as pregnancy, high blood pressure and allergies will determine which treatments are most appropriate. You will be asked to fill out a brief medical history upon your arrival at the spa so that your spa professional can better customize the treatment to your needs.

#### SPA ATTIRE

You will receive a robe, slippers and a locker for your belongings. If requested, we will also deliver these to your guest room so that you can go directly to the lounges to wait for your treatment.

For your comfort, undergarments can be worn during treatments, but rest assured that our therapists are highly trained in correct draping procedures for your complete privacy. For some treatments disposable underwear will be provided.

Please do not bring jewellery or other valuables to the spa. Some bath treatments have high mineral content and can discolour jewellery.

#### TIPPING

Tipping of your service providers is welcomed. You may do this when settling your bill by adding it on to the charge or by leaving it in one of our cash envelopes available at check-out. It is customary in this location to leave 15% if your service has been outstanding.

For spa reservations, please call 819 423 3099, or extension 7620 within the resort.

For hotel or spa vacation packages, please visit fairmont.com/montebello or call 1 800 870 7619.