SPAA WITHTOUT WALLS
FAIRMONT ORCHID
FAIRMONT ORCHID’S SPA WITHOUT WALLS

We invite you to escape your everyday routine by discovering true relaxation at our award-winning spa, where we perform many of our services in resplendent outdoor settings surrounded by the Big Island’s spectacular volcanoes (Mauna Kea, Mauna Loa and Hualālai) and the impressive Kohala mountain range. Replenish your soul with a massage in an outdoor waterfall hale (hut) built above gently flowing streams and ponds; restore your spirit with a facial in an oceanfront cabana overlooking black lava and white coral, while palm fronds softly sway above you.

Blended with the soothing sounds of the water, pleasant ocean breezes and floral scents that fill the air, our treatments incorporate products indigenous to Hawai‘i Island, integrating its natural therapeutic environment and ancient healing arts into every experience. Our trained therapists will work with you to achieve balance and calm, rejuvenating your inner mana (power) from head to toe. No matter why you choose to indulge yourself at the Spa Without Walls, you’re sure to encounter the essence of the island’s tropical beauty—and to leave with a profound connection to the spirit of Hawai‘i.
At the Spa Without Walls, we only choose products that are synonymous with high-quality and results-driven ingredients that improve the health of the skin. Whether your skin needs powerful antioxidants, alpha hydroxy peels, organic ingredients for sensitive skin, or products that combine ingredients from plants and the sea with clinical science, our skin-care offerings fit the needs of all our guests.

KERSTIN FLORIAN
Innovative products inspired by nature, with an energy and intrinsic connection to wellness, Kerstin Florian products deliver noticeable results via beautiful and memorable sensorial experiences.

HYDRAFACIAL MD® = SKIN HEALTH FOR LIFE™
Your skin is most beautiful when it's healthy. HydraFacial's focus is on restoring your skin to its healthiest state by removing impurities and replenishing your skin with essential nutrients. The result is that you will not only look better, but you will immediately notice a dramatic shift in the health of your skin.

ÉMINENCE ORGANIC SKIN CARE
Éminence uses the finest natural, organic and biodynamic ingredients to provide you with the best organic skin-care products in the market today. Fruits and herbs that are unusually high in nutrients and active compounds harness these potent ingredients into pure, results-driven products.

LOCALLY SOURCED HAWAIIAN SKIN & BODY CARE
Hawai’i Island’s lush, tropical plants and flowers are filled with natural nutrients and botanicals that benefit the skin. Hawaiian sea salt and volcanic lava rocks detoxify and exfoliate while awakening your senses in many of our spa treatments.

ORIBE HAIR CARE
A celebrity-favorite line of hair-care products created with skin-care technology, Oribe leverages natural actives to deliver high-performance, treatment-based products with a fragrance that is beautiful and bright, yet calming and composed—all while never forgetting that healthy hair is the underpinning for sexy, glamorous styling.

JANE IREDALE MINERAL COSMETICS
Jane Iredale was the first company to supply the industry with a line of makeup that had skin-care benefits. "The Skin Care Makeup™" is known for being a beautiful and professional makeup line that is also hypoallergenic and dermatologist tested.
YOGA & FLG-YO
Yoga is a total mind-body workout that offers many benefits to our overall sense of well-being. Stretching, strengthening, meditation and breathing combine to reduce stress, increase flexibility and improve muscle strength. Our instructors offer a variety of yoga sessions, including “flg-yo,” our floating yoga class, which takes place on paddleboards in the ocean.

MEDITATION
Meditation is training of the mind, similar to how fitness is training of the body. Release the stresses of everyday life with a quieting of the mind to find inner peace and clarity.

DAILY FITNESS CLASSES
At the Spa Without Walls, we offer a range of daily fitness classes and activities to invigorate body, mind and soul. No reservations required. Contact the spa for the latest schedule.

PERSONAL TRAINING & PRIVATE GROUP SESSIONS
Allow our gifted instructors to help you or your group create a customized program. Private and small group classes can be arranged with one or more of our staff, and can be tailored to meet your specific interests and needs.

WELL-BEING & LIFESTYLE PRIVATE COACHING
Living well begins with a plan—and with an experienced team of spa, fitness and wellness professionals who can help you embrace your potential for health and personal well-being. Chart your own course with a private, 1.5-hour session with a spa wellness coach. You will discover insights into wellness and personal well-being during an inspiring session designed to:

- Clarify your wellness goals and ways to achieve them
- Identify new skills and perspectives in mind-body fitness
- Explore the health benefits of spa and salon treatments
- Create a spa wellness plan for your vacation stay
- Explore ways to continue on your wellness path at home

Your coaching session includes a complete wellness questionnaire as a key element in your wellness planning process. Your vacation wellness map enables you to create a week or a day of treatments, classes and other wellness experiences during your stay with us.

BRINGING IT ALL BACK HOME
Developing a strategy to implement your new ideas and plan at home is an important part of your wellness map. Before you leave, you will begin to evaluate your home and work environments to identify potential support and explore what resources may be available to help you.

To reserve your wellness coaching session, call the spa at ext. 7540.
AUTHENTIC EXPERIENCES

HIWA HIWA
50 minutes
Our signature Big Island Flower Essence treatment combines a traditional lomi lomi–style massage with a Hawaiian mānāki volcanic mud wrap to the lower legs and feet. Sweet fragrances and deeply soothing essences envelop the body and soul in the mana of Hawai‘i Island, bringing you closer to the simple delights of the present moment.

PAPAYA PLEASURE
80 minutes
Enliven the senses with this tropical delight for the face and full body. Dry-brush exfoliation begins this island scent-sation, followed by a massage-style application of a papaya-enzyme body mask to soften and rejuvenate the skin. A nourishing facial massage tops off this Polynesian pampering pleasure.

SIGNATURE EXPERIENCES

FAIRMONT ORCHID ALI‘I ROYAL EXPERIENCE
110 minutes
Let us treat you like ali‘i—Hawaiian royalty—as you surrender to the synergized energies of our two most popular Polynesian pleasures: ‘Awa Earth & Fire, a detoxifying body treatment, and the Kahinu, which incorporates warm coconut oil on the forehead and scalp with a neck and shoulder massage. The two flow together in this package for the ultimate in indulgence in our Hawaiian body experiences.

ISLAND RETREAT
110 minutes
Surrender to the sounds of gentle surf in an ocean-side cabana or the tranquility of trickling waterfalls in an open-air hale with this custom package, which comes with your choice of body massage (Lomi Lomi, Swedish or Therapeutic) and an indulgent, nutrient-rich facial treatment and massage.
CLASSIC FACIALS

DEEP CLEANSING BALANCING
50 minutes
A purifying treatment customized for all skin types that uses Kerstin Florian products, this facial includes an exfoliating peel to renew the skin, a deep-cleansing massage to promote circulation, and a mask to balance and nourish the skin. A heated hand treatment completes the experience.

KANE (GENTLEMEN’S)
50 minutes
This revitalizing facial, named for a Hawaiian god, is designed specifically for the needs of men’s skin. Discover healthier skin with the added benefits of natural botanicals and powerful antioxidants. The regenerative properties of these nutrient-rich products will restore the skin’s health and vitality.

CORRECTING LUMINESCENCE
80 minutes
This specific treatment delivers brightening and clarity for immediate luminescence. With this results-driven facial, the hands, face, neck and décolleté are treated with formulas that even out skin texture and tone. A powerful blend of radiance-boosting botanicals and Acti-5 Brightening Complex combines with a multi-acid peel, concentrated vitamin C ampoule, and unique cooling mask with luminous rice to leave the skin looking lighter, brighter and more refined.

ÉMINENCE FIRM SKIN
50 minutes
Get glowing, youthful skin that boasts the appearance of fewer fine lines by nourishing it with phytonutrients, antioxidants and vitamins. By using organic-certified products, the skin will appear plumper, firmer and more refreshed.

HYDRAFACIAL
Glow 30 minutes / Signature 50 minutes / Deluxe 80 minutes
Resurface, rejuvenate, detoxify and protect the skin with no downtime or discomfort. Our Hydrafacials instantly reduce the appearance of uneven skin tone, clogged pores, fine lines and wrinkles. These facials are a great choice before a big night out or special occasion.

CALMING DETOX FACE TREATMENT
50 minutes
This cleansing, refining treatment for sensitive or problematic skin includes a nourishing algae mask to improve skin function and calm inflammation.

BIG ISLAND HIBISCUS FACE TREATMENT
50 minutes
This certified-organic treatment is a deeply hydrating experience. The blend of hibiscus and botanical hyaluronic acid nourishes and protects the skin, creating a “Youth Shield.”
**BODY TREATMENTS**

**‘AWA EARTH & FIRE**  
*50 and 80 minutes*  
This Hawaiian detoxifying treatment begins with warm coconut oil to nourish and hydrate the skin, followed by a blend of Hawaiian botanicals to gently polish the skin while warm lava rocks ease muscle tension.

**BIG ISLAND FOOT RITUAL**  
*50 minutes*  
Let the elements of Hawai‘i Island soothe and revitalize the feet. Hawaiian cane sugar will gently exfoliate the skin, followed by a mask with healing herbs and volcanic nutrients to rejuvenate your feet. During the treatment, enjoy a neck, shoulder, arm and hand massage using our luscious coconut and lemongrass body butter. We then massage the feet with point-specific massage techniques using warm lava rocks to release tension, restore mana and impart a sense of well-being.

**SOOTHING SUN ALOE WRAP**  
*50 minutes*  
The healing and moisturizing properties of organic aloe vera are combined with both the remineralizing elements of algae and the soothing properties of lavender in this deluxe hydrating body wrap. This treatment includes a luxurious scalp and neck massage, followed by a foot massage with invigorating alpine foot balm.

**KONA COFFEE SCRUB**  
*50 minutes*  
A taste of Kona in a way you’ve never experienced. Coffee has long been noted for its antioxidant qualities, which help combat the signs of aging skin. The caffeine promotes circulation to help diminish the appearance of cellulite.

**ISLAND COCONUT POLISH**  
*50 and 80 minutes (includes face treatment)*  
Allow the natural exfoliation of raw Hawaiian sugar cane and the tropical treat of coconut oil to moisturize and polish the skin to perfection. A rich, healing lotion will rejuvenate, nourish and brighten, leaving you feeling truly hydrated and balanced.

**KAHINU CLEAR MIND**  
*50 minutes*  
The nourishing properties of coconut oil have long been used by Polynesians: warm coconut oil is gently streamed along the forehead and massaged into the scalp. A deeply soothing massage of the neck, shoulders, hands and feet completes this utterly relaxing and unique experience.

**SUNLESS TANNING TREATMENT**  
*30 minutes*  
Kerstin Florian has searched worldwide for natural elements to create the richest-looking tan without the sun. This luxurious treatment begins with a gentle dry exfoliation and continues with an application of the Kerstin Florian Sunless Tan to achieve a rich, natural-looking tan with a sun-kissed glow.
BODY MASSAGES

SPA WITHOUT WALLS SIGNATURE LOMI LOMI MASSAGE
50 and 80 minutes
Lomi lomi massage is a royal tradition originating in the Hawaiian Islands that's designed to restore one's mana. This medium-pressure massage begins with a neroli-blossom mist and long, gliding, rhythmic movements using the forearms and hands to release tension and promote balance and harmony. Cool lava stones then relieve tired eyes while the massage inspires a harmony of the senses, ending with warm cloths placed on the feet. Feel relaxed from head to toe with this specialty massage that incorporates healing elements of Hawai‘i Island.

SWEDISH MASSAGE
50 and 80 minutes
This light- to moderate-pressure massage eases away tension with long, gliding effleurage strokes that promote relaxation and rejuvenation. This gentle massage can effectively calm the mind, relax the body, improve circulation and soothe the muscles—the perfect way to start a vacation by promoting a harmonized and balanced state of mind.

DEEP TISSUE MASSAGE
50 and 80 minutes
A moderate- to deep-pressure massage that incorporates therapeutic techniques customized to induce natural healing responses in the body. Dissolve aches and chronic tension with targeted therapy from our skilled therapists, who incorporate massage oil designed to reach deeper into the skin to assist with releasing muscle tension and discomfort.

THERAPEUTIC MASSAGE
50 and 80 minutes
Designed to target sore or stiff muscles, this detoxifying, medium-pressure massage increases circulation and improves elasticity. A combination of stretching and pressure increases the flexibility and eases muscle tension to promote a healthy, balanced body.

SHIATSU THERAPY
50 and 80 minutes
A Japanese massage that balances your chi (life energy) as well as the body. Pressure is applied to stimulate the 12 meridians or “energy pathways.” No oil is used in this supremely relaxing and invigorating body work. Restore balance, both physically and spiritually, while addressing aches and pains.

POHAKU WELA (HOT STONE) MASSAGE
50 and 80 minutes
Warmed lava stones and traditional massage techniques bring the spirit of our island and the energy of the earth together in this unique massage. Balancing aromatherapy oils further calm the body. This wonderfully healing massage leads to a warm, peaceful state where sore muscles feel relieved and the mind is cleared, imparting a sense of total well-being.
BODY MASSAGES CONTINUED

THAI THERAPY
80 and 110 minutes
This ancient massage technique combines stretching and compression to renew energy and balance. Focused, yoga-like stretching, energy lines and rhythmic pressure uplift and re-energize, promoting a better range of motion and stimulating the body’s natural healing abilities. This relaxing body workout will invigorate and balance in a completely therapeutic way. Be sure to wear loose, comfortable clothing.

BAMBOO MASSAGE
50 and 80 minutes
Bamboo symbolizes life, energy, eternal youth, strength and peace. The Bamboo Massage incorporates bamboo and rattan sticks of varying lengths and diameters to provide a wholly relaxing treatment with results similar to a therapeutic massage.

PRENATAL MASSAGE
50 and 80 minutes
This nurturing and comforting massage is designed specifically for the mother-to-be. Soothe overworked muscles, release tension and improve circulation to help reduce swelling in the hands and feet. Our skillful therapists will leave guests feeling deeply relaxed with an overall sense of well-being. Not recommended in the first trimester; please consult your doctor before scheduling.
COUPLES’ TREATMENTS

BUBBLING WITH HAPPINESS
50 and 80 minutes
Relax and unwind to the sounds of flowing waterfalls or ocean waves, melting away stress with this Hawaiian lomi lomi couples’ massage. We’ll toast to you and your loved one as you enjoy life together with a bottle of bubbly after your massage.

HAWAI’I LOVE
80 minutes
Enliven the senses with this couples’ treatment that combines traditional Hawaiian massage with the aromatic healing of locally sourced passion fruit and coconut oil. Enjoy an exfoliation of the back and feet, followed by a relaxing full-body massage to complete this blissful experience. Choose an oceanfront or waterfall setting, and allow the soothing sounds of water to inspire romance.

A LITTLE SOMETHING MORE

ADDITIONAL TIME
Enhance your spa experience with additional time and service. Choose from any of the 25-minute services listed below to create a custom spa experience suited to your specific goals.
• Ice Therapy
• Aloe Application
• Express Face Treatment
• Sunscreen Application
• Foot Massage
• Head, Neck & Shoulder Massage

ARCTIC BERRY ILLUMINATING TREATMENT
20 minutes
An exquisite blend of fruits, seeds and oils targets dull, aging and hyperpigmented skin. This self-neutralizing peel works in harmony with a peptide radiance cream to leave the skin smooth, evenly toned and luminous.

CUSTOM SPA PACKAGES
Allow our spa experience coordinators to assist you in building a custom package. Pick two, three, four or more services for a two- to four-hour spa package customized to meet your specific needs. Feel free to select any treatments listed on our menu. You may also wish to add lunch to any package. Ask our spa experience coordinators for more details or to arrange your package. 24-hour notice recommended
NAIL SERVICES

MANICURES

BIG ISLAND MANICURE
Classic care for the nails, complete with warm hand soak, cuticle treatment, hand massage, nail shaping, and polish or buff.

SIGNATURE KONA COFFEE MANICURE
Experience our Kona coffee exfoliation and vanilla hydrating treatment for the arms, hands and elbows.

COCONUT LUXURY MANICURE
Allow the soothing and softening properties of tropical coconut, Hawaiian cane sugar and a paraffin dip to transport the hands to a heightened state of wellness.

PEDICURES

BIG ISLAND PEDICURE
Classic care for the feet, complete with warm soaking bath, exfoliating treatment, relaxing massage, cuticle care, nail shaping, and polish or buff.

SIGNATURE KONA COFFEE PEDICURE
The ultimate pedicure—all the care that feet deserve with our Kona coffee exfoliation and vanilla hydrating treatment for the knees, legs and feet.

COCONUT LUXURY PEDICURE
A local favorite, this pedicure uses a handcrafted, organic coconut-sugar scrub followed by a luscious massage using coconut oil and vanilla, then completed with a paraffin dip. This hydrating, luxurious pedicure will ease tension while nourishing your feet.

ADDITIONAL NAIL SERVICES

• Gel Nail Polish
• Gel Nail Polish (French)
• Gel Removal Hands/Toes

Paraffin treatments can also be added to any nail service.

To ensure we schedule the proper amount of time for you, please notify us at the time of booking if you have gel or other artificial nails that need to be removed before your manicure or pedicure.

HAIR, COLOR, MAKEUP AND WAXING SERVICES

We also offer a full range of services to help you look your best for special occasions. Please see the price list to view all the services we offer.
SPA HOURS OF OPERATION

SPA WITHOUT WALLS
7:00 AM–7:00 PM, daily

SALON
Monday–Saturday: 9:00 AM–6:00 PM
Sunday: 10:00 AM–5:00 PM

FITNESS CENTER
24 hours, accessible via guest room key. Hours subject to change with or without notification.

MAKING SPA & SALON APPOINTMENTS
Consult our spa experience coordinators to select treatments that will benefit your specific needs. The spa is located on the first floor of the Fairmont Orchid by the North Tower breezeway, just down the hall from the Fitness Center. Advance reservations are recommended to ensure availability.

Tel: 808 887 7540
E-mail: spa.orchid@fairmont.com

SPA ARRIVAL AND ETIQUETTE
We recommend you arrive 15–30 minutes prior to your appointment to allow time to enjoy the facilities and ensure your treatment starts as scheduled. Late arrivals may result in a reduction of your treatment experience.

The Spa Without Walls is a place to rejuvenate and restore. For the peace and privacy of all our guests, please refrain from the use of cell phones and other electronic devices.

SPA ETIQUETTE & GENERAL INFORMATION

SPA ATTIRE
You will receive a robe and sandals to wear between treatments, and a locker for your personal belongings. It is customary for guests to disrobe completely when receiving a service; however, it is your choice to undress to your desired level of comfort. Our therapists are trained in proper draping techniques to ensure only the appropriate area being treated is exposed at one time. If requested, undergarments may be provided to be worn during treatments; you are also welcome to wear your own swimsuit or undergarments if you desire. Please do not bring jewelry or other valuables.

PERSONAL MATTERS
Please inform us of any health concerns, allergies, medical conditions, pregnancy, recent injuries, surgeries or anything else we need to be aware of at the time of booking.

GIFT CERTIFICATES
Gift certificates for spa and salon services or packages are available for purchase. Please contact the spa for further information.

SPA CANCELLATION POLICY
If you wish to reschedule or cancel any spa appointments, please notify the spa at least eight hours in advance. Missed appointments without proper notice are subject to a 100% charge for reserved services.

TAX
Sales tax in Hawai‘i is 4.2% and is applied to all services and products.

GRATUITY
Gratuity for excellent service is welcome and at your discretion.
Whether you're looking for a quick escape from the city or a leisurely oasis of calm on the road, our revitalizing treatments and expert techniques at Fairmont Spas and Willow Stream Spas will restore you to your absolute best. We invite you to indulge yourself at any of our spas around the world.

BERMUDA  CANADA  CHINA  EGYPT  GERMANY  INDONESIA  JORDAN
KENYA  MALDIVES  MEXICO  MONACO  MOROCCO  PHILIPPINES  SAUDI ARABIA
SINGAPORE  SOUTH AFRICA  SWITZERLAND  TURKEY  UNITED ARAB EMIRATES  UNITED KINGDOM  UNITED STATES