

Sit back, relax and let us take care of you. As we navigate through these times of change we do so with the safety of both our loyal and valued guests and employees as our highest priority. To ensure mandated social distancing by the state of Pennsylvania, all guests will dress down to their comfort level inside our treatment rooms after their therapist completes a thorough consultation. Access to our locker room amenities must be scheduled in advance to ensure maximum distancing and safety for an additional \$20.00. We look forward to welcoming you to our urban oasis!

## SPA ETIQUETTE

### SPA ENVIRONMENT

The Health Club & Spa at Fairmont Pittsburgh is a place for relaxation. For your peace and privacy, phones and other electronic devices are not permitted. If you wish to receive messages during your time with us, please let one of our staff members know and we would be happy to assist.

### MEDICAL HISTORY

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival so that we can better customize your experience to fit your needs.

## BODY MASSAGES

### TRADITIONAL SWEDISH MASSAGE

*60 minutes / 90 minutes*

A classic full-body massage using long, smooth strokes to relieve stress, soothe aches and pains—and relax.

### ABSOLUTE RELAXATION MASSAGE

*60 minutes / 90 minutes*

This light- to medium-pressure full-body massage is designed to increase circulation and lymph return. Choose between Aromatherapy Associates Light or Deep Relax oils to stimulate your senses and relax the mind. Discover which aroma is just right for you.

## ENHANCEMENTS

Theragun® Percussion Therapy  
Heated Stones

### SPA ARRIVAL

We recommend you arrive 20 minutes prior to your appointment time to ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment time. To make any changes to your booking, please contact Spa reception at 412 773 8882.

### SPA CANCELLATION POLICY

If you wish to reschedule or cancel any spa appointments or packages, please notify the Spa 24 hours in advance. Missed appointments or cancellations made within 24 hours will be subject to a 100% charge for reserved services.

### GRATUITIES

Gratuities are not included in the price of the services but are greatly appreciated by service providers and support staff. Customary spa gratuities are 15–20%.

### MUSCLE MELT MASSAGE

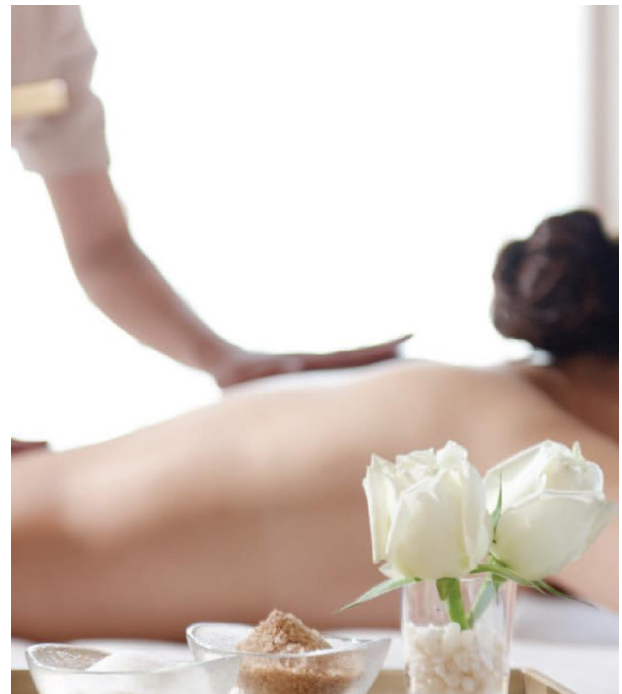
*60 minutes / 90 minutes*

Using Aromatherapy Associates De-Stress Muscle Oil and Gel, rosemary, black pepper and ginger are absorbed deep into the muscle. The therapist will apply medium to deep pressure, according to your specific needs. Soothe tired, aching muscles and decompress your nerves as we release all your worries.

### EXPECTANT MOTHER MASSAGE

*60 minutes*

Developed with the safety and comfort of mother and baby in mind, this full-body massage helps soothe soreness and ease discomfort during your pregnancy.





## HOURS OF OPERATION

RESERVATIONS  
MONDAY – SUNDAY  
10:00AM – 5:00PM

### CLASSIC FACIALS

#### CUSTOMIZED NEW YOU FACIAL

60 minutes

Transform your skin with the power of essential oils. This customized facial is perfect for all skin types and will target your specific skin care needs, including dryness and dehydration, problematic and congested skin, or dull skin that needs an instant boost. Your therapist will do a full consultation and choose a plan that works best for you.

#### REFINERY DEEP CLEANSING FACIAL

60 minutes

When time is short and you need to look your best, this deep cleansing and brightening facial will leave your skin looking clean and luminous. The results are a clear, clean and bright complexion, full of health and vitality.

### FACIAL ENHANCEMENTS

Instant Eye Repair

Age Repair Hands

### SALON NAIL SERVICES

*\* Services include drying time*

#### SIGNATURE MANICURE

45 minutes

Fairmont Pittsburgh's Signature Manicure includes an essential oil of your choice with a moisturizing mask and hot towel treatment. The Signature Manicure also includes a nourishing hand soak and scrub, as well as a file, cuticle work and polish.

#### SIGNATURE PEDICURE

55 minutes

Fairmont Pittsburgh's Signature Pedicure includes an essential oil of your choice with a moisturizing leg mask and paraffin foot treatment that will revive dull, rough feet. The Signature Pedicure also includes a nourishing foot bath and scrub, as well as a file, cuticle work and polish.

### NAIL ENHANCEMENTS

Gel Application

Gel Removal

#### YOUTHFUL ANTI-AGING FACIAL

90 minutes

A concentrated facial treatment for those concerned with the signs of aging. Award-winning natural products are used in conjunction with unique, dual-layering intensive masks and a lifting, plumping and firming massage. This facial delivers instantly visible results with a unique sensory experience that will leave you relaxed and radiant.

### BODY TREATMENTS

#### ROSE HYDRATOR

60 minutes

Bring back your radiance with this comforting, restorative treatment. The treatment begins with a gentle olive grain exfoliation. Then, the body is layered in a hydrating and regenerating rose gel. Precious essential oil of damask rose works on renewing the skin, while its aroma soothes the emotions and nurtures the heart. A moisturizing and softening combination of evening primrose oil and shea butter is smoothed on before being left under a wrap, to penetrate by using the body's own heat. An Ayurvedic scalp massage works simultaneously on the physical, mental and emotional aspects.

#### SALON MANICURE

35 minutes

Hydrate your hands with a nourishing soak, light scrub and moisturizing lotion. This manicure includes a file, cuticle work and polish.

#### SALON PEDICURE

45 minutes

Give your feet the attention they deserve with a nourishing soak, light scrub and moisturizing lotion. This pedicure includes a file, cuticle work and polish.