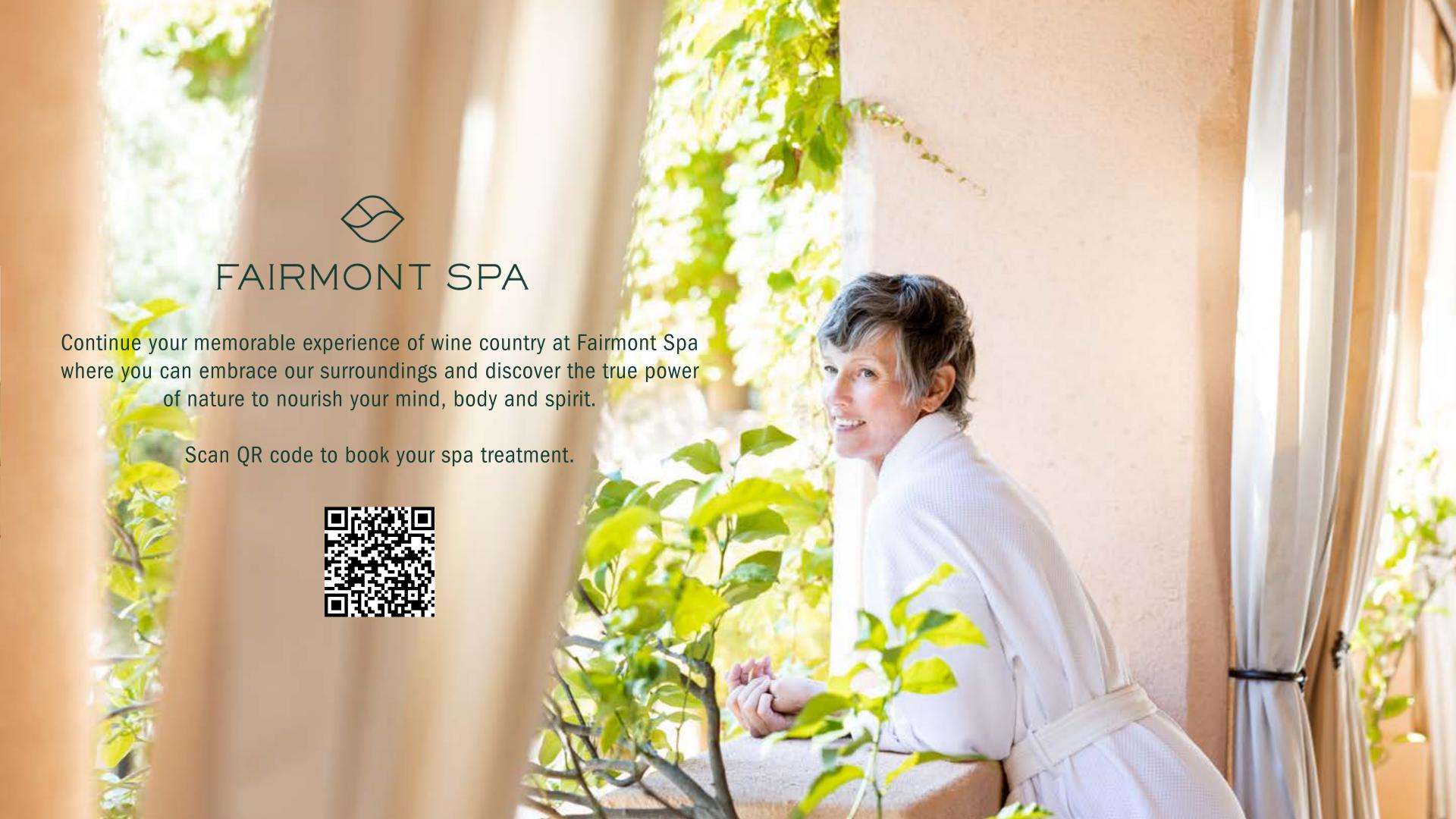


Courmont SONOMA MISSION INN & SPA

FALL ACTIVITY GUIDE



IN ROOM WELLNESS

Did you know you can follow a guided yoga or stretching class right from your guest room?

To access from your remote control:

Press Menu
Press Right Arrow until you reach the second page
Select In Room Wellness Videos
Select desired video to follow along!

Questions?
Contact our Front Desk or call 707-938-9000

Three Sages App

Scan the QR Code to download the Three Sages Wellness app for personalized holistic wellness, accessible anytime, anywhere!

















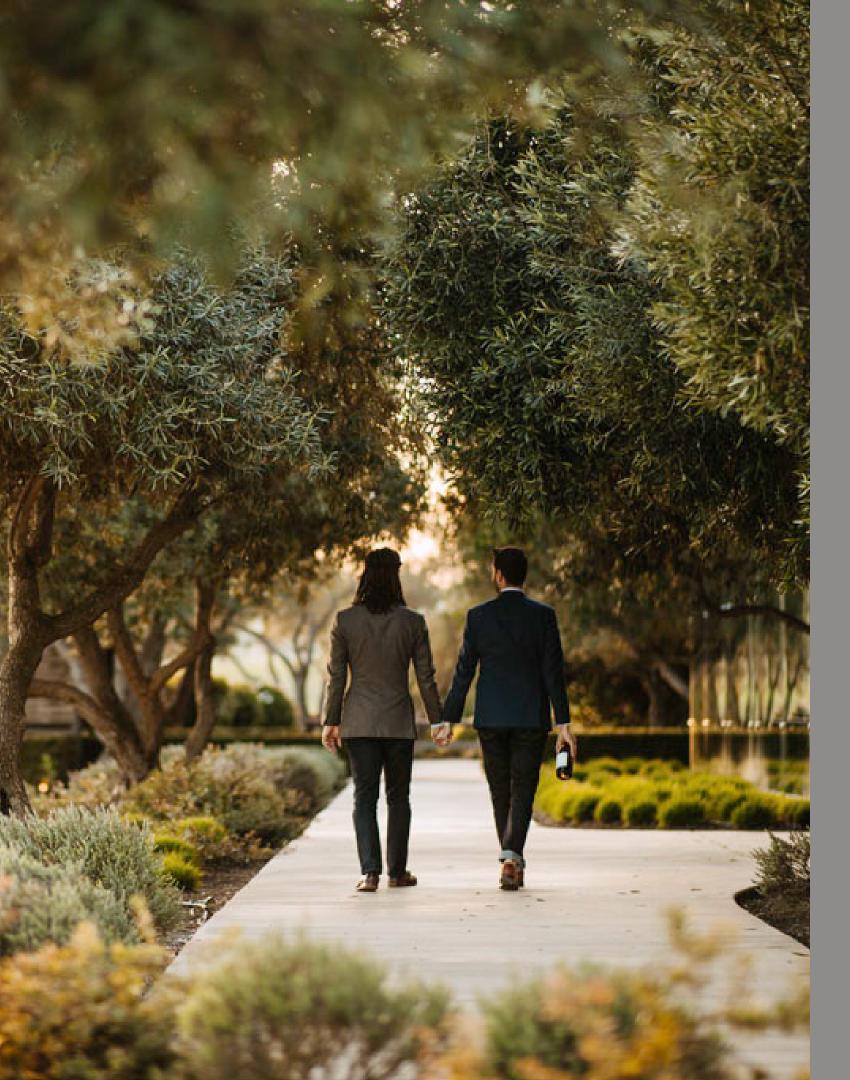
Join us every Friday & Saturday from 5 PM - 8 PM through October for exciting live music and delicious bites from our signature food truck, CaliForno.

After grabbing a bite and a beverage, cozy up to one of our many firepits and enjoy the show!

All seating is first come, first serve.

Californo & live music is subject to change.

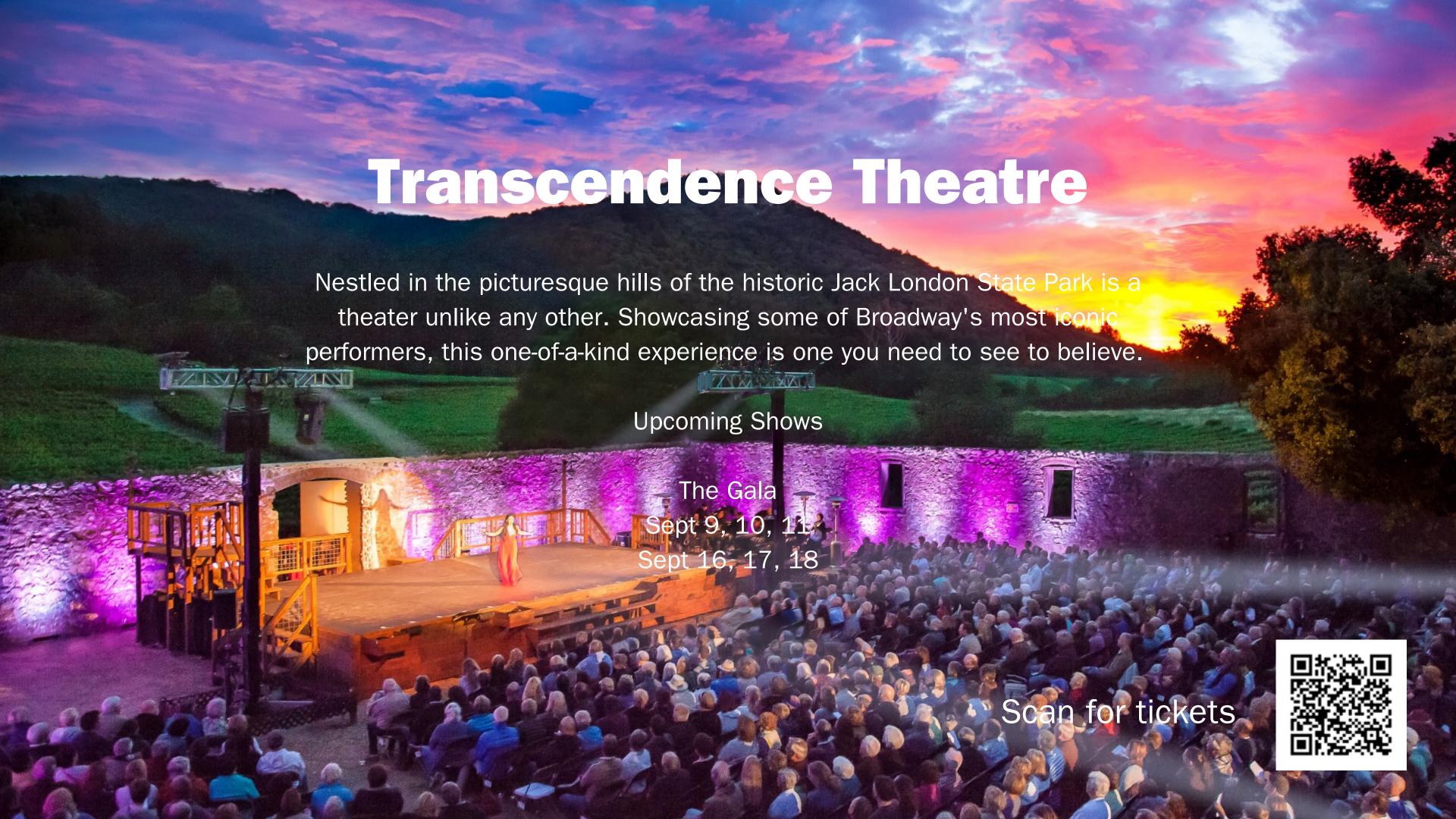




Courmont SONOMA MISSION INN & SPA

AROUND THE AREA



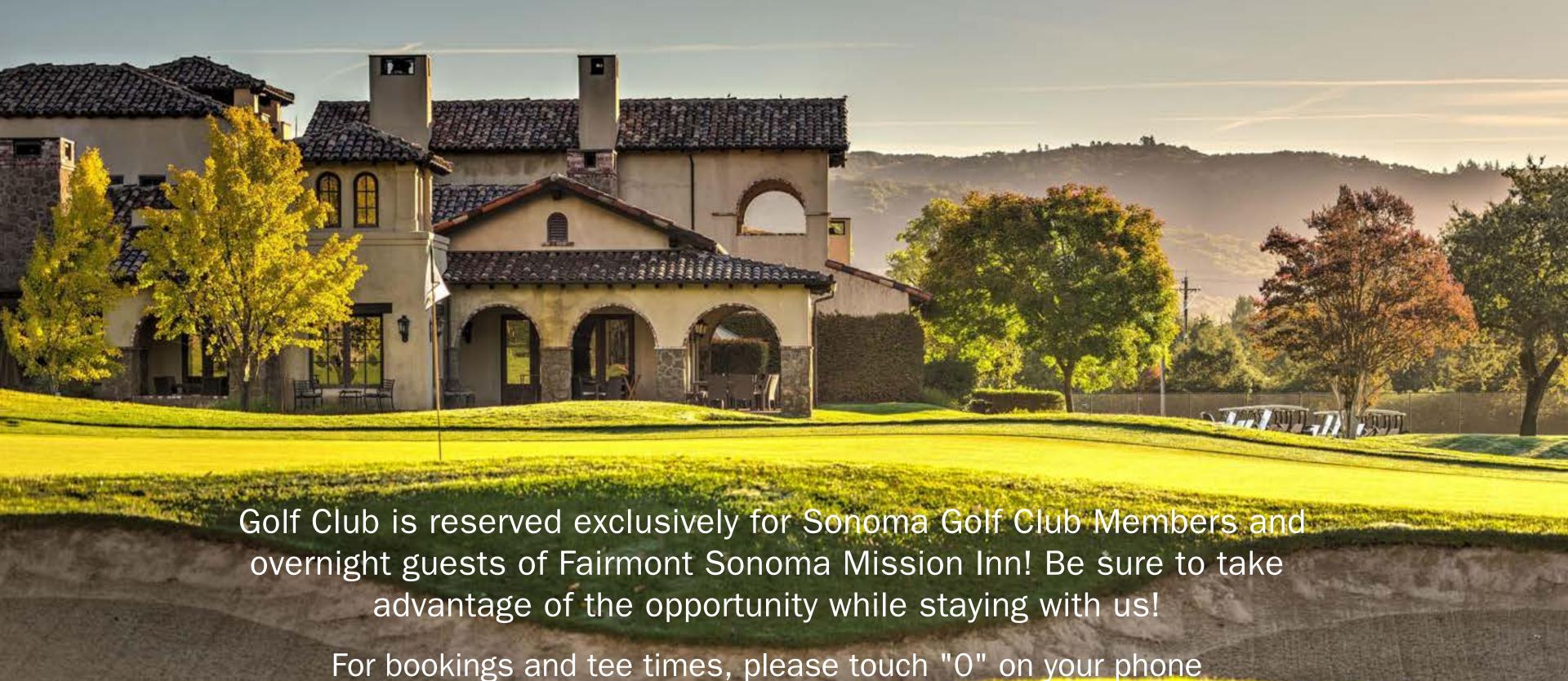


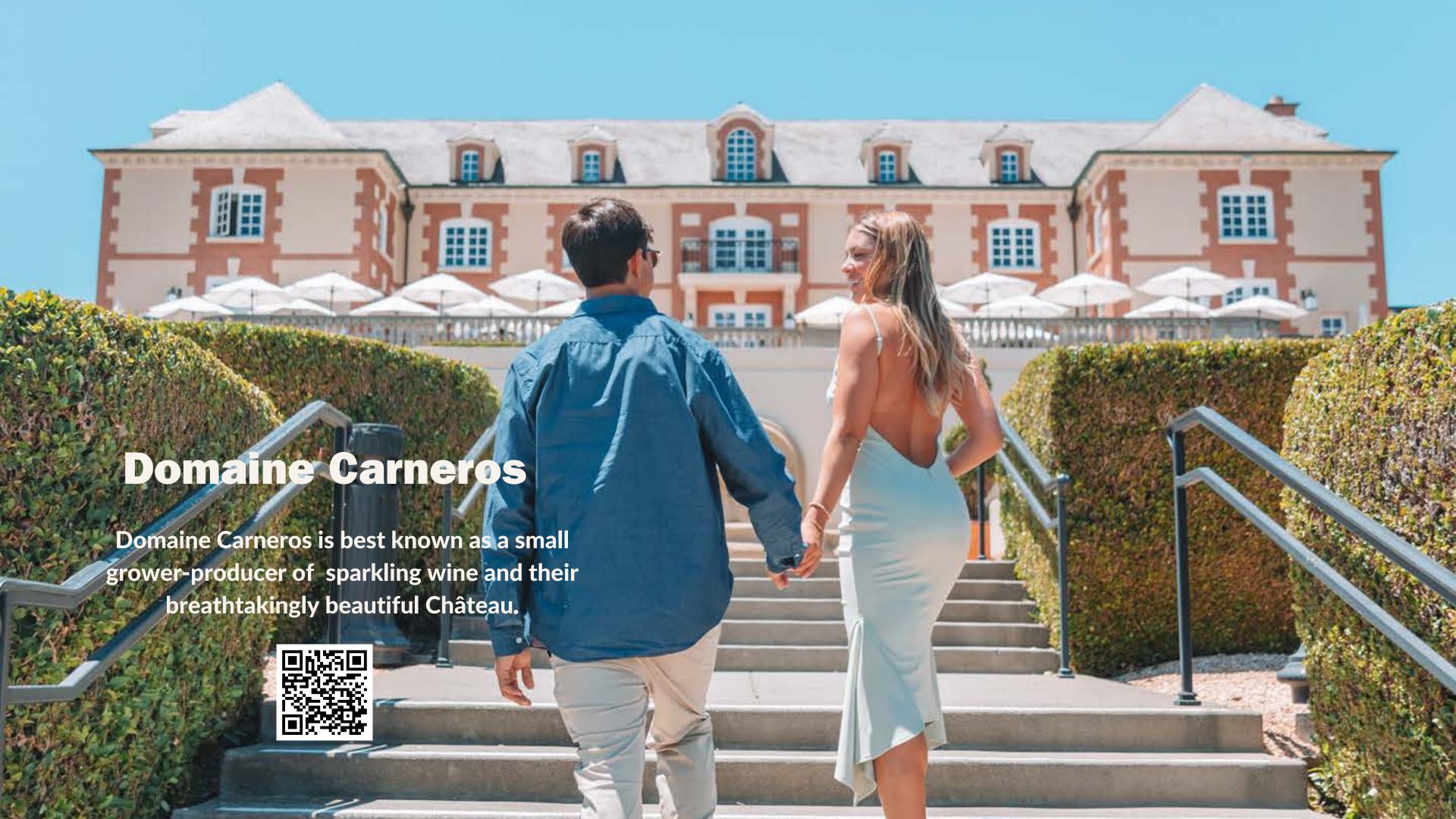






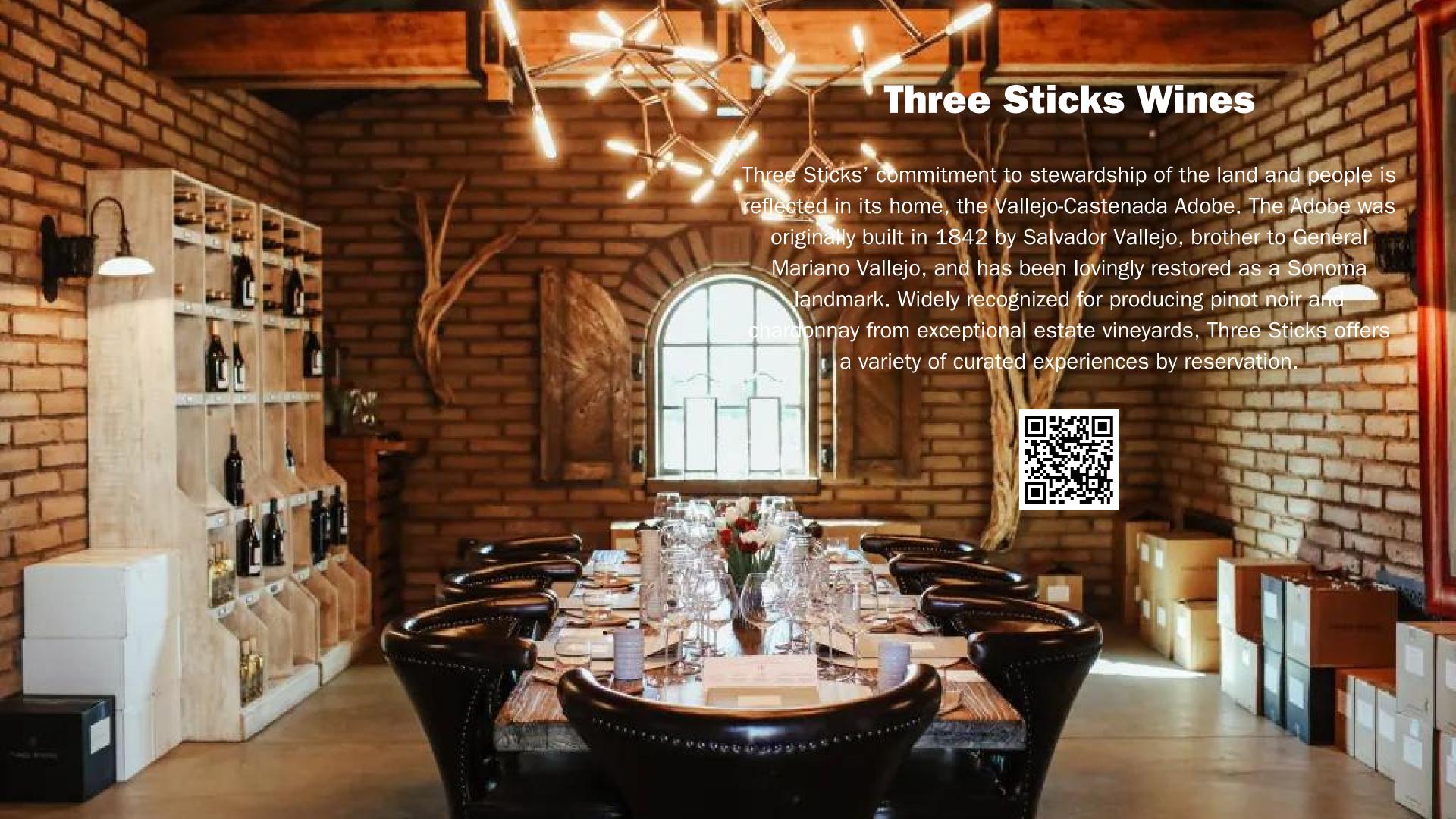
Sonoma Golf Club

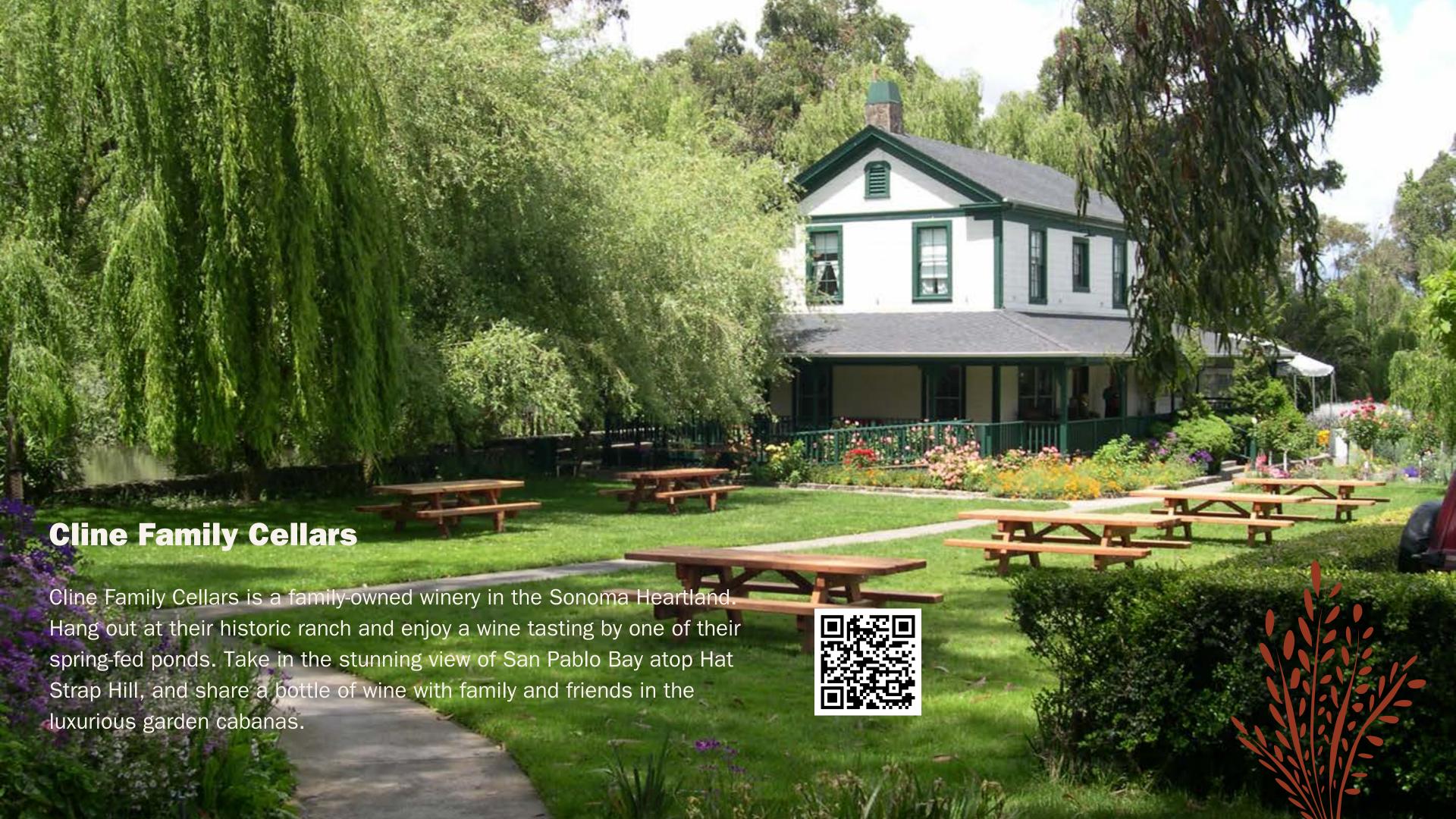


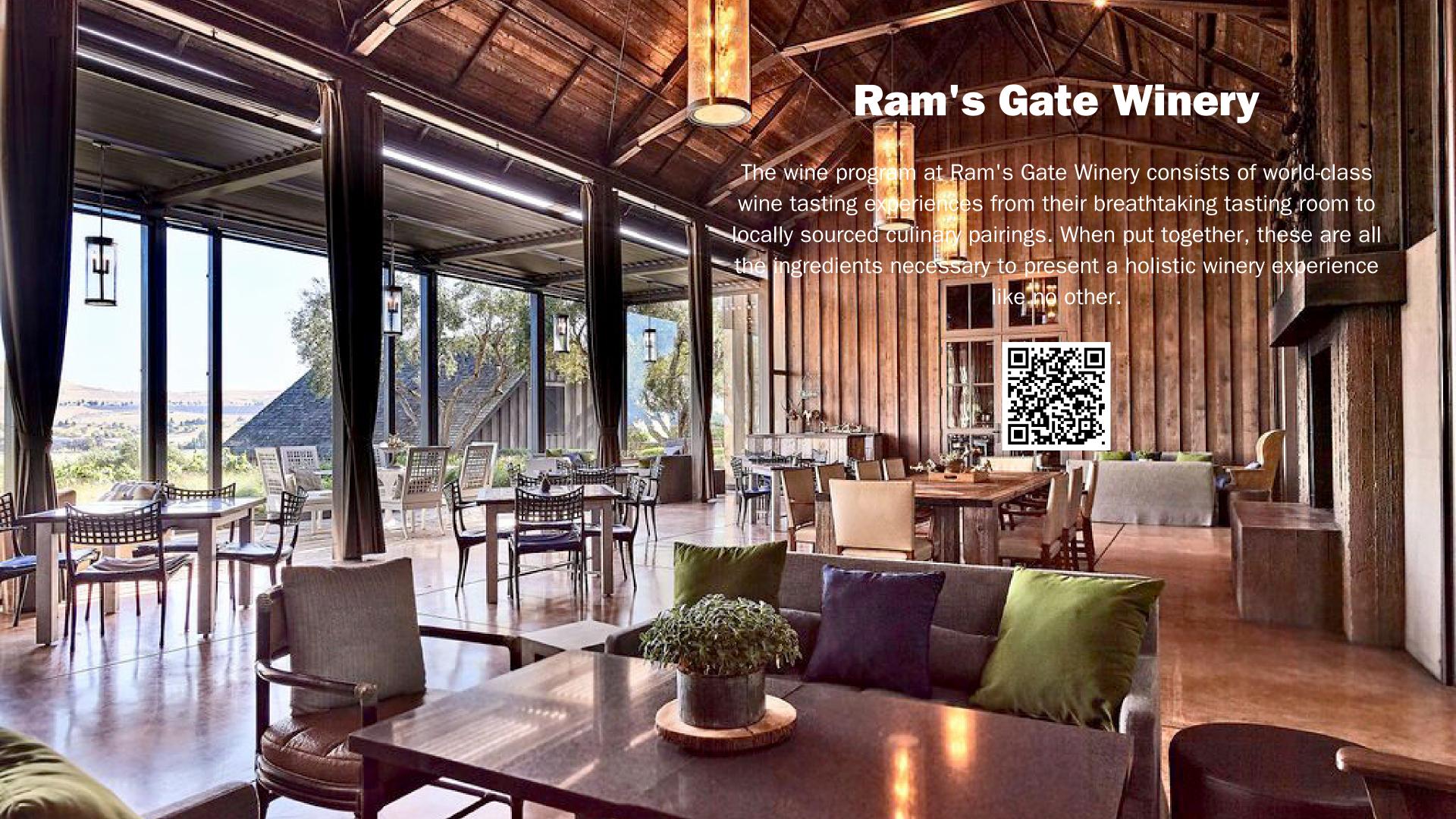












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