

**Absolute Spa at Fairmont Vancouver Airport's signature jetlag recovery treatments are designed to ease sore muscles, reduce inflammation and rejuvenate the body.**

### **Reviving Jet-Lag Recovery Massage**

Designed specifically to ease your sore and aching muscles after a long flight, this massage can be booked for 45, 60 or 90 minutes and features our Aromatherapy Associates Revive Morning Essential Oil - an uplifting and rejuvenating oil that awakens the senses and ensure you're ready to take on the next leg of your journey. The massage focuses on areas of the body that are typically left sore after long flights, including neck, shoulders and lower back. It also features a longer foot and leg massage element aimed at reducing inflammation.

starting at \$145 + applicable taxes

### **Jet-Lag Hydrating Oxygen Facial**

Combat dryness and dehydration with this 75min experiential facial treatment designed to combat travel fatigued skin. This facial features an AHA exfoliating tonic and PURE O2 Oxygen Blast for hyper-hydration and much needed vitamins & minerals, while Blue Chamomile Oil helps to soothe the skin and calm the mind.

\$160 + applicable taxes

### **Jet-Lag Anti-swelling Leg treatment**

This treatment is meant to reduce the inflammation in the ankle and lower leg area that is experienced during long flights and days of travel. This specialized treatment includes a relaxing foot soak using Aromatherapy Associates Revive and a massage of the ankle and calf area targeted to increase circulation and reduce inflammation. This experience is 45 minutes and will leave your feet feeling rejuvenated and revived.

\$65 + applicable taxes

**absolute spa**

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