



ARC BREAKFAST MENU

- BC Berry Basket Smoothie 12
blueberry, raspberry, strawberry, banana,
yogurt (V)
- Granola Bowl 18
mascarpone yoghurt, granola, peach compote,
coconut, puffed amaranth, berries (V)
- Steel-Cut Oats 14
cinnamon apples, raisins, mixed nuts granola,
brown sugar, warm whole milk (V)
- Buttermilk Pancakes 22
berry preserves, butter, maple syrup (V)
- French Toast Apple Crumble 24
brioche, chai crème anglaise
- Croque Madame 28
ham, fontina cheese, sunny side up egg,
mornay sauce, arugula salad
- Beef Shortrib Skillet 32
mushroom-spinach fricassee, fingerling potatoes,
caramelized onions, fried egg, grilled sourdough
- Steelhead Frittata 32
mushroom-spinach frittata, pan seared steelhead
arugula salad (GF)
- Avocado Toast 26
two poached eggs, grilled sourdough,
arugula salad (V)
- Longshoreman 29
Three eggs, fingerling potatoes, sourdough toast, pork
sausage or chicken sausage, bacon, and ham (P)
- The Benedicts 26
Two poached eggs, arugula salad
Salmon
Smoked kasseler ham (P)
Spinach and Caramelized Onion

SIDES

- Greek Yoghurt 8
- Toast and Preserves 7
- One Egg- any style 6
- Kasseler Ham 8
- Choice of Sausage- pork or chicken 8
- Bacon 8
- Breakfast Potatoes 6
- Fruit and berries 14
- Cold smoke salmon 10

BEVERAGES

- Hot Chocolate 6
- Lot 35 Tea 6
- Drip Coffee 7
- Espresso 6
- Latte 7
- Cappuccino 7
- Freshly squeeze orange juice 12
- Juice | Orange, Grapefruit, Cranberry, Apple 6
- Milk | 2% or skim milk 6

LITTLES BREAKFAST MENU

For children 12 and under.

- BC Berry Basket Smoothie 6
- Kid's Steel-Cut Oats 10
cinnamon apples, brown sugar, warm whole milk (V)
- Yogurt with Berries 8
- Kid's Buttermilk Pancakes 10
berry preserves, butter, maple syrup (V)
- Kid's Longshoreman 12
One egg, fingerling potatoes, sourdough toast
choice of: pork sausage, chicken sausage or bacon, or ham

KIDS BEVERAGES

- Hot Chocolate 4
- Juice | Orange, Grapefruit, Cranberry, Apple 4
- Milk | 2% or skim milk 4

(GF) – GLUTEN FREE
(V) - VEGETARIAN - Veg
(P) - CONTAINS PORK

*Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food borne illness.