



Breakfast

FRESHLY BREWED COFFEE, TEA, OR JUICE INCLUDED

Continental

CROISSANTS, MUFFINS, DANISHES 7

daily selection (choose two)

FRUIT & BERRIES (VG/GF/DF) 14

seasonal selection

CHIA SEEDS PUDDING (VG/GF) 12

fresh seasonal berries, coconut milk, mango dice, pumpkin seeds, desiccated coconut, berry coulis

STEEL CUT OATMEAL (DF/VG) 12

stewed apple, cinnamon dust, brown sugar

THE FRUIT SENSE 14

mix berry, hemp seed, banana, peanut butter & almond milk

BREAKFAST PARFAIT (V) 17

choice of vanilla or plain yogurt, fresh berries + house granola, honey



Classics

COLD SMOKED SALMON 27

cream cheese, onion, capers, toasted bagel

AVOCADO & RICOTTA (V) 26

poached eggs, sundried tomato, arugula salad, pumpkin seeds, multigrain

SHORT RIBS & EGG SKILLET 28

fried egg, potato hash, onions, banana peppers, murray's tomatoes, mole sauce, sour cream, chimichurri

THE MANITOBAN 28

two eggs your way, smoked bacon, sausage, two fluffy buttermilk pancakes, potato wedges

TWO EGGS YOUR WAY 23

smoked bacon, sausage, toast, potato wedges

OMELETTE YOUR WAY 26

whole eggs or egg whites, potato wedges, toast
choose 3 fillings:
tomato / bell pepper / mushroom / red onion
feta cheese / goat cheese / cheddar
bacon / sausage / ham

BAKED SHAKSHUKA WITH FETA (V) 24

poached eggs, tomato sauce & feta cheese, toasted pita

TRIPLE STACK PANCAKE (V) 26

chaeban's mascarpone, stewed apples, mixed berries, saskatoon berry curd

(V) - vegetarian (VG) - vegan (GF) - gluten free (DF) - dairy free

Smoked Salmon is from "True North" sourced/sustainably certified Fish Company

All Eggs are free-range and sourced from "Nature's Farm" approved local supplier

All the Tea & Coffee served are sustainably certified

Benny Your Way 27

two perfectly poached eggs, grilled english muffin,
hollandaise sauce, potato wedges

CHOOSE ONE:

back bacon / smoked salmon / spinach / avocado

Enhancements

TOAST 7

BACON/SAUSAGE 9

SLICED FRUIT PLATE (GF/DF) 8

Fresh Juice

FRESH ORANGE JUICE 12

FRESH GRAPEFRUIT JUICE 12

Lot 35 Tea

BLACK TEA 6

creamy early grey, imperial breakfast, orange pekoe,
darjeeling, decaffeinated english breakfast

GREEN TEA 6

japan sencha, jasmine gold dragon

HERBAL TEA 6

flora berry, bella coola, egyptian camomile,
peppermint, market fresh

Beverages

JUICE 6

orange, apple, grapefruit, cranberry

SODA 3

coca cola, diet coke, coke zero, iced tea,
root beer, ginger ale, soda water, tonic water

ARNOLD PALMER 6

iced tea, lemonade

FRESHLY BREWED POT OF COFFEE

small 6
large 8

CAPPUCCINO, AMERICANO, DOUBLE ESPRESSO, LATTE 8

LONDON FOG 8

HOT CHOCOLATE 6

MILK 5

skim, 2%, soy, oat, almond, chocolate

Libations

(AVAILABLE AFTER 9:00AM)

MIMOSA 10

CAESAR 14

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VELVET
GLOVE