EXHALE POLICIES

Appointments  Appointments are recommended for spa therapies and fitness classes. We will do our best to accommodate walk-ins. To secure your appointment, a credit card number is required at the time of your booking. For spa therapies, please arrive 15 minutes prior to your appointment to take a shower, relax, enjoy a complimentary cup of tea and calm your soul. For the safety of all guests attending mind body fitness classes, late entrants will not be permitted ten minutes after the start of class. For safety reasons, guests are not permitted to join Core Fusion Extreme class late.

Attire  Robes and slippers are provided for your spa therapy. Undergarments are optional during the therapies. For Core Fusion Barre classes, socks are required. Sneakers are required for Core Fusion Extreme. We recommend yoga or loose-fitting clothing for Thai, Reiki, and Craniosacral therapies.

Cancellations  We require that you notify us of cancellations twenty-four hours prior to your spa appointment and four hours prior to your class. Twenty-four hours is required for personal training sessions and workshops. Seven days is required for group events and teacher trainings. Late cancellations or no-shows will be billed to your credit card on file.

Changing Areas  Exhale offers fully-appointed changing rooms for your convenience. As we cannot be responsible for lost or stolen items, please avoid bringing in valuables.

Gift Cards  Gift cards are available in dollar amounts (not for services or packages). Please inquire at the spa desk for guidance in selecting the ideal gift.

Group Events  Exhale is well-versed at accommodating groups of all sizes and assisting you with unique wellbeing solutions for your event. Please inquire to see how we can customize your gathering.

Payment  Exhale accepts cash, Visa, Mastercard, and American Express. Prices listed are subject to change without notice. A 17% gratuity is automatically added for all spa services. Additional tipping is left to the discretion of our guests. For your convenience, envelopes are provided at the reception desk.

Series Expiration  Spa series six-packs expire one year from date of purchase. A single mind body class expires one month from date of purchase, five-packs expire two months from date of purchase, ten-packs expire four months from date of purchase, and twenty-packs expire eight months from date of purchase.

Service + Class Requirements  The minimum age to experience exhale’s service offerings are: 16 years old for classes, facials, waxing + nail services; 18 years old for massage. Any child who is under the minimum age requirement can experience exhale at the discretion of the Spa Director if his or her parent or guardian is present in the room. Massage therapies are not recommended if you are in your first trimester of pregnancy, and due to the risks involved, we are unable to perform these services.
### SPATHERAPIES

#### FACIALS

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<th>30 min</th>
<th>60 min</th>
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<tbody>
<tr>
<td>Power</td>
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<tr>
<td>True</td>
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<td>Magic</td>
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<tr>
<td>Men’s</td>
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<tr>
<td>Back</td>
<td>$160</td>
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<tr>
<td>Back + Face</td>
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**Customized Facials**

- with Technology: $205
  - Cool Beam • Ultrasonic • After Sun
  - Brighten • Smart Peel • Z Peel

#### MASSAGES

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<tbody>
<tr>
<td>Flow</td>
<td>$190</td>
<td>$285</td>
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<tr>
<td>Fusion</td>
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<tr>
<td>Deep Tissue</td>
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<tr>
<td>America’s Cup Sports</td>
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<tr>
<td>Prenatal</td>
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<tr>
<td>Craniosacral</td>
<td>$115</td>
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<tr>
<td>Reflexology</td>
<td>$115</td>
<td>$190</td>
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Enjoy any of our massages in-room or at a beach cabana for an additional $100 surcharge.

#### SCRUBS + MORE

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<tbody>
<tr>
<td>Glow Body Scrub</td>
<td>$180</td>
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<tr>
<td>Glow Body Scrub + Massage</td>
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<tr>
<td>Rum Swizzle Scrub</td>
<td>$190</td>
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#### NAILS

- Pure Manicure: $55
- Pure Pedicure: $85
- Gel Manicure: $85
- Perfectly Groomed: $50
- Luxe Spa Manicure: $85
- Luxe Spa Pedicure: $115
- Sports Pedicure: $85
- Polish Change: $30
- Gel Polish Change: $45
- Gel Removal: $25
- French or Extended Wear (add on): $10

#### WAXING

**Eyes**

- Brow Waxing: $40
- Brow Tweezing: $40
- Brow Tinting: $35
- Lash Tinting: $40
- Brow + Lash Tinting: $65

**Body Waxing**

- Lip: $20
- Arm: $50
- Chin: $20
- Chest: $60
- Cheek: $30
- Back: $70
- Leg (Lower): $50
- Bikini (Basic): $40
- Leg (Upper): $55
- Bikini (Full): $55
- Leg (Full): $80
- Bikini (Brazilian): $90
- Underarm: $30

All spa therapies can be purchased in a pre-paid series of six at a 25% discount. Members receive 20% off all spa therapies. A 17% gratuity will automatically be added to all spa services.

### FITNESS CLASSES

#### CLASS PACKS

- Single: $25
- Package of Five: $120 ($24/class)
- Package of Ten: $230 ($23/class)
- Package of Twenty: $430 ($22/class)

#### NEW GUEST OFFER

- 2 classes for the price of 1 (first time local fitness guests only) $25

#### PRIVATE TRAINING

- 60 min
- Single Session: $115

### PACKAGES + PROGRAMS

#### DAY OF RESTORATION

- $500
  - Includes a 60-minute True Facial, 60-minute Fusion Massage, Pure Manicure, and Pure Pedicure

### MEMBERSHIPS

Spa and fitness memberships are available. Please contact us for pricing and details.