



***“For many years, I took care of my body. Then one day I realized that I had to take care of my soul.” Doctor Nadia Payot***

## ▪ Facial Treatments

### Excellence Rituals

***Personalized cares that ensure dazzling skin, includes micro-abrasion, concentrated active ingredients, Dr. Payot’s 42 movements massage and signature targeted masque for the radiant and youthful look of well-protected skin.***

**Experiences :** includes an exfoliation of yours hands & beauty Elixir for your hair.

- Perfect Experience *Instant Glow with the gold mask, divine!*
- Pure White Experience *Whitening care: Helps spots fade away.*
- Hydra Experience *Hydrate the skin and leave it relax.*

### Beauty Solutions :

- Absolute Lift *Firms and reshape the oval of the face*
- Line Corrector *Smooths fine lines and wrinkles*
- Energizing *Leaves the skin revitalized and radiant.*
- Purity *Detoxes and eliminates imperfections.*
- Smooth *Purifies and smoothes the skin.*

### Express & Premium

***Looking for a relaxation, for a glow or just for a care to clarify your skin :***

***Premium or Express facial cares is what you need for skin that is always splendid.***

- Premium *Complete facial with a specific cream mask.*
- Pure Skin *Feel the sensation of a pure skin in only 45 minute.*
- Quick facial *First steps before the makeup, a must!*

## ▪ Rituals for men

*Specially designed for men, the textures and fragrances are combined with unique active ingredients for well-toned, healthy, soft skin.*

### Body treatments

- OptiMale Sea Salt Scrub *Revitalizes and purifies the skin.*
- Body Wrap of the moment *Releases the tensions, re-energizes the body.*

### The face

- OptiMale Excellence Ritual *Pure performance, brings your skin to life.*
- OptiMale Flash Facial *Stimulates and purifies the skin for optimal results.*

### The hands and feet

- Men Feet & Nail care *A moment to rest for an active man.*
- Men Hand & Nail care *Impeccable hands.*

## ▪ Body Treatments

### For a magnificent skin

- Elixir Experience *Body and face treatment with caviar, myrrh and amyris .*

### For soft skin

- Body scrub Almonds - Pistachios *Leave the skin feeling soft and velvety*

### For a glowing effect

- Belle et Bronzée *Tanned skin, as though you're coming back from a sunny holiday!*

### Body wrap

- Body wrap of the moment *Relaxes and revitalizes your body.*

### For all-over care

- Slimming or Firming wrap *Correcting, invigorating, firming; including a scrub.*
- NeuroSpa *The first therapeutic device allowing the production of intra-corporal music to undo the harmful command patterns that were induced daily by stress.*

## ▪ The Inescapable

- Precious hands care by Payot *Exfoliation, manicure, serum, mask and massage for luxury hands.*
- Manicure Spa *Exfoliation, manicure and massage.*
- Precious feet care by Payot *Exfoliation, pedicure, serum, mask and massage: what a treat!*
- Pedicure Spa *Exfoliation, pedicure and massage after a busy day !*
- Regular or French nail polish *The final touch!*
- Nail polish replacement *Need a brand new color?*
- Light or intense makeover *Be magnificent!*

## ■ The Massages

- Dr. Payot's signature
- Swedish Massage
- Massage with precious oils or elixir
- Deep Tissue Massage
- Sport Massage
- Reflexology
- Hot stone Massage
- Polynesian Shells Massage
- Kine-Stretching
- Mother to be
- Back Delight
- Anti-Stress Massage
- VIP-in room massage
- Massage on the terrace

*Mythic Dr. Payot's 42 movements with a beauty elixir of your hair and the aromatic experience inspired by your emotion of the moment.*

*Liberates and neutralizes body and mind tensions.*

*Stimulate fatigued metabolism, experience total relaxation or decrease muscular tension: three types of oil for a unique massage.*

*A specific and deep approach, muscular release.*

*Unparalleled deep muscular relaxation.*

*Reflex massage of the feet and hands.*

*The ultimate "cocooning".*

*Intense warmth and deep relaxation.*

*Stretching movements to increase flexibility and release tensions.*

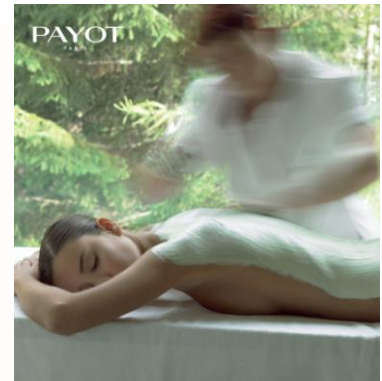
*Specific massage adapted to your needs.*

*Massage that relaxes, corrects or tones for total well-being.*

*Relaxing scalp massage to release tensions.*

*The best way to relax in complete comfort.*

*Outdoor experience (summer and fall seasons).*



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