



Fairmont
ZIMBALI RESORT
SOUTH AFRICA

ONSITE THEMED EVENT OPTIONS

A Cultural Zulu Experience

An authentically local experience of the local Zulu Culture.

The Fairmont Zimbali Resort presents a unique opportunity for groups to experience some of the regions (KwaZulu Natal Province) culture. A local group of young men and women present dancing, singing, African poetry and traditional stick fighting. The activities are very much interactive, and guests are encouraged to take part in the dancing and stick fighting.

Guests arrive in our car park to a vibrant African welcome with drums beat rhythmically, and a refreshing traditional drink. They are met by the Chief and villagers and are escorted to the venue by a Praise Singer. Traditional African head gear is presented to guests as a gesture to wear for the duration of the show.

This is a unique day experience where guests can share the excitement and warmth of true rural African culture.

Programme

Welcome with Praise Singer and dancers who will escort the guests to the venue

Drumming session – interactive with the guests

Stick fighting – interactive with the guests

African Poetry

Singing

Dinner

Nguni stick fighting (also known as *donga*, or *dlala 'nduku*, which literally translates as *playing sticks*) is a martial art traditionally practiced by teenage Nguni herdboys in South Africa. Each combatant is armed with two long sticks, one of which is used for defense and the other for offense. Little armor is used. Zulu stick fighting uses an "Isiquili" or attacking stick, an "Uboko" or defending stick and an "izoliHauw" or defending shield.

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P.O. Box 17
Zimbali,
South Africa 4422

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The object is for two opposing warriors to fight each other to establish which of them is the strongest or the "Bull" (Inkunzi). In modern times this usually occurs as part of the wedding ceremony where warriors from the bridegroom's household and area welcome warriors from the bride's household and area to meet to "get to know each other", other groups of warriors may also be welcome to join in. Warriors do this by engaging in combat with one another. An "induna" or War Captain / Referee from each group of warriors keeps his crew in check and keeps order between fighters. This tradition is one which arguably developed in societies, cultures and civilizations that used herding as part of their systems of survival, where there are cows, there are stick fighters. The old regimental structures of the great uShaka KaSenzangakhona KaJama dominate current modern zulu stickfighting.

Sample Zimbali Shisa Braai Menu

Appetizers

Smoked chicken, chilli and green bean salad with wild African honey mustard dressing
Nicoise salad of olives, cucumber and cherry tomatoes with seared tuna and house dressing
Homemade deli style infused breads and pickles

Main Course

Traditional South African boerewors
Char grilled reef fish with pickled tomato and lemon sauce
African phutu pap with onion and tomato sheshebo
Baked sweet butternut with cinnamon butter and pumpkin seeds
Savory mushroom and green onion rice

Desserts

Milk tart with vanilla and orange syrup
Fresh fruit salad

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