



CLAREMONT CLUB & SPA

A FAIRMONT HOTEL

Club Protocols and Guidelines

We are thrilled to welcome you back to the Club at the Claremont. Prior to visiting, please carefully review the following Club guidelines and policies informed by the by the State of California and the Alameda County Health Department.

CLUB HOURS:

Monday through Friday 6:00 a.m. to 8:00 p.m.

Saturday and Sunday 8:00 a.m. to 8:00 p.m.

CONTACT US:

Club Reception Desk: 510-549-8517

Website: www.fairmont.com/claremont-berkeley/activities/the-club

CHECK IN

All Club check-ins occur at the Club Front Desk. Please plan to arrive 10 to 15 minutes before your reservation time. All members and guests will respond verbally to a brief four-question health self-assessment form. We ask that you stay home if not feeling well. Please be mindful of physical distancing at all times. In the case of a late arrival, your allotted time will still end in accordance with your reserved time slot. At the conclusion of your reservation, please use the lower turnstile exit gate near the Pavilion to exit the Club.

POOLS

When: The Main Pool, Lap Pool, Children's Pool and Outdoor Whirlpool are open Monday through Friday at 6:00 a.m. until 7:45 p.m.; and Saturday and Sunday from 8:00 a.m. to 5:45 p.m.

Lap swimming will be open on a first come first serve basis. Please be courteous and share your lane when asked, maintaining social distance when not swimming. Face masks are still required at all times except when swimming in the pool or sun bathing. The Outdoor Whirlpool will be able to accommodate up to three people at a time. Please limit your time to 10 minutes as a courtesy when people are waiting.

Recreational Swimming: While the health authority guidance is geared towards lap swimming, we do have recreational swim areas in the main pool. Please continue to keep proper social distance. Pools may be closed at times when attendance has reached capacity.

Children: The Children's Fountain Pool and the round area of the Main Pool are available for family recreational play by reservation only. Children must be toilet trained to use the Main Pool, Lap Pool and Outdoor Whirlpool. Children who are not toilet trained will only be permitted in the

Fountain Pool. Parents must actively supervise their children at all times. Children must stay in area reserved.

Masks and distancing: Masks must be worn at all times entering and moving around the pool deck. Mask removal is permitted only when in the pool. All persons, with the exception of household members, must maintain at least 6 feet of distance at all times.

Parental Supervision:

Parents are required to attend to their children at all times even with lifeguards on duty. Children under 14 years of age must be accompanied by an adult.

Outdoor Whirlpool:

Open to ages 3 and older. Children under 14 years of age must be accompanied by an adult when using the Outdoor Whirlpool. For safety reasons, no toys or under water swimming by children is permitted. Please limit your time to 10 minutes as a courtesy when people are waiting.

Pool Toys & Equipment:

Pool toys including balls, flying plastic discs, water guns, large inflatable toys and air mattresses are examples of items not permitted. Small toys such as diving rings or noodles may be permitted. Kickboards, pull buoys and other swim training accessories are kept in separate bins exclusively for lap swimmers. Proper behavior will be monitored by lifeguards to ensure safety of all guests and enjoyment of the facilities.

Happy Feet:

With the start with every summer season, children's feet will be highly sensitive when spending extended periods in the pools and walking barefoot on the pool deck. We strongly suggest children using water socks. For your convenience, you may purchase a pair at Club Reception.

Towels: Guests may prefer to bring towels from their hotel room or use Club towels located on the pool deck. All Club towels used must be dropped by the user into the towel bins. Any personal towels left behind will be disposed of.

Restrooms: The two restrooms at the south end of the Lap Pool are available for use. As a courtesy, please do not use restrooms as changing rooms.

Outdoor Showers: Showers will be limited to a quick two-minute rinse. Please stay in your swimsuit while rinsing and be respectful of other others by socially distancing yourselves and wearing a mask at all times until showering.

Lounge chairs: Chaise lounge chairs will be strategically spaced out for social distancing. Chairs must remain in their in their zones and should have a towel covering. Please keep the lounge chairs in their designated places and ask a Club colleague for assistance as needed. Unless sunbathing, masks must be worn at all times when out of the pool and walking around the Club and hotel premises.

Reminders: Glass is not permitted anywhere on the pool deck or pools. Please bring a water bottle as outdoor water fountains are not available.

TENNIS AND BALL MACHINE

When: Tennis hours are 6:00 a.m. to 8:00 p.m. Monday – Friday; and 8:00 a.m. to 6:00 p.m. Saturday & Sunday

Ball machines will have a 15-minute cleaning period between usages. Cleaning wipes and hand sanitizing stations are located at each court. Please do your part in keeping fellow players and Club team safe by using cleaning materials at the conclusion of game play.

Ball machine fees are as follows:

- 30 minutes: \$20
- 60 minutes: \$30
- Monthly Pass: \$60

OUTDOOR FITNESS PAVILION:

When: Outdoor Pavilion hours are 6:00 a.m. to 8:00 p.m. Monday – Friday; and 8:00 a.m. to 6:00 p.m. Saturday & Sunday

Who: Open to guests 16 and older.

In accordance with ACHD guidelines, approved masks are required and must remain on at all times when at the Club including working out and engaging in group exercise classes.

Reservations for this area is no longer required. For your safety and as a courtesy to others, physical distancing of a minimum of 6 feet will remain in effect at all times before, during and after working out. Designated workout spaces are laid out for each piece of exercise, cardio equipment and workout zones. As a courtesy, please limit your time to 20 minutes on a piece of equipment if another member is waiting to use it.

A number group classes are scheduled in the Functional Training area of the Outdoor Pavilion. During these times, please be ready to vacate the area as needed and use the rest of the Pavilion equipment. To find out the class schedule and plan your workout accordingly, please check with the Club Reception or visit our website to find out specific times.

There is a designated space within the Outdoor Pavilion area to put a few belongings. We are unable to accommodate a Lost & Found at this time and remind you to retrieve all items prior to departure.

INDOOR FITNESS CENTER:

When: Fitness Center hours are 6:00 a.m. to 8:00 p.m. Monday – Friday; and 8:00 a.m. to 6:00 p.m. Saturday & Sunday

Who: Open to guests 16 and older.

In accordance with ACHD guidelines, approved masks are required and must remain on at all times when at the Club including working out and engaging in group exercise classes.

For your safety and as a courtesy to others, physical distancing of a minimum of 12 feet will remain in effect at all times before, during and after working out. Designated workout spaces are laid out for each piece of exercise, cardio equipment and workout zones. Select pieces of equipment in the Cardio Room have been turned off to maintain the required distance. As a courtesy, please limit your time to 20 minutes on a piece of equipment if another member is waiting to use it. Group classes will take place on the pool deck, Outdoor Pavilion or may be hosted online based on weather conditions. Check with the Club Front Desk at time of reservation.

For health and safety, please bring your own water bottle, towel, personal sanitizer, and personal yoga mat if desired.

There will be a half hour interval between reservations to permit staff to sanitize the space and equipment. Please follow all policies in cleaning after yourself as well as placing utilized equipment back to its appropriate place. Sanitizing wipes and stations are provided.

We are unable to accommodate a Lost & Found at this time and remind you to retrieve all items prior to departure.

Private Somatic training is available in designated areas based on availability. To inquire about booking a session, please contact the Club at 510-549-8517.

Entrance to the Fitness Pavilion will be via the gate adjacent to the Club Front Desk. Entrance to the Indoor Fitness Center will be via the main Club entrance. Please exit the Club facilities by using the turnstile to the lower parking lot.

GROUP FITNESS CLASSES:

When: Scheduled daily. For weekly class schedule please refer to the Club Reception Desk or visit our website.

Who: Open to guests 16 and older.

In accordance with ACHD guidelines, approved masks are required and must remain on at all times when at the Club including working out and engaging in group exercise classes.

For your safety and as a courtesy to others, physical distancing of a minimum of 6 feet (outdoors) and 12 feet (indoors) will remain in effect at all times before, during and after working out. Group classes will take place on the pool deck, Outdoor Pavilion, Group Exercise Studio, Main Pool (Aqua Aerobics) or may be hosted online based on weather conditions. Check with the Club Front Desk at time of reservation.

For health and safety, please bring your own water bottle, towel, personal sanitizer, and personal yoga mat if desired.

There will be a half hour interval between reservations to permit staff to sanitize the space and equipment. Please follow all policies in cleaning after yourself as well as placing utilized equipment back to its appropriate place. Sanitizing wipes and stations are provided.

We are unable to accommodate a Lost & Found at this time and remind you to retrieve all items prior to departure.

LOCKER ROOMS

Locker room use is now permitted. Men's and Women's Locker Rooms will be available for quick shower and change. Social distancing must be practiced at all times when in the locker room. Masks be work except when taking a shower. Please refrain from any social gathering inside the locker rooms and respect each other's space. There will be a limit of two people per locker room bay and a total of 15 maximum occupancy in Men's Locker Room and 15 maximum occupancy in Women's Locker Room with the maximum time of 20-minute usage total inside the locker room. Please adhere to the signage where areas are closed such as the spa area and spacing of the wet areas. At this time only members are permitted in the locker rooms. You

must have an activity reservation (swim, group class, tennis, or gym) to use the locker rooms. At this time, adults 18 and up only.

DAY LOCKERS

The number of complimentary Day use lockers will be reduced to preserve spacing. The doors to the Day Use lockers will be left open to signify availability. Please wipe before and after each use. If you would like to rent a permanent locker, please make arrangements with the Membership department to secure your own.

RESERVATIONS:

Pools, Aqua Aerobics and Outdoor Pavilion no longer require advanced reservations.
Tennis courts, Indoor Fitness Center and Group classes may be reserved starting at 8:00 a.m. for same day and next day reservations.

Please make your reservations by Text via Kipsu at (510) 283-9833 or calling the Club Reception Desk at (510) 549-8517 during Club hours.

To accelerate successful booking please do the following:

- At point of reservation select to telephone or text, not both
- Be prepared to provide your Club Member or Hotel Room number, desired activity and time, suitable alternative times
- At the onset of 8:00 a.m. respectively, we ask that you use the phone lines or Kipsu for reservations and cancellation only

Thank you for your ongoing support as we navigate a safe and fun return to the Club facilities and activities. All of these policies are derived from health authority guidelines and are subject to change.