



## CLAREMONT CLUB & SPA

A FAIRMONT HOTEL

### **GROUP CLASS POLICIES**

1. Do not come to the Club if you are ill or are showing symptoms of any kind. Please wash hands or sanitize them prior to arrival. Members participating in any activities at the Club assume all risks, including exposure to COVID – 19, with the understanding they have waived all rights under the terms of the membership agreement. All members are required to sign the COVID-19 waiver on their first visit to the Club.
2. Group classes are by reservation only. To reserve your space call 510-549-8517 Monday to Friday between 9:00am and 7:00pm, Saturday and Sunday 9:00am to 5:00pm, up to 24 hours before class. As a courtesy, if unable to make your reservation please cancel so we can accommodate another member.
3. Check in will occur at Club Front Desk. Please be mindful of physical distancing at all times. All members will have their temperature taken via a touchless thermometer and respond verbally to brief four-question health self-assessment form. Anyone with a temperature above a 100.4 will not be admitted.
4. In accordance with ACHD guidelines, masks are required and must remain on at all times when at the Club including participating in class.
5. There will be no admittance after class has begun.
6. Physical distancing will remain in effect at all times before, during and after classes. All spin bikes and workout spaces will be designated.
7. At this time, please bring your own water bottle, personal sanitizer, and you are welcome to bring your own yoga mat if desired.
8. Sanitized mats and equipment will be provided for each individual. Please be sure to take all your belongings with you as no Lost & Found items will be saved at this time.
9. There will be no access to the Clubhouse facilities. Two restrooms adjacent to the lap pool will be available to use and will be sanitized regularly by our staff. Please practice strict hygiene.