

# Fairmont

## SANUR BEACH

### BALI

#### **The Spa Experience at Fairmont Sanur, Bali**

Indulge in a hideaway on the coastlines of Sanur Beach in Bali. The Spa Experience at the Fairmont Sanur encompasses true Indonesian hospitality combined sea and senses in perfect harmony.

The Spa offers 7 comfortably appointed treatment rooms inclusive of 2 couple's suites perfect for honeymooners. The Spa also features 88,5 square meter fitness facility with private and group fitness studios, utilizing Technogym® equipment. Relax after your treatment at the pool or beach providing you with stunning backdrops of natural beauty and total relaxation.

The traditions of Balinese healing therapies are famed throughout the world. Skilled practitioners whom deliver century old techniques aimed to release tension and clear energy lines. Our extensive menu goes far beyond a superb collection of traditional and relaxing body treatments and evolves to advanced techniques for instant results.

#### **Fairmont Spa Product Philosophy**

Fairmont Spa places emphasis on many aspects when choosing spa products for each location of our Spas around the world. With luxury in mind, each brand selected demands quality and result driven treatments which are personalized to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible which reflects our social responsibility to the brand. Our relationships with the product houses are important in ensuring we have premium spa products and training available for each and every encounter with our guests

#### **Locally Inspired products**

Bali is known for its rich herbal healing remedies and we have considered this to ensure absolute authenticity in an array of our experiences. Products are harvested by a local Balinese family living on the east coast of Bali. The traditional family business has been handed down the generations for more than 200 years.

## **Fairmont Spa Expressions**

Fairmont Spa Expressions bring together the key elements of face and body to one. We place a careful emphasis on our guests feeling being locally connected whilst encouraging relaxation, restoring one's personal energies resulting in feeling revived.

### **Bali Sea Minerals Detox Treatment**

2 hours – 1,450

Experience the benefits of locally harvested sea salts from the east coast of Bali. Polish dry skin with a thorough full body exfoliation followed by a long soak in a luxurious warm sea mineral bath. Cocoon the body in a traditional Boreh Body Wrap; a traditional spicy healing pack originating from Balinese rice farmers prepared from a combination of roots, herbs and spices. Applied to the entire body the deep penetrating heat of local spices that melts away your tension, increases blood circulation, and relieves aching joints, sore muscles and headaches. Finish with an energizing lymphatic massage.

### **Island Essentials**

2.5 hours – 2,280

Rejuvenate your mind and body with this relaxing package, which comprises all of the spa basics. You'll begin with a Traditional Balinese body massage, to relieve muscle and mind tension. Follow this with a facial to balance and nourish your skin, finishing with the Oriental Foot Reviver to soothe tired achy feet.

## **Classic Facials**

Select from a variety of result-oriented facials, customized to meet the requirements of different skin types and conditions.

Our professional therapists work synergistically with exclusive top quality products to rebalance and harmonize the skin, bringing it to its ultimate vitality and beauty. Choose Intraceutical's Oxygen Facial Care or Local Inspired products by Spa Essentia.

## **Advanced Facials- Intraceuticals Oxygen Facial Care**

Intraceuticals is the perfect marriage of luxury and technology.

The treatments offer the beautifully hydrated, lifted, and contoured skin with absolutely no downtime and results that last.

The advanced facial treatments using therapeutic-grade Oxygen and Hyaluronic Acid to drive specialized healing serums deep into the skin's structural layers for maximum results instantly.

Intraceuticals is the one of the leading oxygen treatment specialists in the world, with celebrity followers including **Madonna, Eva Longoria, Naomi Campbell, Kim Kardashian, Paris Hilton and Justin Timberlake.**

## **Ultimate Hyperbaric Oxygen Treatment for Anti-Ageing**

90 minutes – 1,900

The Rejuvenate and Atoxylene Infusion work together to significantly reduce the appearance of fine lines and wrinkles while tightening and firming for a more defined facial contour. Special care is taken to open and refine the eye area while the lips are plumped and hydrated. Your skin will emerge both refined and luminous.

*\*\*\*The results of the Intraceuticals Infusion continue to improve with repeated application.*

*A series of 3 treatments is recommended to achieve optimum results.*

*These treatments do not have any contra-indications and may be applied to sun-exposed skin.*

## **Intraceuticals Opulence Brightening Infusion**

[Brighten – Balance – Smooth]

60 minutes – 1,250

It is ideal for improving the appearance of uneven pigmentation, dull skin tone & age. With botanical brightener help balance skin tone and super concentrated Vitamin C protects and helps to defend against environmental damage & visible signs of premature skin aging.

## **Intraceuticals Rejuvenate Oxygen Infusion**

[Hydrate – Lift – Tighten]

60 minutes – 1,100

Rejuvenate is suitable for all skin types. Your skin will look and feel years younger, visibly lifted, toned and hydrated. This facial treatment stimulates new cell growth, elastin, and collagen production which plump the skin producing immediate visible instant result.

### **Hyperbaric Oxygen Treatment**

30 minutes - 650

Get ready for your close-up with a powerful blend of antioxidants such as Vitamins A, C, E and Green Tea extract.

Offers perfect hydration and efficient neutralising of free radicals.

### **Soothing Skin Refiner Facial**

60 minutes - 750

This nourishing facial deeply soothes, refines and renews the skin. Active ingredients of Avocado oil, Chamomile Extract help the skin to retain its elasticity while nourishing Geranium and Rose feed skin with vital nutrients. Even the driest complexions are left supremely supple, comfortable and satin smooth.

### **White Glow Facial**

60 minutes - 750

Powerful raw plant extracts and natural botanicals of Bearberry, Orange and Cucumber Extract combine in this nourishing facial to restore hydration and a radiant glow. Vitamin C to protect the skin from harsh UV sun damage and reduce future pigmentation resulting in a brighter and clearer complexion. This facial is complete with a hand, face and head massage.

### **Express Refresher Facial**

30 minutes - 395

Depending on your skin type, therapist will choose one facial that suit your skin type. It begins with a gentle facial cleanser and exfoliation followed by facial mask for brighter complexion. Includes face moisturizer to nourish your skin.

### **Mens Deep Cleansing Facial**

45 minutes - 500

Specially designed for men, with Bearberry and Cucumber Extract to combat oily complexions, this daily skincare regime reduces shine, and eliminates imperfections. It begins with a gentle facial cleanser and exfoliation followed by deep cleansing mask for brighter complexion. Includes face, neck and shoulder massages.

## **Body Massage**

### **Sanur Signature Massage**

90 minutes – 1,450

With local inspirations in mind this signature massage was thoughtfully crafted to ensure a truly authentic experience. Encompassing several techniques of Indonesian, Thai, Breema, Shiatsu and Swedish this massage offers passive full body stretching, and long flowing strokes connecting you with your therapist and bringing balance to both mind and body.

### **Healing Herbal Compress**

90 minutes – 1,300

Inspired by ancient healing therapies from Asia, this treatment begins with dry massage techniques to warm up the body. Heated herbal compresses holding precious Balinese herbs such as, tamarind, ginger, cinnamon, and clove are then compressed on the body to relieve stress, boost energy and improve blood circulation.

### **Muscle Recovery**

60 minutes – 825

90 minutes – 1,225

Derived from traditional Balinese massage techniques to renew, strengthen and heal the body. This full body massage applies stretching, long strokes, along with palm and thumb pressure techniques to relieve tension, improve circulation and create a feeling of well-being.

### **Traditional Balinese Relaxation Massage**

60 minutes – 750

90 minutes – 1,125

This ancient holistic full body massage provides a complete sensory experience by combining kneading, stretching, skin rolling and pressure point techniques. Using traditional oil of Cajuput to warm the body from top to toe makes this a legendary treatment.

## **Body Treatments**

### **Javanese White Lulur**

90 minutes – 1,300

A royal Javanese body treatment steeped in tradition evokes luxury and pampering. White turmeric, rice grain and sandalwood are prepared for this gentle fragrant exfoliating treatment. Natural yoghurt balances and cools leaving skin soft and beautifully prepared and finishes with traditional Balinese massage techniques to renew, strengthen, healing the body and mind.

### **Revitalizing Coconut Cocoon**

90 minutes – 1,125

Immerse yourself in a warm cocoon of fresh hydrating coconut to moisturize and rejuvenate the most dry and sensitive skin. While wrapped enjoy a mini facial along with a head neck and shoulder massage. Finish this sensory journey with a refreshing cucumber and a seaweed body conditioner for fresh hydrated skin.

### **Balinese Coffee Polish**

60 minutes – 750

Finely selected Balinese beans are ground for exfoliation and purifying properties. Caffeine enhances fat metabolism and is used in target areas. The treatment concludes with a carrot and seaweed conditioner for external skin radiance.

### **Cooling Aloe Vera & Banana Leaf Wrap**

60 minutes – 750

Soothe sun-kissed skin with calming aloe vera, cool volcanic dust followed by a gentle banana leaf wrap. Drift off with a relaxing head and foot massage to conclude this treatment.

### **Additional time**

For those of you who would like to upgrade any of our present treatment list with additional time and services, or for those who don't have the time to stay and indulge, we have created mini treatments to suit all your skin care needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30 minute mini treatments including:

- Oriental Foot Reviver 375
- Back Neck and Shoulder Massage 375
- Indian Scalp Massage 375
- Massage by Minute\* 10
- Body Scrub 375
- Body Wrap 375
- Aromatic Bath 375
- Discovery Facial 425

\*Massage price is per minute with minimum booking of 30 minutes

## Salon Services

Enjoy our classic pampering nail treatments using the latest trend of CND products.

### Deluxe Manicure or Pedicure

60 minutes – 495

A manicure or pedicure ritual, including luxurious exfoliation, cuticle work and callus removal. The hand/foot mask treatment to soften and soothe and prepare the skin for a sublime hand/foot massage. We polish and perfect with a colour polish of your choice.

### Classic Manicure

45 minutes – 325

Polish and perfection at your fingertips.

Includes shaping, cuticle grooming and smoothing with polish of your choice. Clear coat to finish.

### Classic Pedicure

45 minutes – 380

Cleanse and refresh.

Includes foot soak, shaping, callus buff and cuticle grooming. Clear coat to finish.

- Add-on for Shellac Polish **195**
- Add-on for Gel Polish **175**
- Polish Change **100**
- Gel/Shellac Polish Removal (15 minutes) **75**
- Nail Art **30/nail**

## Hair Services:

### Indonesian Silky Hair Crème Bath

60 minutes – 495

The Crème Bath is a traditional hair and scalp treatment to condition follicles and restore naturally healthy looks to your locks. Uses only the fresh products such as:

Aloe Vera: To strengthen frizzy hair and maintain vitality.

Avocado: Contains natural moisturizer and vitamin E to rehydrate dry hair.

Tea Tree: Offers balance to the hair and scalp; recommended for dandruff.

Hair Wash – Hair and Scalp Massage – Shoulder and Arm Massage – Wash and dry



## **SPA ETIQUETTE**

### **SPA ENVIRONMENT**

The Spa is a place to restore your energy and relax. For your peace and privacy, phones and other electronic devices are not permitted. If you would like to receive messages during your time with us, please let one of our colleagues know and we would be happy to assist.

### **SPA ARRIVAL AND ETIQUETTE**

We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. To make any changes to your booking, please contact Spa reception at T +62-361-3011888 Spa Reception Ext 8901

### **PERSONAL MATTERS**

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can better customize your experience to your needs.

### **SPA ATTIRE**

You will receive a robe and slippers to wear between treatments and a locker for your personal belongings. We ask that you please leave jewellery and valuables in your hotel room or the safe provided for you.

### **GIFT CARDS**

Gift cards for all spa services and packages are available for purchase. Please contact our Spa Receptionists for further information.

### **MAKING SPA APPOINTMENTS**

T +62-361-3011888 Spa Reception Ext 8901  
Email: [bal.spareception@fairmont.com](mailto:bal.spareception@fairmont.com)

The Spa is located on the ground floor across from the fitness centre. Advanced reservations are recommended to ensure availability.

### **SPA CANCELLATION POLICY**

If you wish reschedule or cancel any spa appointments or packages, please notify the Spa 4 hours in advance. Missed appointments without proper notices are subject to a 50% charge for reserved services. The same applies for no shows.

### **TAXES AND SERVICE CHARGES**

All prices are in thousand Rupiah and subject to 21% tax and service charge

### **HOURS OF OPERATION**

Spa Treatments: 09:00 AM – 09:00 PM  
Fitness Centre: 06:00 AM – 09:00 PM