



THE FAIRMONT LE CHÂTEAU FRONTENAC EXPERIENCE

SUMMER 2019



EXPERIENCE EVERYTHING WE HAVE TO OFFER

Our urban and historical hotel offers the following activities and services for you to enjoy during your stay:

- **Indoor pool**, hot tub, children's pool, and indoor and outdoor lounge chairs
- **Fitness center** and steamrooms (6th floor)
- **Access to 7,000 international newspapers and magazines** with the *Press Reader* application
- **Sustainable carbon neutrality initiative**: we will plant a tree in your name in the Montmorency Forest

LE CLUB ACCORHOTELS

Join the Club, experience more! Members of Le Club ACCORHOTELS enjoy additional services and amenities such as: Fairmont Fit sportswear, yoga mats, BMW bikes, 15% off treatments at Moment Spa Le Château Frontenac. Enrollment is complimentary. Ask one of our staff members about the benefits.

SPECIAL RATES

Get special rates from our partners simply by showing your room card:

- **Saint-Louis Forts and Châteaux**: 15% off
- **Musée du Fort**: Adult tickets at \$6 (taxes included)
- **Cicérone Tours**: from 10% to 20% off



Sustainable
carbon
neutrality
initiative

CHÂTEAU
BORÉAL

ACTIVITIES

We have also bundled together our most popular amenities and activities under one **resident fee of \$20 +taxes per room, per night**. Our goal is to offer the best value and help you enjoy the full experience. Refer to our activity schedule available with our staff to be sure to make the most of your stay. **Limited number of places. We strongly suggest you to book your activities with our concierge team, royal service or at the reception.**

WELLNESS

- **Aquafit sessions** (45 min / 8y.o.+) at Club Frontenac (6th floor)
- **Walking club** (45 min)
- **Running club** (5 km / 1 h)
- **Yoga** (1 h / 8y.o.+) at Club Frontenac (6th floor)

HISTORY AND CULTURE

- **Historical presentation with David Mendel**, architectural historian, expert guide and renowned speaker (1 h)
- **Guided walk to the Plains of Abraham** (5 km / 1 h 30)
- **Quebec French language initiation class with wine** (45 min / 18y.o.+)
- **Quebec-Lévis excursion** (2 h)

CHÂTEAU FOR FOODIES

- **Mixology class** (30 min / 18y.o.+)
- **Wine tasting** (45 min / 18y.o.+)
- **The art of hosting** (30 min)

FAMILY

- **Scavenger hunt** (30 min)
- **Animated tale for children** (30 min)
- **Outdoor rally around the Château Frontenac** (15 min of introduction)
- **Picture with the Prince & the Princess of the Château Frontenac** (45 min)

UNLESS SPECIFIED OTHERWISE, THE MEETING POINT FOR ACTIVITIES IS THE HOTEL LOBBY.

Operation hours may vary.

Outside activities are weather dependent.

Activities are subject to change without notice.



BEFORE YOU GO

Refer to our activity schedule with our staff. **Limited places. We strongly suggest to book your activities with our concierge team, royal service or at the reception.**

Outside activities are weather dependent. We recommend bringing water, sunscreen and to wear appropriate clothing and shoes.

Activities are subject to change without notice. Consult our staff if the need arises.

WELLNESS

- **Aquafit sessions (45 min / 8y.o.+)** at Club Frontenac (6th floor) Dip in the pool! It is not necessary to be a good swimmer to practice aquafit! Make wave and follow the rhythm of the music while developing your muscle tone as well as your cardiovascular capacity.
- **Walking club (45min)** Enjoy a light walk and meet other travelers while admiring the architecture of the city. Discover the charms of the Old Quebec, a UNESCO World Heritage Site. *This activity is not suitable for people with reduced mobility.*
- **Running club (5 km / 1h)** Combine physical activity and the discovery of the largest park in Quebec City: the Plains of Abraham. At your own pace, you will admire the Citadelle and finish off with stretches on the Dufferin Terrace. *This activity is not suitable for people with reduced mobility.*
- **Yoga (1h / 8y.o.+)** at Club Frontenac (6th floor) A popular activity to allow you to be in the moment. Take the time to recharge your batteries and start the day off right. Let us guide you to complete well-being. Namaste!

HISTORY AND CULTURE

- **Historical presentation with David Mendel, architectural historian, expert guide and renowned speaker (1h)** Built on the site of Saint-Louis Forts and Châteaux, seat of power since the beginning of the colony, and host of many historical events of international stature, the Château Frontenac has played an important role in the history of the city, the province and the country. This conference also shows the romantic side of the hotel's history and describes some of the fascinating characters and celebrities who have stayed within its walls.
- **Guided walk to the Plains of Abraham (5 km / 1h30)** Quebec hosted a major historical battle in 1759. Follow the footsteps of history with an experienced guide! *This activity is not suitable for people with reduced mobility.*
- **Québec French language initiation class with wine (45 min / 18y.o.+)** Travel is the perfect opportunity to discover new cultures. Also, it is well known that wine unleashes tongues! Quebec French will have no secrets for you!
- **Québec-Lévis excursion (2h)** Without a doubt, the best view of Château Frontenac is on the river. This escapade offers you a walk through the Petit-Champlain neighborhood towards the Quebec -Lévis ferry to admire the magnificence of the Château Frontenac! On the way back, you can either walk or ride the funicular. *Additional fees for the ferry and the funicular apply. Canadian cash only (between \$10 to \$15 per adult). This activity is not suitable for people with reduced mobility.*

CHÂTEAU FOR FOODIES

- **Mixology class (30 min / 18y.o.+)** Learn the art of preparing a cocktail Château Frontenac-style, and unveil the secrets of one of the best mixologists in the world. It is the perfect opportunity to taste local products.
- **Wine tasting (45 min / 18y.o.+)** In a friendly atmosphere, join our sommelier and enjoy this moment to share a glass of wine with him. In his company, learn the story behind each bottle presented and discover how red, white and rosé go green!
- **The art of hosting (30 min)** Entertain with elegance in the style of the Château Frontenac! The layout of the table is essential; it indicates the degree of attention the host put in the preparation of the meal. Learn the tricks of the trade of entertaining in style, stress free.

FAMILY

- **Scavenger hunt (30 min)** Within the walls of the Château, go look for clues with your little ones to help them find the treasure. *Unsupervised activity. Ask your map at the reception or at the concierge desk.*
- **Animated tale for children (30 min)** Once upon a time... the Château Frontenac in Quebec city! The ideal moment to stimulate children's imagination by introducing them to the most important characters of the city. At the end of the story, the whole family is invited to continue their experience with the outdoor rally.
- **Outdoor rally around the Château Frontenac (15 min of introduction)** Let the animator introduce you to the procedure and give you the first clue. You are then invited to do the outdoor rally on your own with your family. Who will be smart enough to find all the clues?
- **Picture with the Prince & the Princess of the Château Frontenac (45 min)** HEAR YE! HEAR YE! You are invited to meet the prince and the princess of the Château Frontenac. Live the fairytale by taking a picture with them.

